



Intro to Handwriting: ABC, easy as VCC

Literacy-Informed
Handwriting for Emerging
Readers and Writers

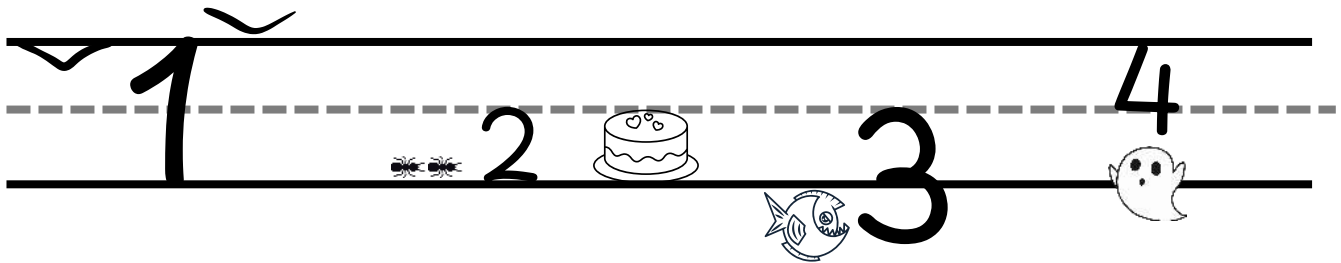
Student Name:

HOW TO USE THIS WORKBOOK

This writing approach uses a focus on pairing letter formation with the letter sounds and on making decodable words and meaning from the start. Letters in isolation are just shapes.

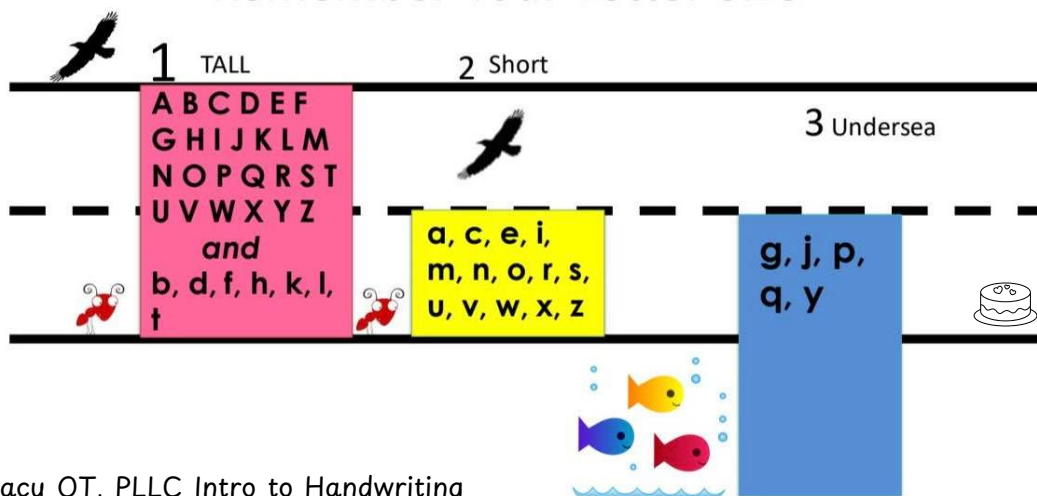
1. Review the letter sounds as you go over each letter. Use Orton-Gillingham style letter cues, i.e. /b/ instead of /buh/ and /h/ instead of /ha/ or /huh/.
2. Focus on the movements - the goal is to start each letter the right way so that it becomes automatic and will reduce reversals. If you focus on the end, habits form such as segmenting letters, retracing, or starting at the bottom. It's easier to start correctly than to fix errors.
3. Use the sizing guides and focus on getting the sizing correct. The Size Matters Handwriting Program supports sizing as the main indicator of legibility and the perception of neat vs. messy handwriting. There are 3 lines and 4 visuals to cue sizing that are easy for children to remember (birds, ants, fish, and ghosts).
4. Build words as you go. Start with CVC (consonant vowel consonant) or VC (vowel consonant) because they're easiest and use the short vowels. The endings -ck and -ll are used because they make a single sound.
5. This workbook starts with lowercase intentionally. The majority of the letters we write and read - 95% - are lowercase.

Letter Rules



1. Tall letters touch the top line and short letters touch the middle, dotted line. If a letter doesn't touch the line it should, a bird is going to poop on its head.
2. All letters should touch the bottom line. If your letter doesn't touch the bottom line, ants are going to steal your cake!
3. If your letter goes below the bottom line and it's **not** an underwater letter, then the piranhas will bite your letter on its booty butt.
 - If your letter **should** be an underwater letter, then it needs to be a piranha grabber letter - g, j, p, q, y.
 - Make sure the belly of the letters touches the middle line and the bottom line.
4. Don't let the ghosts scare your letters into floating away!

Remember Your Letter Size



My Alphabet: Start






A series of ten horizontal lines for handwriting practice. Each line set consists of a solid top line, a dashed middle line, and a solid bottom line, providing a guide for letter height and placement.

Down, Down, Down!

Start at the top of the letter and go down, down, down.

l, t, k, i, j

Letter sounds with a visual:

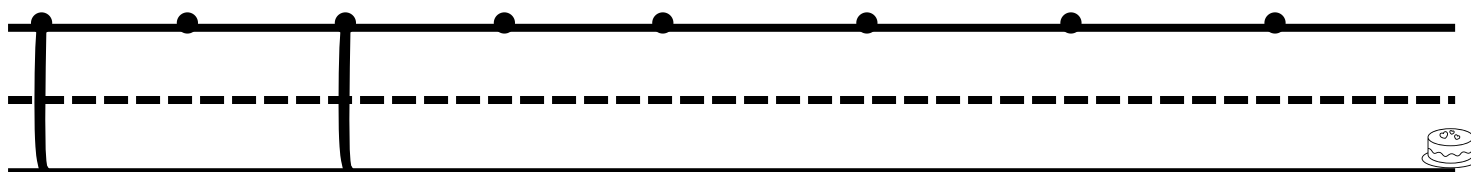
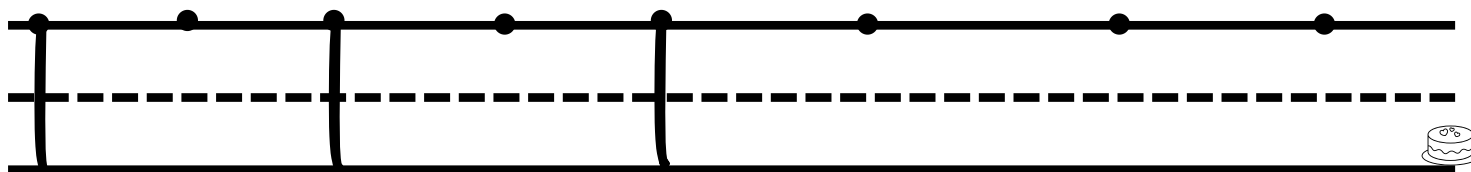
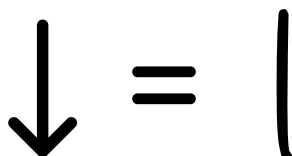
<p>/l/</p>  <p>"LaLa Sound"</p> <p>Lemon</p>	<p>/t/</p>  <p>"Tik Tok Sound"</p> <p>Table</p>	<p>/k/</p>  <p>"Coughing Sound"</p> <p>Cup</p>
<p>/i/</p>  <p>"Igloo Sound"</p> <p>Igloo</p>	<p>/j/</p>  <p>"Jumping Sound"</p> <p>Jet</p>	

Down, Down, Down!

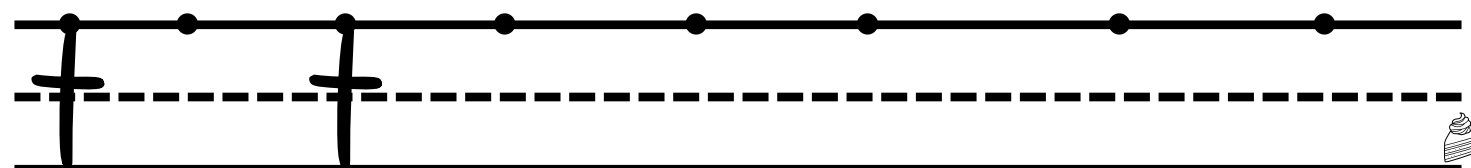
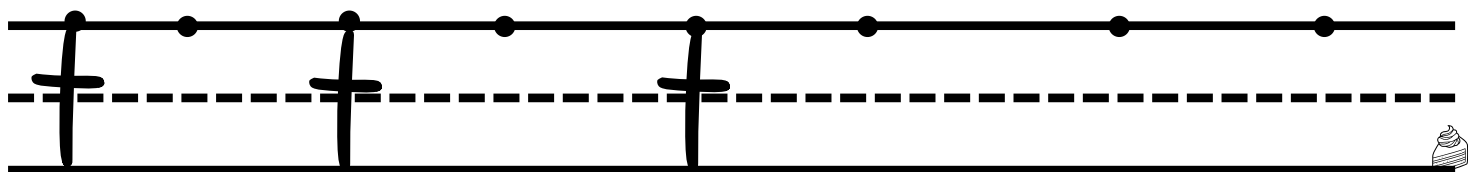
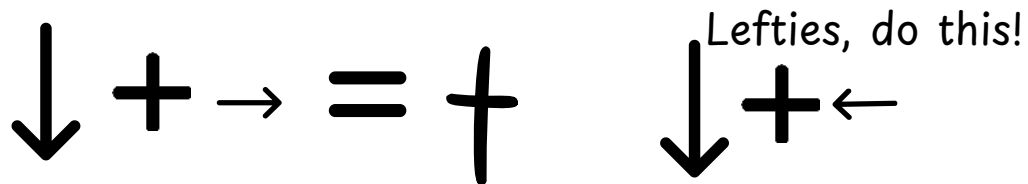
Start at the top of the letter and go down, down, down.

l, t, k, i, j

Lowercase l starts at the top line and goes down, down, down to the bottom and stops.



Lowercase t starts like l at the top, goes down, down, down, then you add an across line at the middle. Zoom it across so both sides can balance!

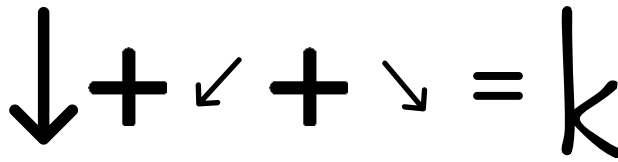


Down, Down, Down!

Start at the top of the letter and go down, down, down.

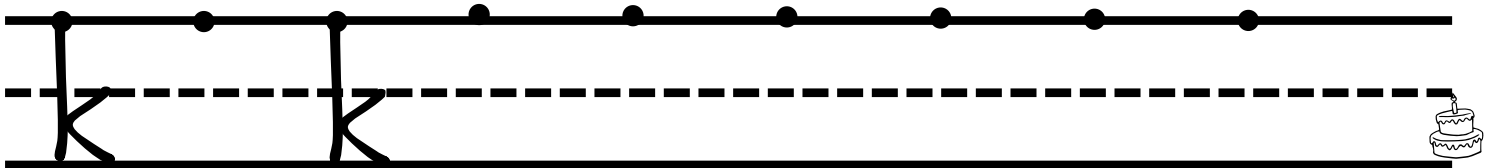
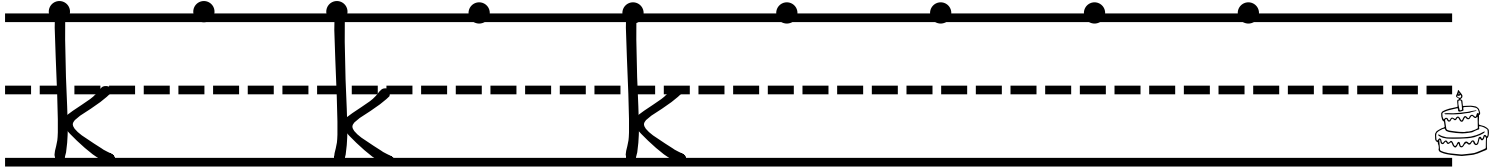
l, t, k, i, j

Lowercase k starts at the top line and goes down, down, down to the bottom and stops. The k then scores a goal — it starts at the middle line just a ways out, scores a kick in the middle, then bounces back to the bottom line to line up again.

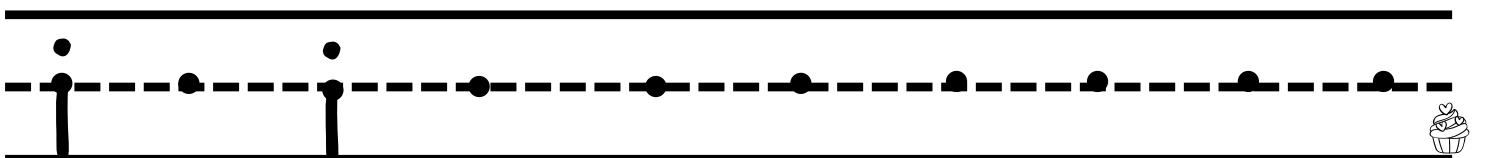
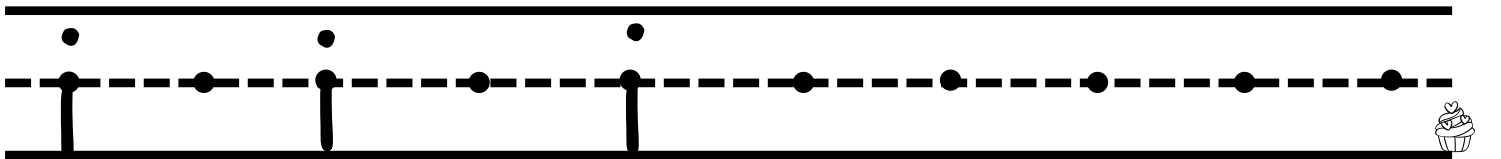
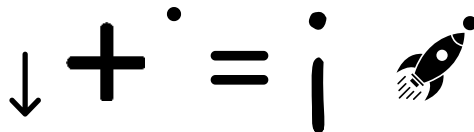


Kick it in

Kick it out



Lowercase i is the rocket ship letter. It goes down, down, down, then launches a rocket into the sky above the middle line with a tiny dot, not a lot.

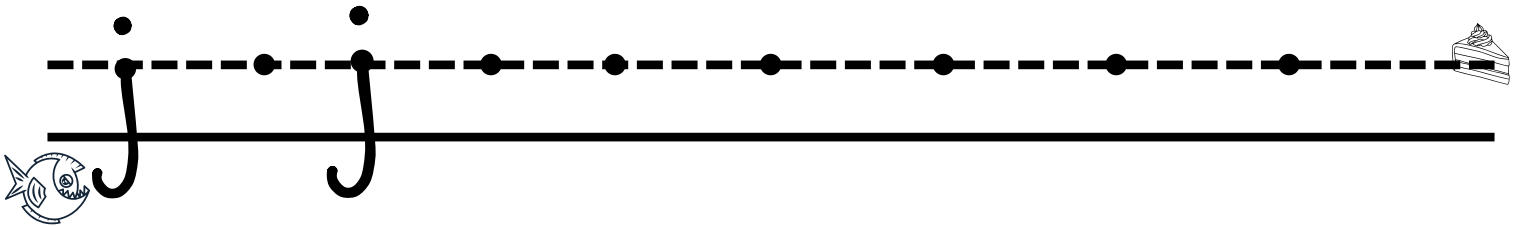
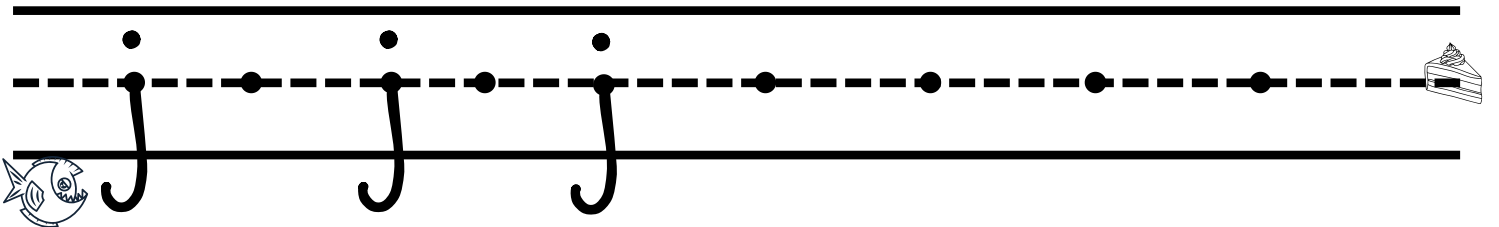
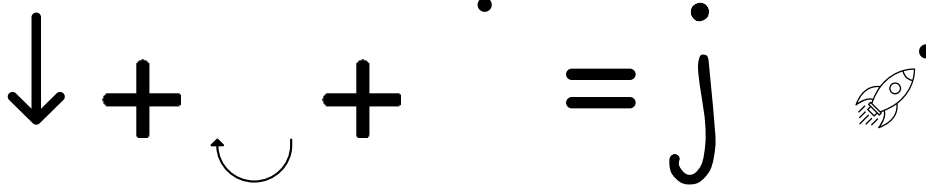


Down, Down, Down!

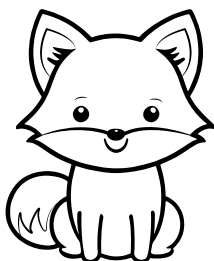
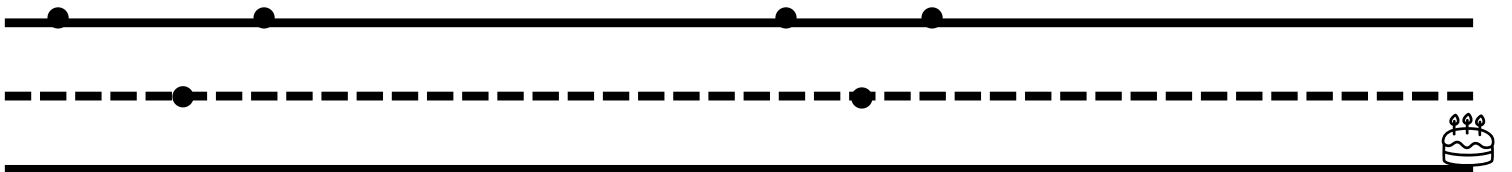
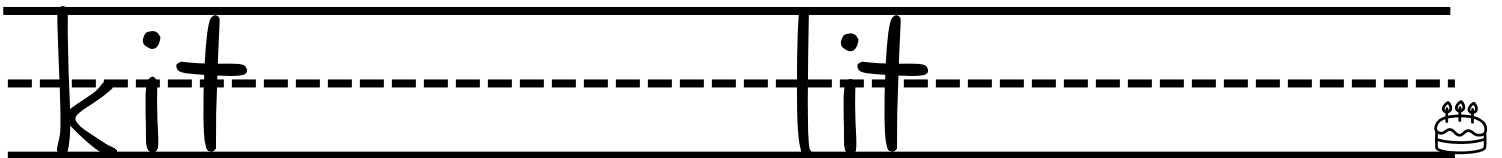
Start at the top of the letter and go down, down, down.

l, t, k, i, j

The letter j goes down, down, down from the middle line, down below to swim with the fishies, and then looks back at the start with a smile. You can add a dot, not a lot with the same rocket ship as i.



Put them together to make some words!

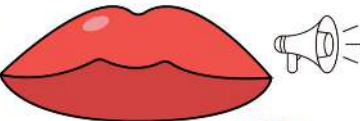



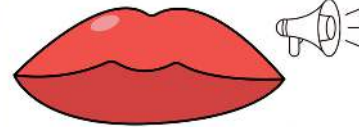



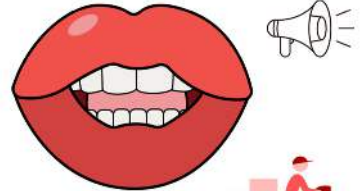

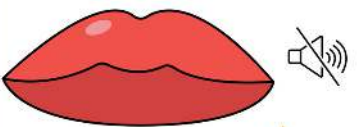



Boing! Bouncing Letters

Start at the top of the letter and go down, down, down, then bounce back to finish the letter.

b, h, m, n, r, p

Letter sounds with a visual:

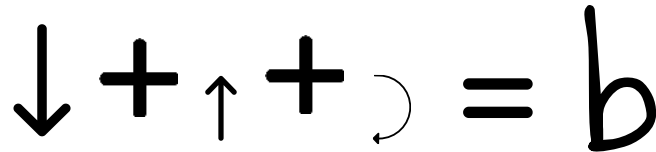
<p>/b/</p>  <p>"Bounce Sound" </p> <p>Ball</p>	<p>/h/</p>  <p>"Air Sound" </p> <p>Hat</p>	<p>/m/</p>  <p>"Humming Sound" </p> <p>Milk</p>
<p>/n/</p>  <p>"Neigh Sound" </p> <p>Nose</p>	<p>/r/</p>  <p>"Errr Sound" </p> <p>Rabbit</p>	<p>/p/</p>  <p>"Popping Sound" </p> <p>Pizza</p>



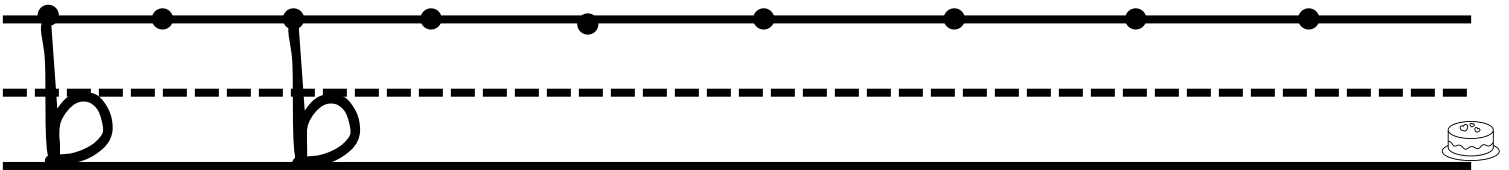
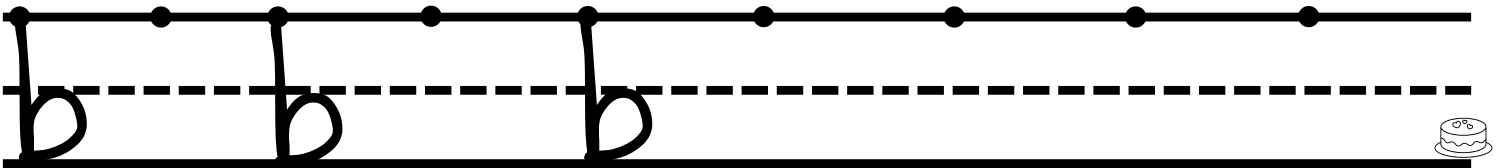
Boing! Bouncing Letters

Start at the top of the letter and go down, down, down, then bounce back to finish the letter.

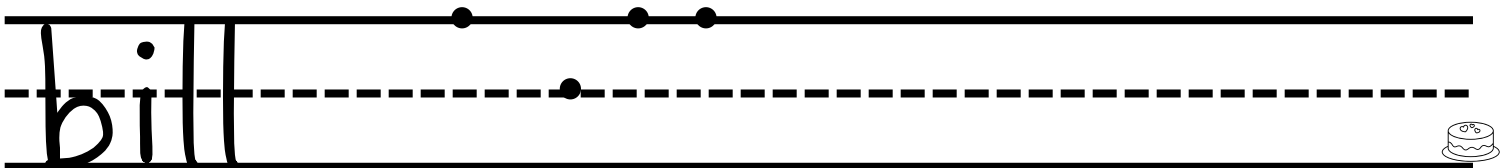
b, h, m, n, r, p



The letter b starts at the top and goes down, down, down to the bottom line, then Boing! It bounces back up to the middle line and around to end at the bottom line. It has a bumpy belly ready to eat some cake.



Make a new word to practice.



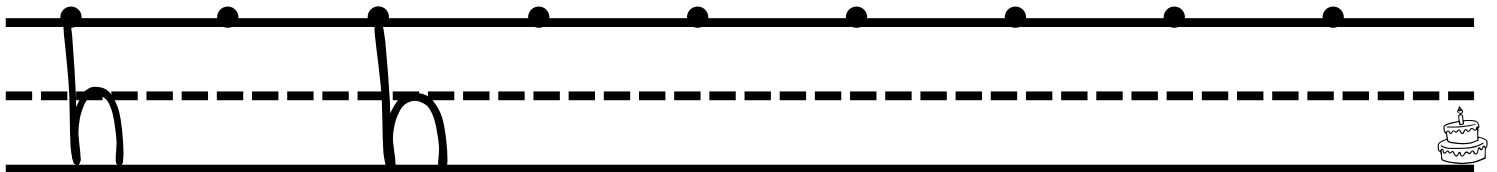
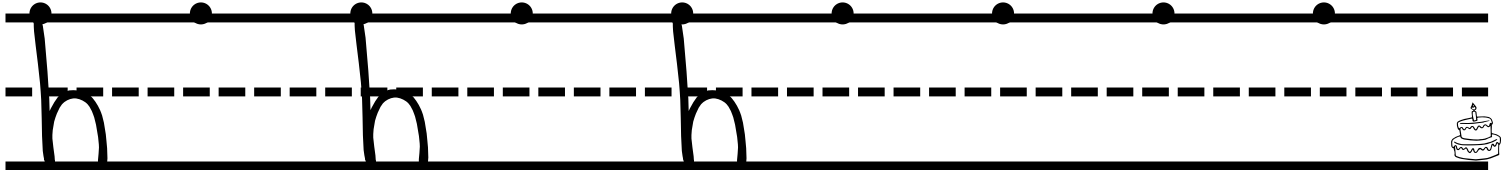
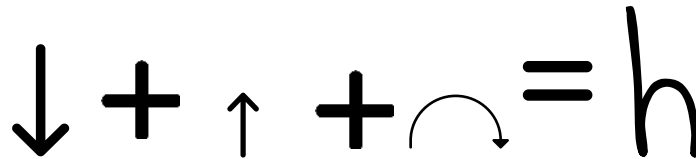


Boing! Bouncing Letters

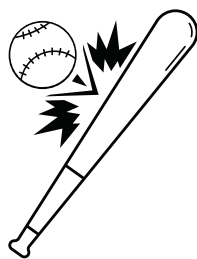
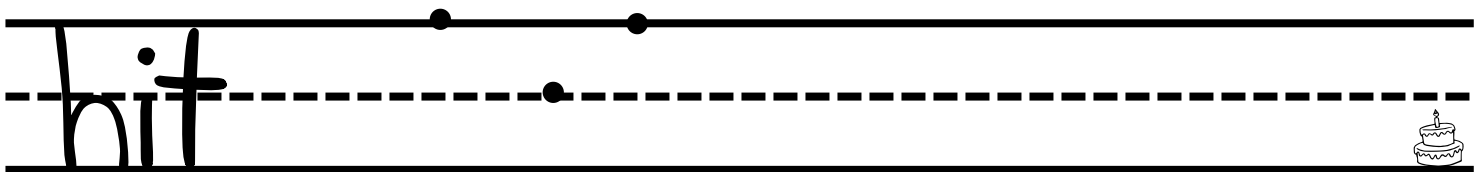
Start at the top of the letter and go down, down, down, then bounce back to finish the letter.

b, h, m, n, r, p

The letter h starts at the top and goes down, down, down to the bottom line, then Boing! It bounces back up to the middle line and down like a rainbow. The h touches the bottom and stops.



Make a new word to practice.



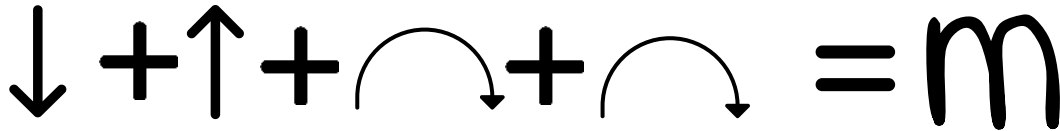


Boing! Bouncing Letters

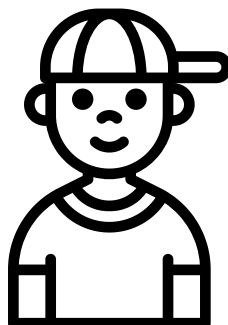
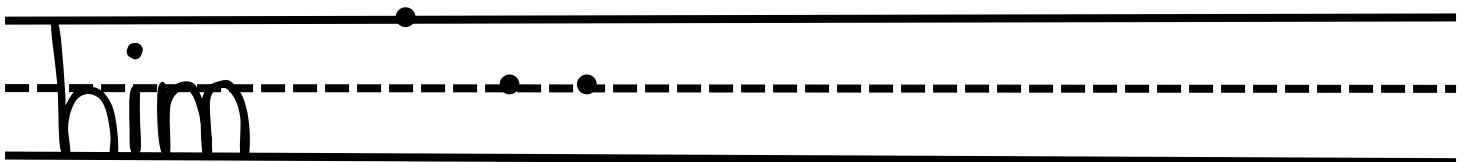
Start at the top of the letter and go down, down, down, then bounce back to finish the letter.

b, h, m, n, r, p

The letter m starts at the middle and goes down, down, down to the bottom line, then Boing! It bounces back up to the middle line and down like a rainbow- twice! This is our only double rainbow letter.



Make a new word to practice.



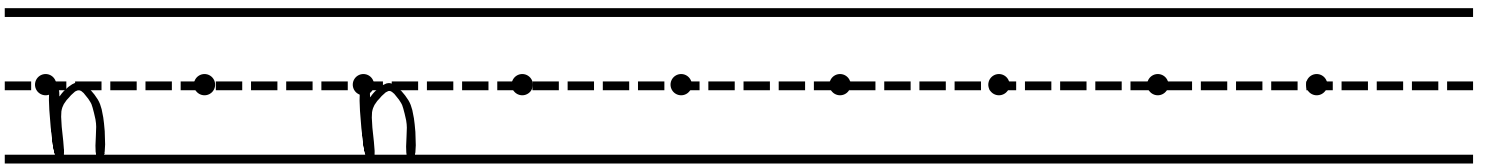
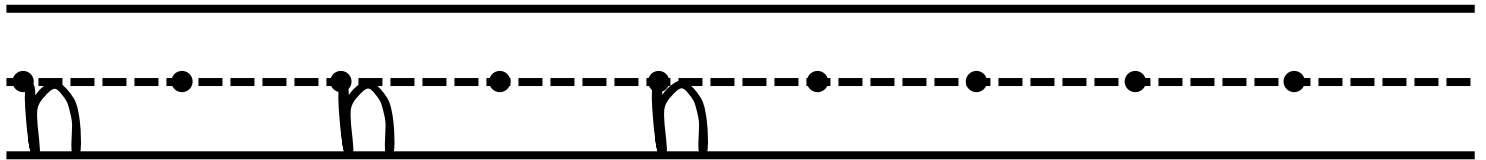
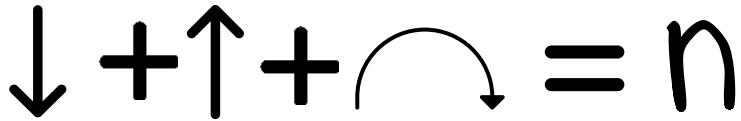


Boing! Bouncing Letters

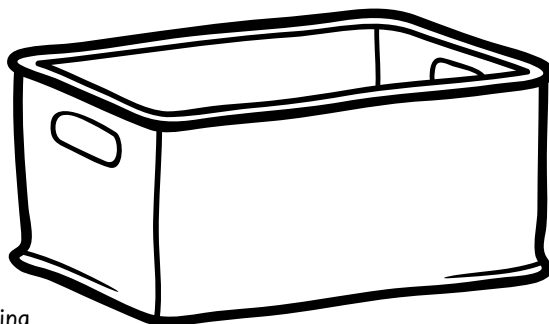
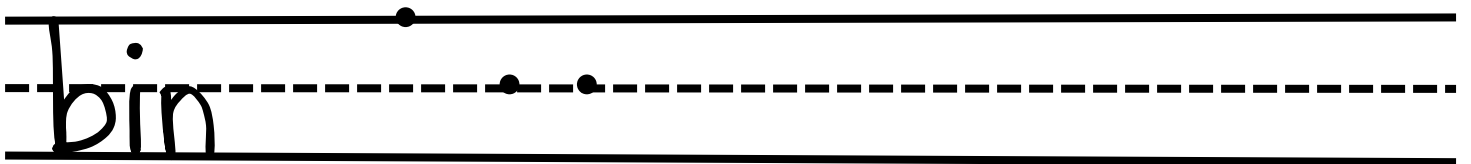
Start at the top of the letter and go down, down, down, then bounce back to finish the letter.

b, h, m, n, r, p

The letter n starts at the middle and goes down, down, down to the bottom line, then Boing! It bounces back up towards the middle line and down like a rainbow.



Make a new word to practice.



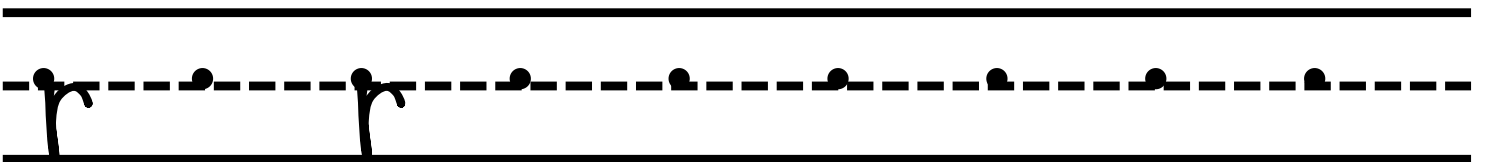
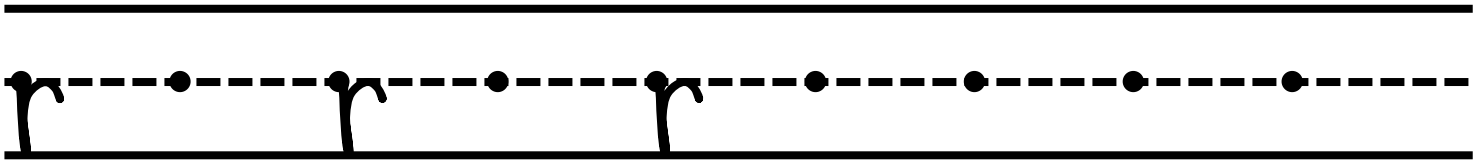
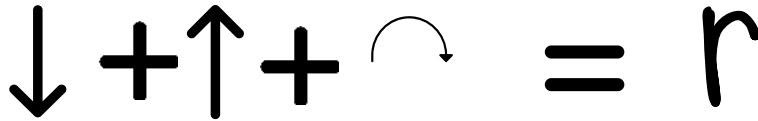


Boing! Bouncing Letters

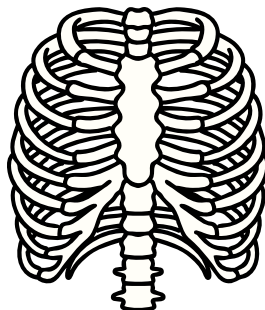
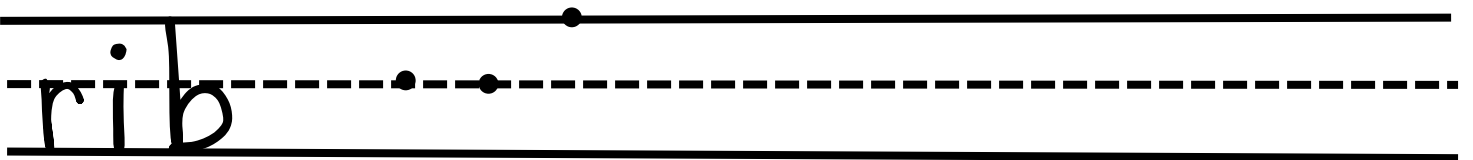
Start at the top of the letter and go down, down, down, then bounce back to finish the letter.

b, h, m, n, r, p

The letter r starts at the middle and goes down, down, down to the bottom line, then Boing! It bounces back up to the middle line and down like an itty bitty rainbow staying up in the clouds.



Make a new word to practice.



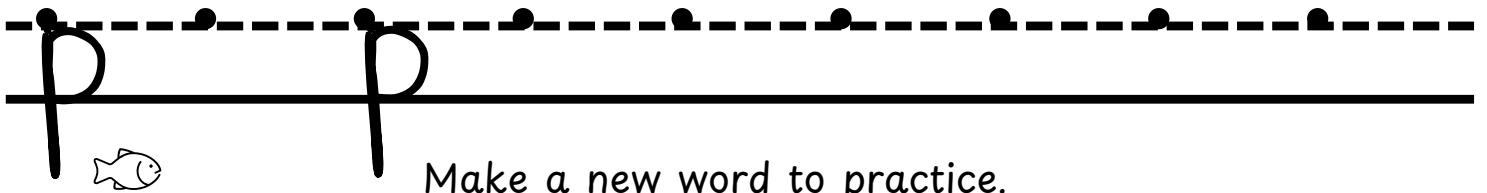
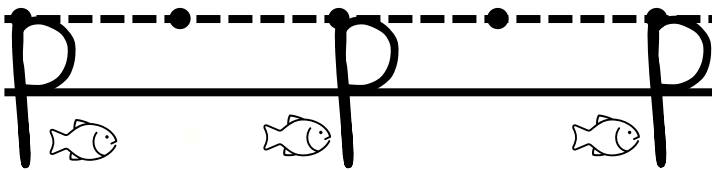
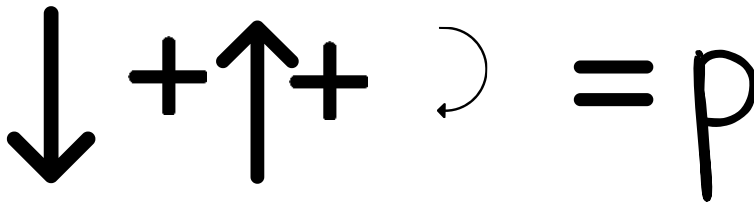


Boing! Bouncing Letters

Start at the top of the letter and go down, down, down, then bounce back to finish the letter.

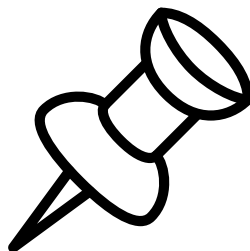
b, h, m, n, r, p

The letter p starts at the middle and goes down, down, down to the bottom line then down to swim with the fish, then Boing! It bounces back up to the middle line and around like the belly in b. The p is our only go-under bouncing letter.



Make a new word to practice.

pin

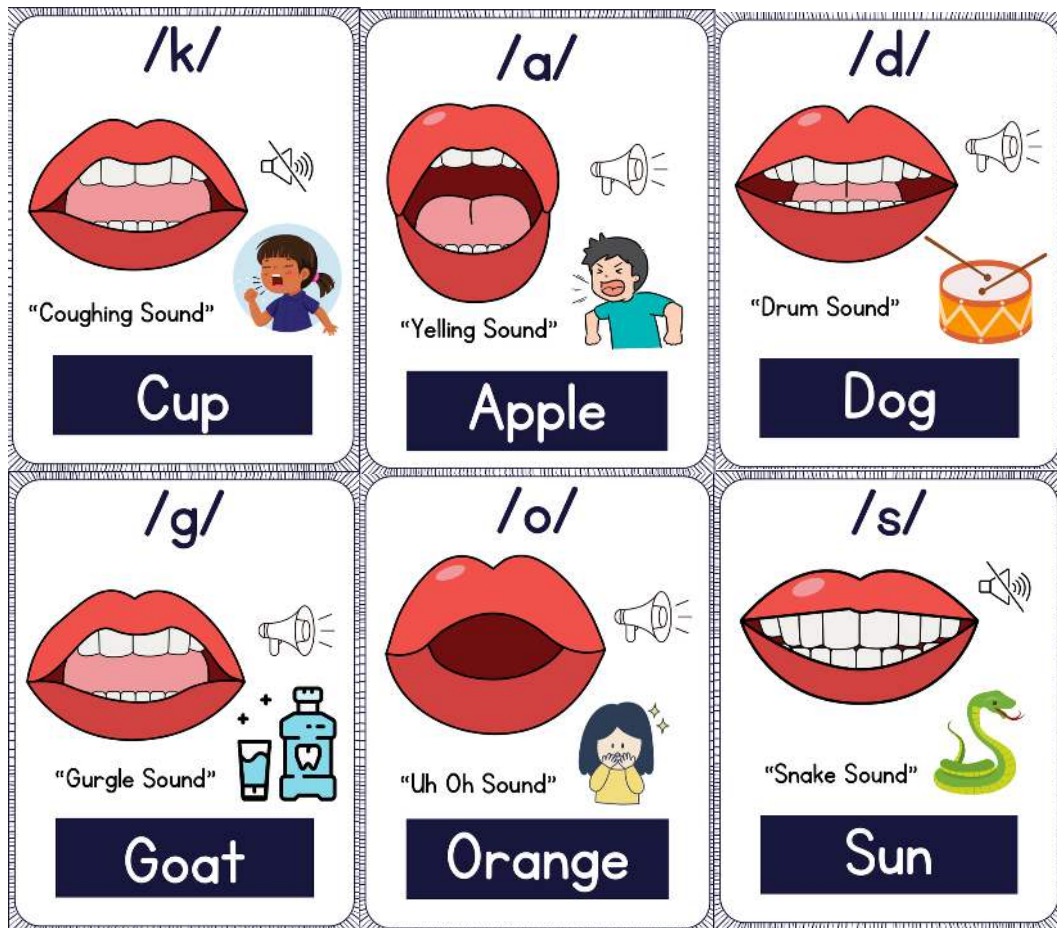


C-you-around Letters

These letters all start by going around from the middle line and making a “c” as the first part of their shapes.

c, a, d, g, o, q, s

Letter sounds with a visual:



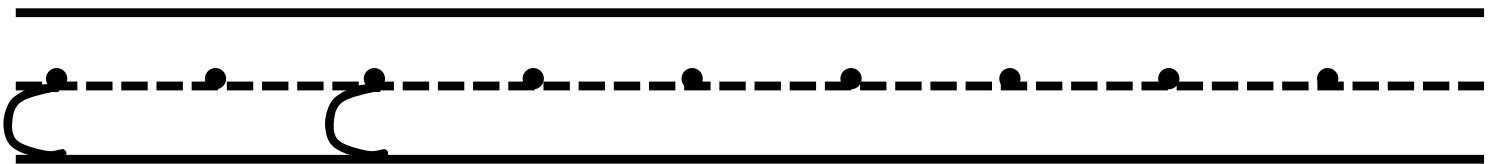
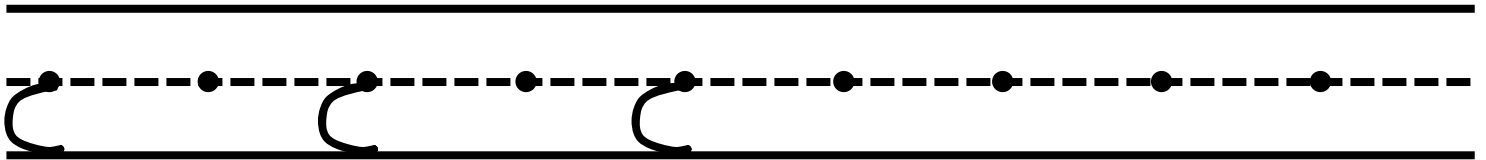
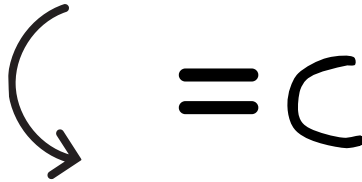
The c and q both make the /k/ sound.

C-you-around Letters

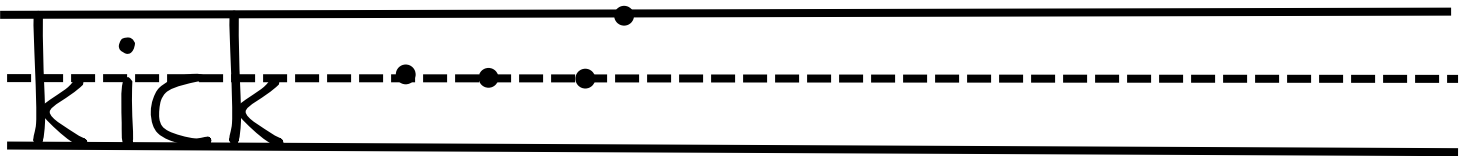
These letters all start by going around from the middle line and making a "c" as the first part of their shapes.

a, c, d, g, o, q, s

The letter c starts at the middle line and goes around to the left, stopping once it reaches the bottom. It doesn't get to go all the way around yet. The c starts the circle but stops halfway.



Make a new word to practice.

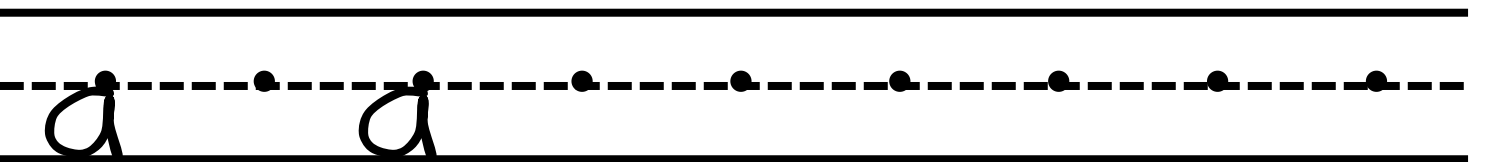
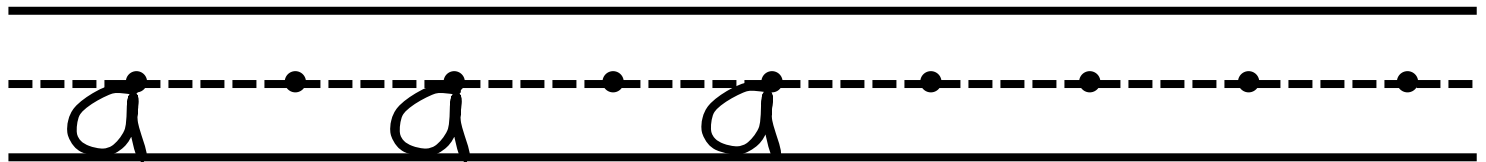
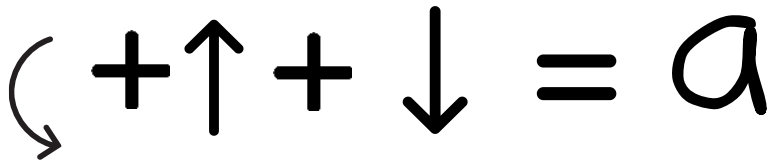


C-you-around Letters

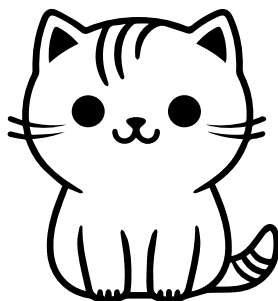
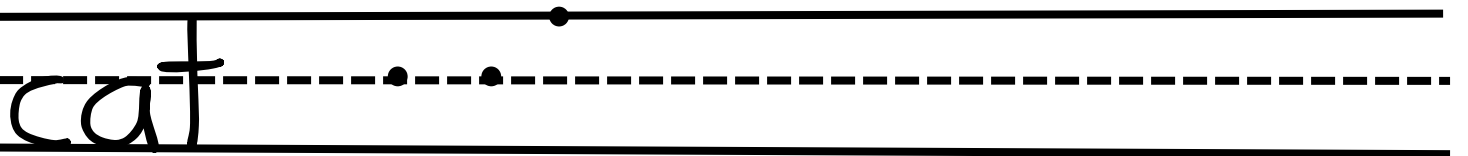
These letters all start by going around from the middle line and making a "c" as the first part of their shapes.

a, c, d, g, o, q, s

The letter a starts at the middle line and goes around to the left, pausing once it reaches the bottom before it reaches up, up, up, just a little to the middle and crashes back down, down, down, on the same path.



Make a new word to practice.

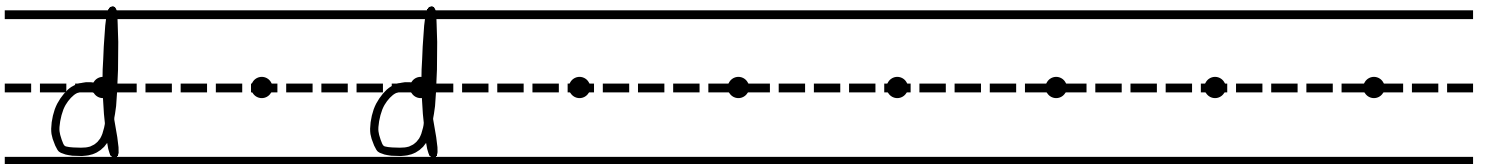
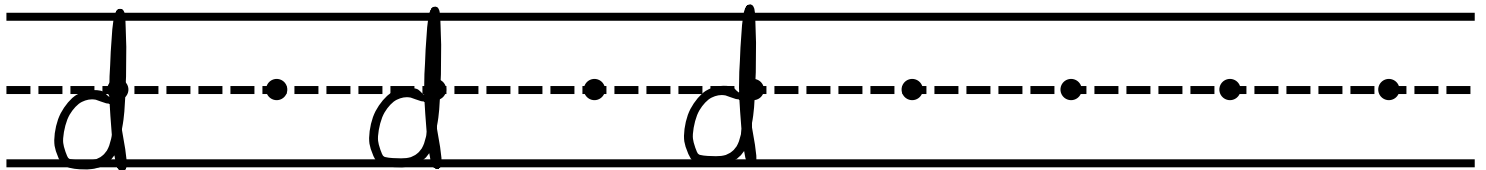
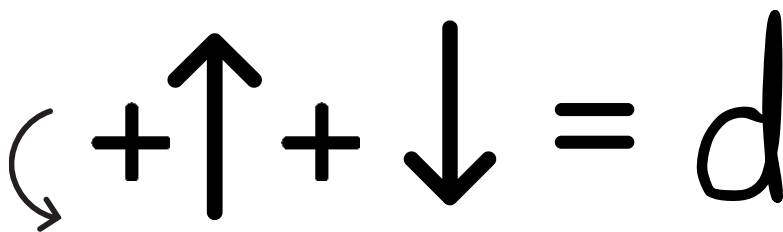


C-you-around Letters

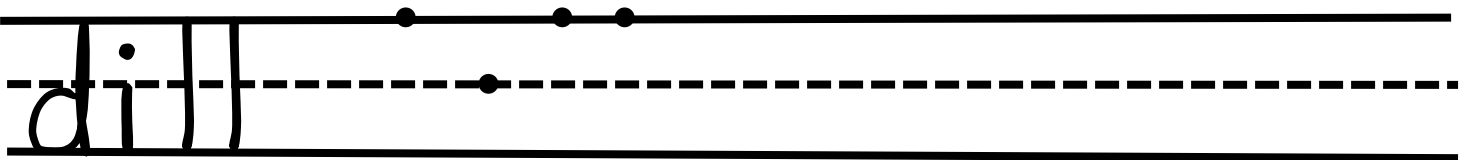
These letters all start by going around from the middle line and making a "c" as the first part of their shapes.

a, c, d, g, o, q, s

The letter d starts at the middle line and goes around to the left, pausing once it reaches the bottom before it reaches up, up, up, high to the sky at the top and crashes back down, down, down, on the same path.



Make a new word to practice.

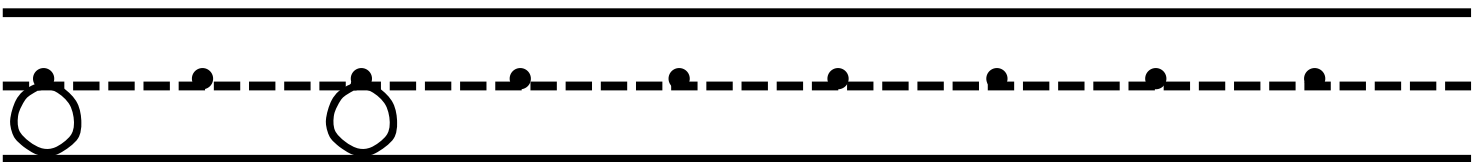
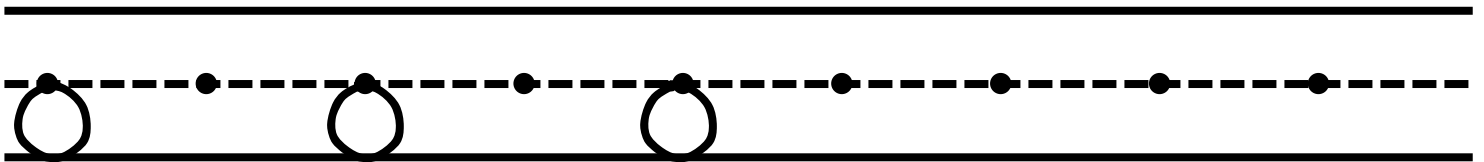
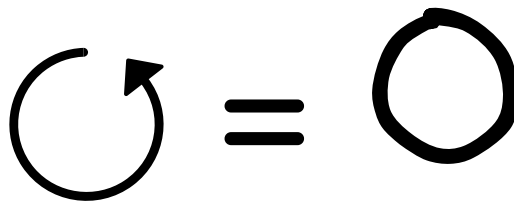


C-you-around Letters

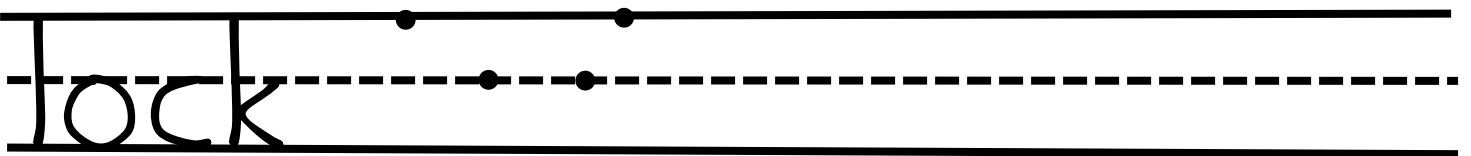
These letters all start by going around from the middle line and making a "c" as the first part of their shapes.

a, c, d, g, o, q, s

The letter o starts at the middle line and goes around to the left, making the full circle. Round and around and around it goes until it closes.



Make a new word to practice.

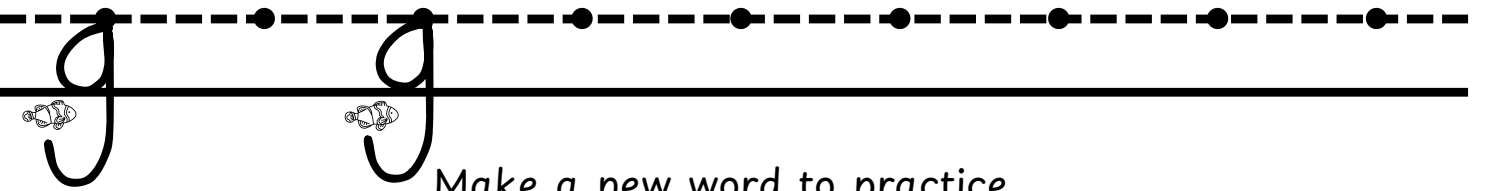
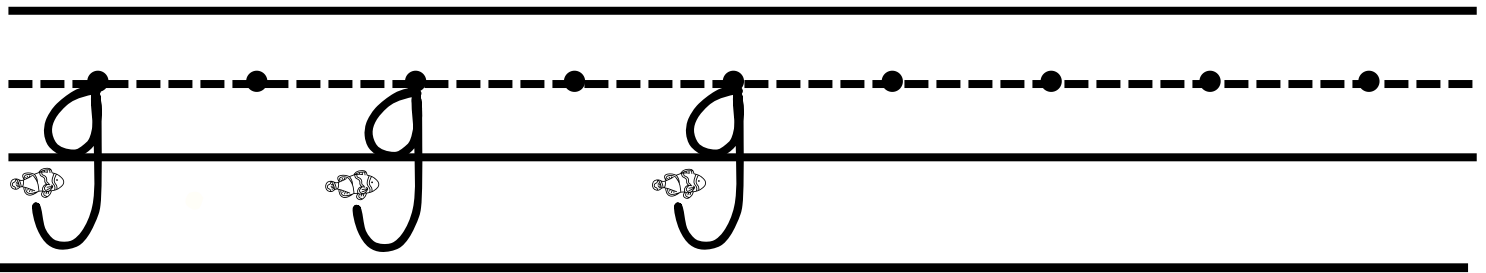
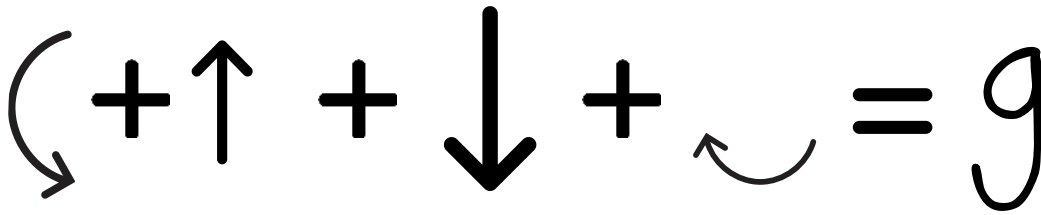


C-you-around Letters

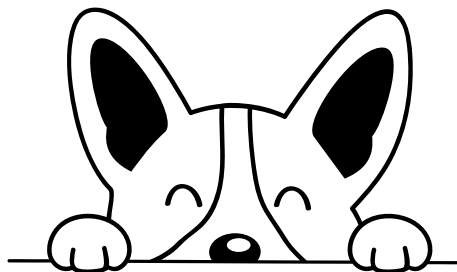
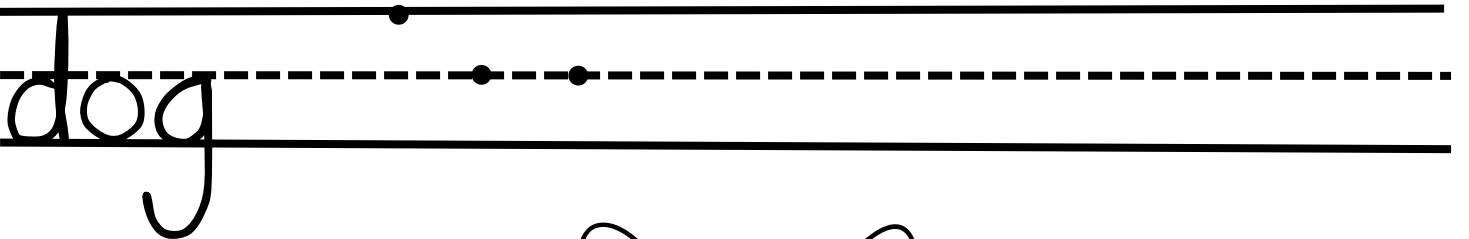
These letters all start by going around from the middle line and making a "c" as the first part of their shapes.

a, c, d, g, o, q, s

The letter g starts like a c then goes up, up, up to the middle line and down, down, down to swim with and catch a fish! The g goes under the belly of the c with a smile.



Make a new word to practice.

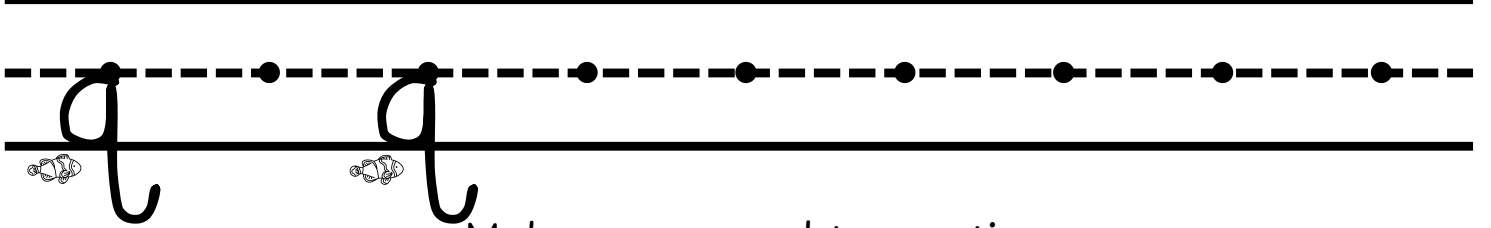
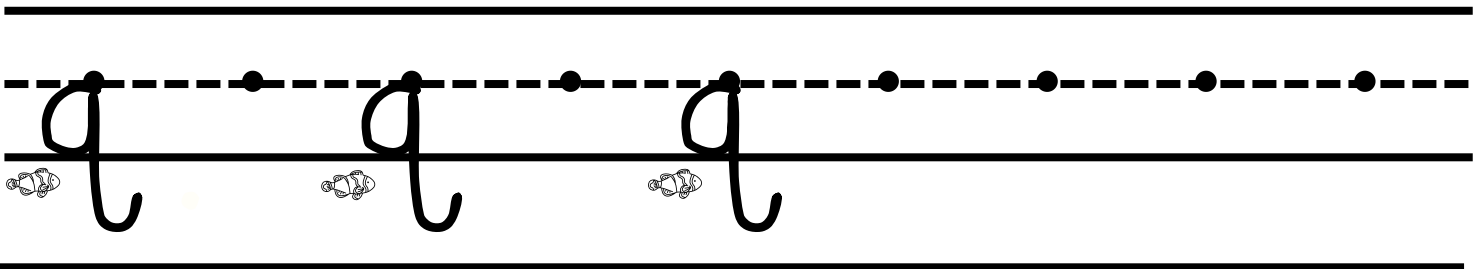
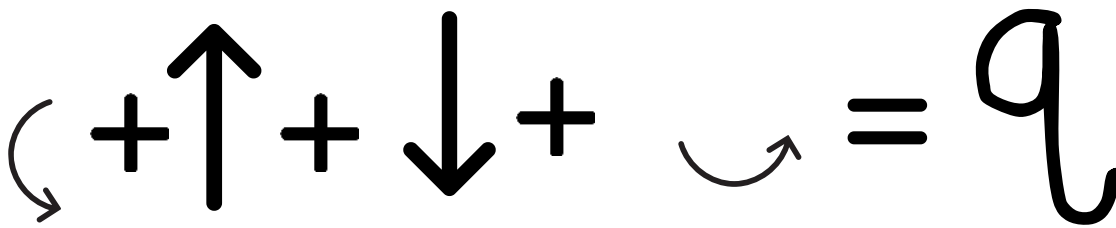


C-you-around Letters

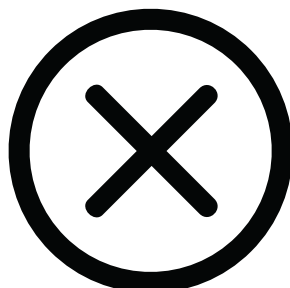
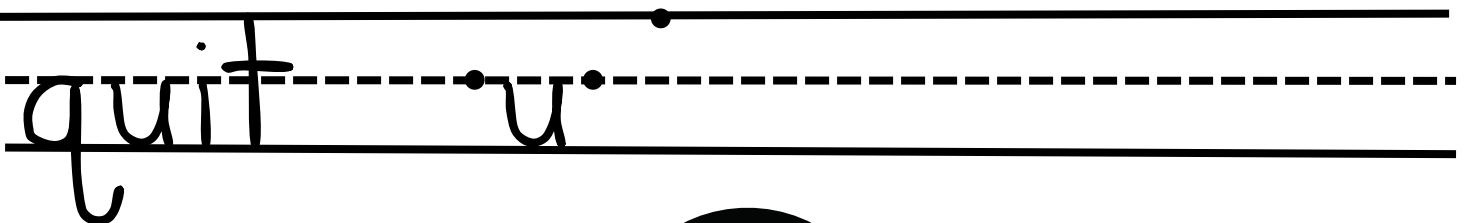
These letters all start by going around from the middle line and making a "c" as the first part of their shapes.

a, c, d, g, o, q, s

The letter q starts like a c then goes up, up, up to the middle line and down, down, down to swim with the fish! The q is always waiting for its friend best friend, u, so its tail points toward the next letter.



Make a new word to practice.

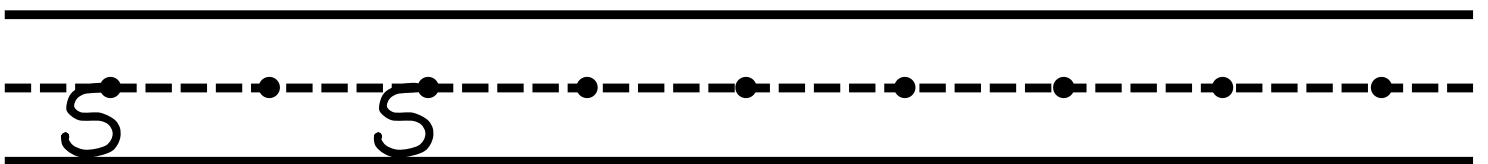
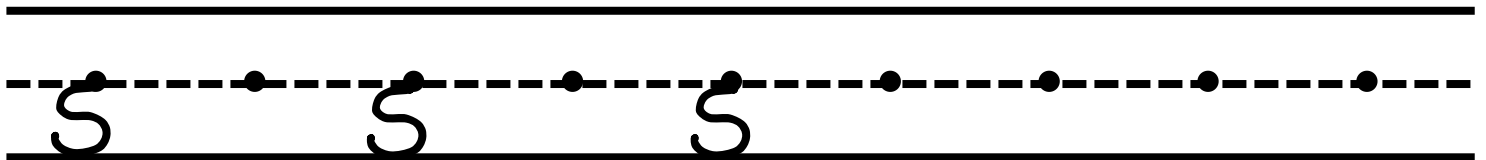
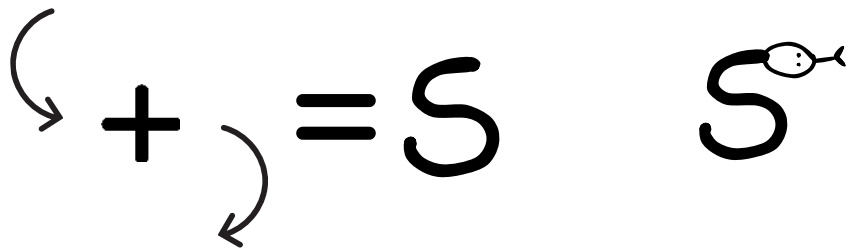


C-you-around Letters

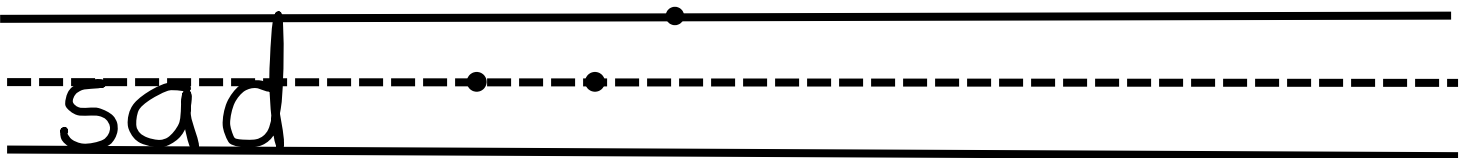
These letters all start by going around from the middle line and making a "c" as the first part of their shapes.

a, c, d, g, o, q, s

The letter s is our snake letter - it starts with a mini-c, half its normal size, then turns back so the tail faces the start of your words. The snake always wants to look ahead, so the mini c has to face front on top.



Make a new word to practice.

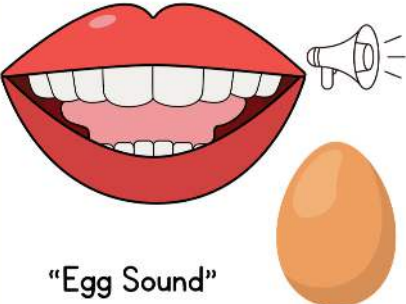

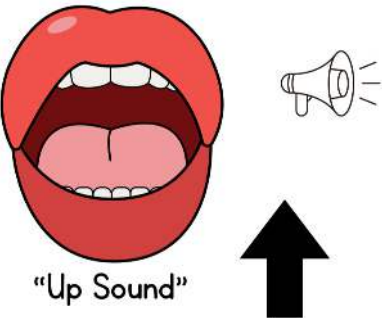



Friendly Face Letters

These letters are our people letters. Mr. e likes to eat, the f frowns, and u and y are our happy face letters.

e, f, u, y

Letter sounds with a visual:

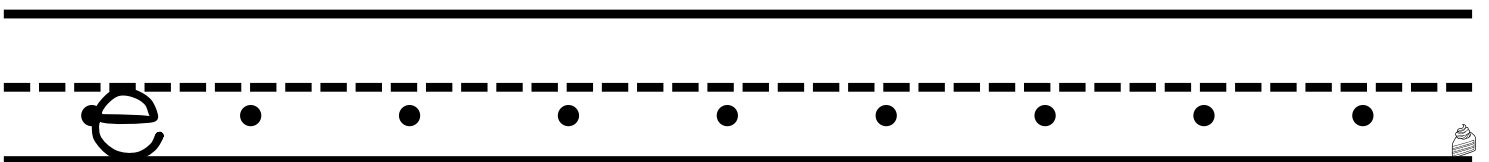
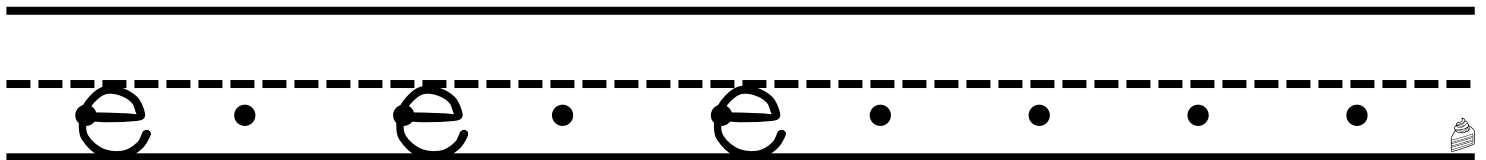
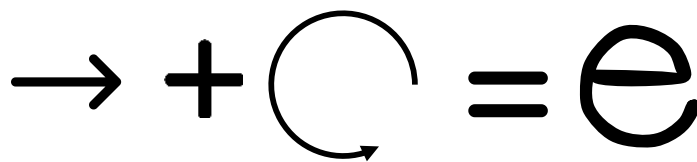
<p>/e/</p>  <p>"Egg Sound"</p> <p>Egg</p>	<p>/f/</p>  <p>"Fan Sound"</p> <p>Fish</p>
<p>/uh/</p>  <p>"Up Sound"</p> <p>Monkey</p>	<p>/y/</p>  <p>"Yay Sound"</p> <p>Yolk</p>

Friendly Face Letters

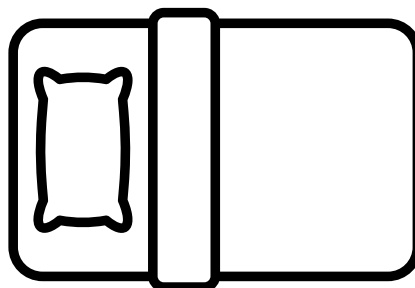
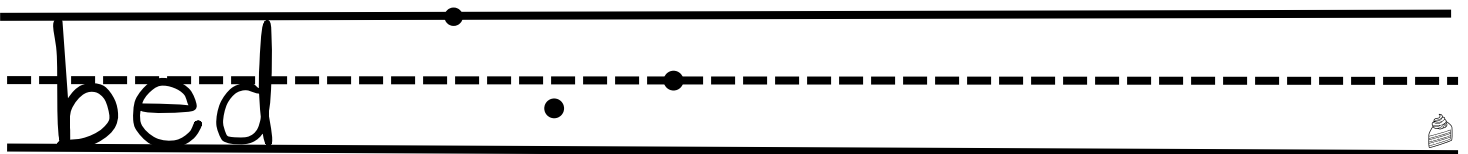
These letters are our people letters. Mr. e likes to eat, the f frowns, and u and y are our happy face letters.

e, f, u, y

The letter e starts with a line across in the middle of the bottom space, then back around to the middle and bottom lines with most of circle in one long line. Mr. e likes to eat so we need to make sure his mouth stays open wide enough for him to eat a piece of cake. The top and bottom should line up in a smile!



Make a new word to practice.



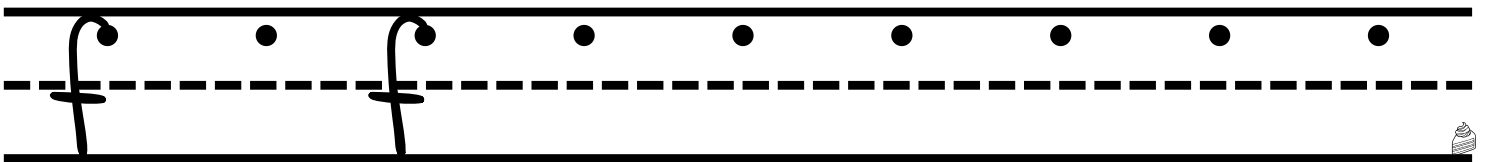
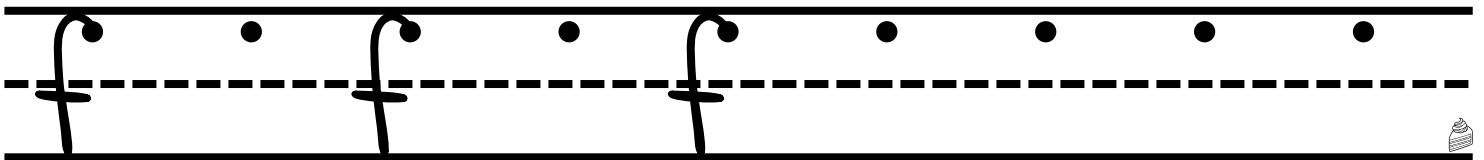
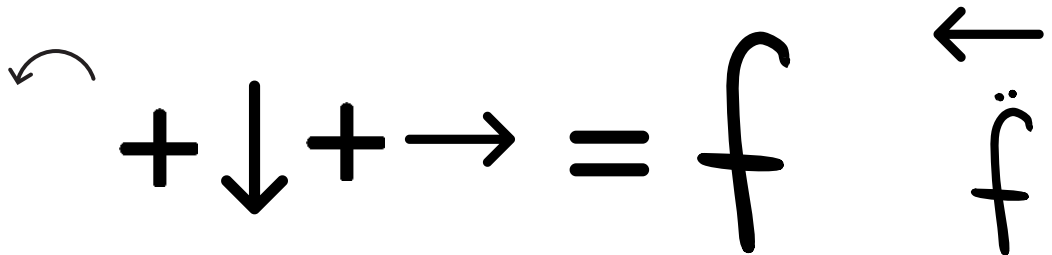
Friendly Face Letters

These letters are our people letters. Mr. e likes to eat, the f frowns, and u and y are our happy face letters.

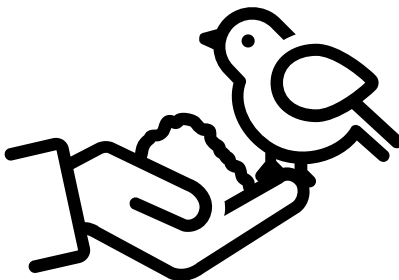
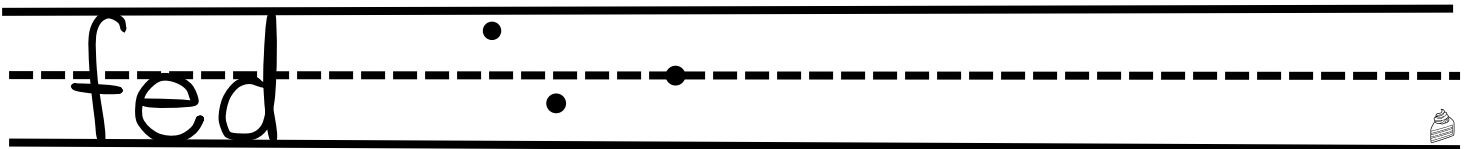
e, f, u, y

The letter f frowns back towards the start then goes down to the bottom and stops. Then the pencil lifts up to make a line across at the middle, just like with t! Make sure it's balanced on both sides.

Lefties, do this!



Make a new word to practice.

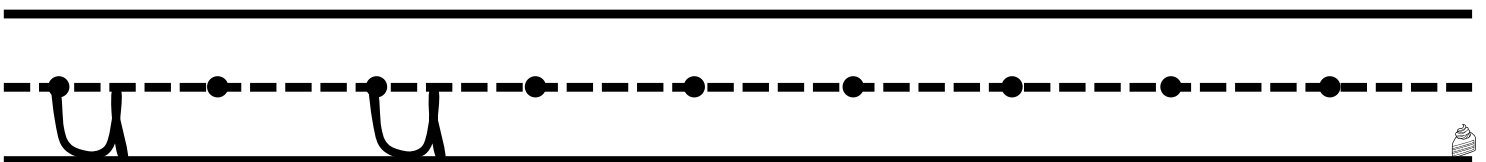
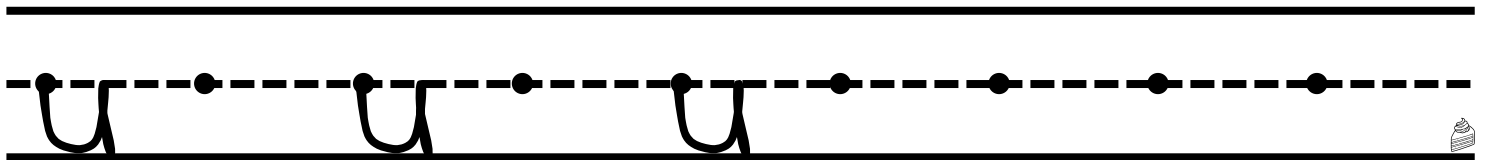
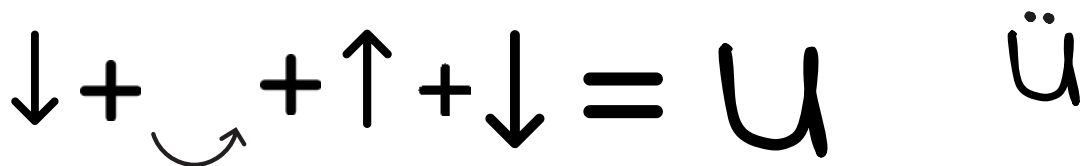


Friendly Face Letters

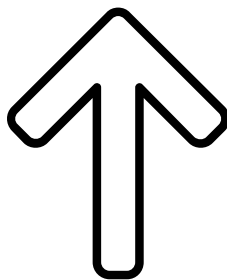
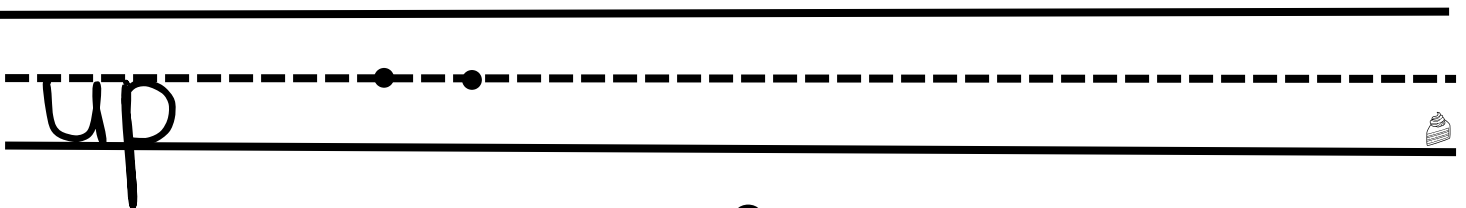
These letters are our people letters. Mr. e likes to eat, the f frowns, and u and y are our happy face letters.

e, f, u, y

The letter u has a smile in the middle and bounces like our bouncing letters do. It starts at the middle, goes down to the bottom but starts to smile before it hits the bottom, then goes back up to the top and bounces straight back down to the bottom. It looks like a smile with the tongue ready to eat the cake.



Make a new word to practice.

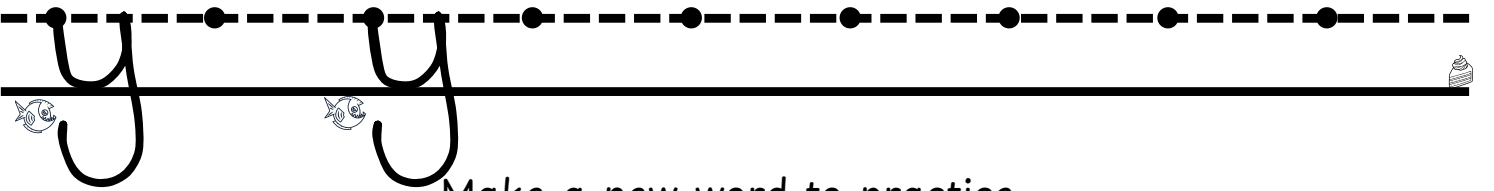
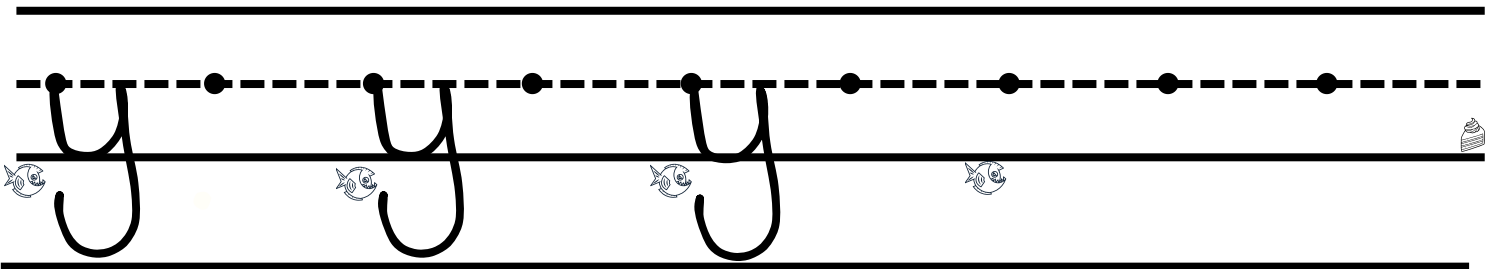
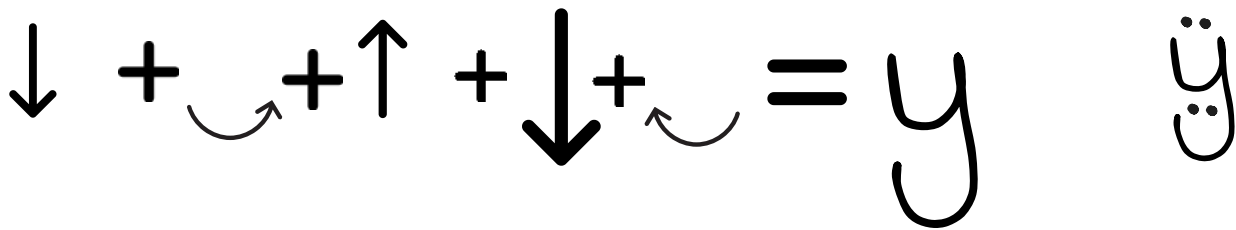


Friendly Face Letters

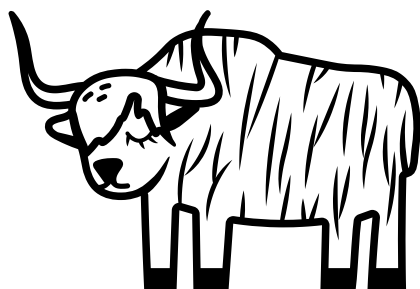
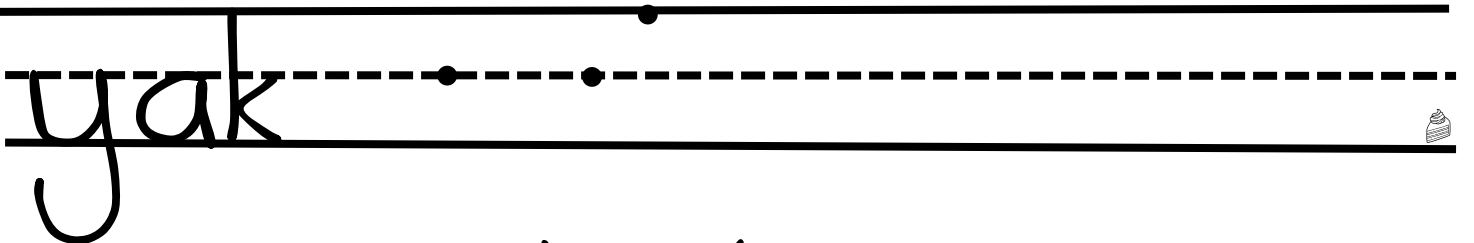
These letters are our people letters. Mr. e likes to eat, the f frowns, and u and y are our happy face letters.

e, f, u, y

The letter y has a smile in the middle and bounces like our bouncing letters do. It starts at the middle, goes down to the bottom but starts to smile before it hits the bottom, then goes back up to the top and bounces straight back down to swim with the fish, which y welcomes with another smile.



Make a new word to practice.

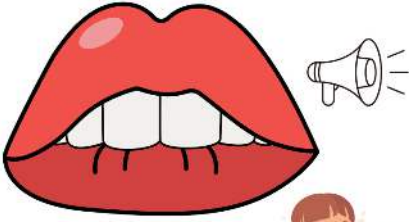




Zig Zag Letters







These letters zig and zag from the middle line. They never go straight up and down.

v, w, x, z

Letter sounds with a visual:

<p>/v/</p>  <p>"Tickle Sound" </p> <p>Van</p>	<p>/w/</p>  <p>"Crying Sound" </p> <p>Water</p>	<p>/z/</p>  <p>"Buzzing Sound" </p> <p>Zipper</p>
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X goes "ks" in the middle or at the end of a word.
It goes "z" at the start of a word.

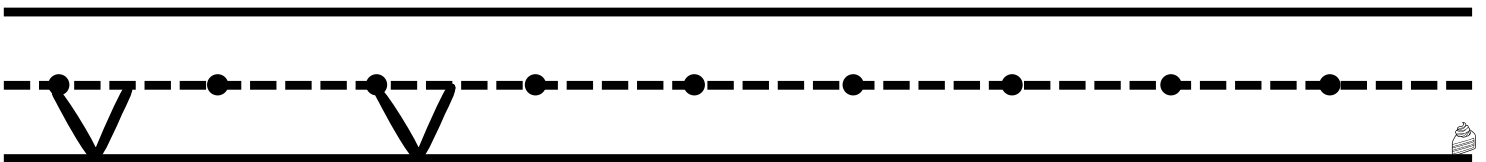
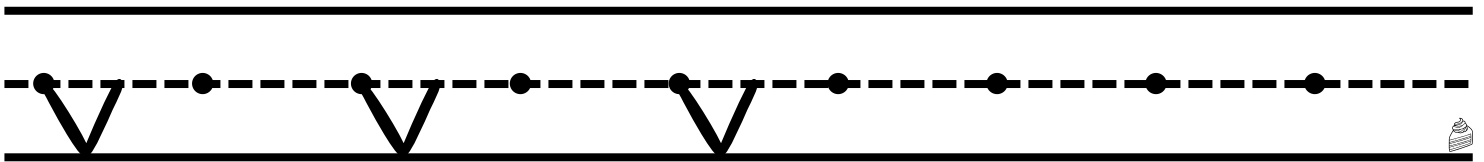
<p>/k/</p>  <p>"Coughing Sound" </p> <p>Cup</p>	<p>/s/</p>  <p>"Snake Sound" </p> <p>Sun</p>
<p>/z/</p>  <p>"Buzzing Sound" </p> <p>Zipper</p>	

Zig Zag Letters

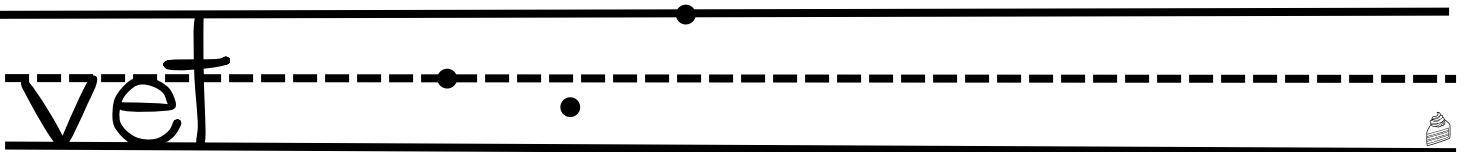
These letters zig and zag from the middle line. They never go straight up and down.

v, w, x, z

The letter v starts at the middle, angles down then bounces back at the same angle going the other way. It zigs its way down, never straight, and zags back, always at an angle.



Make a new word to practice.

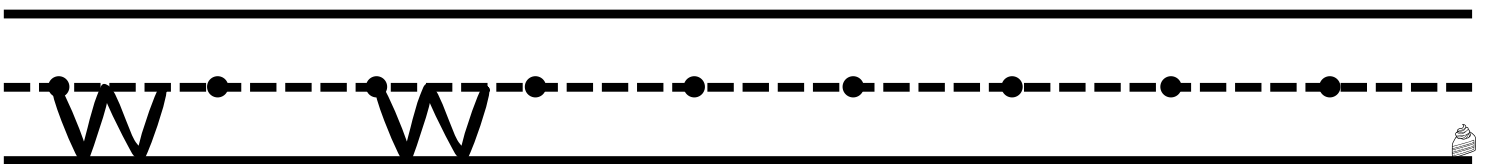
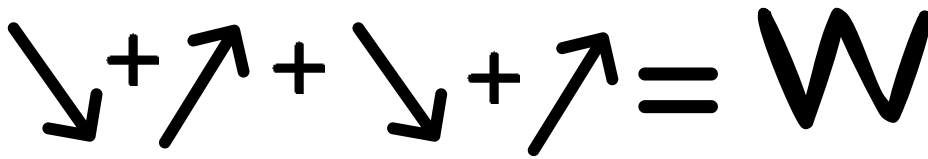


Zig Zag Letters

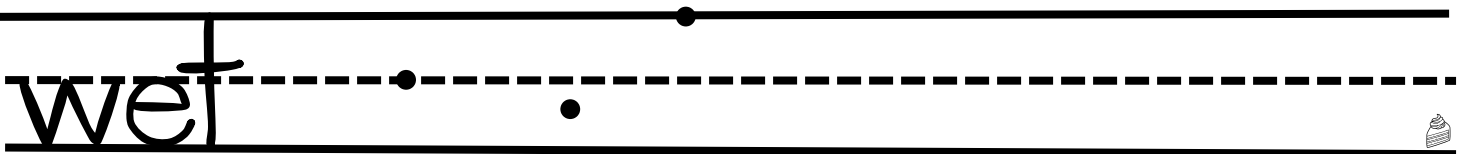
These letters zig and zag from the middle line. They never go straight up and down.

v, w, x, z

The letter w is called “double v” in French — it’s 2 v shapes without any space in between. The w starts at the middle, angles down then bounces back at the same angle going the other way, then does it all again. It zigs its way down, never straight, and zags back, always at an angle.



Make a new word to practice.

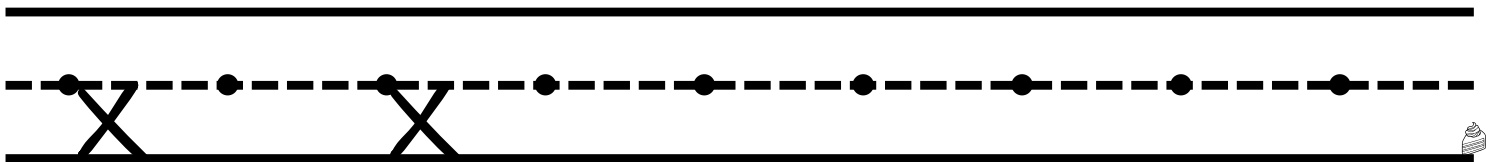
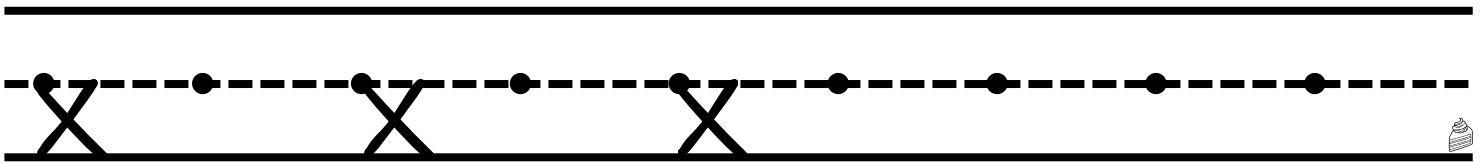
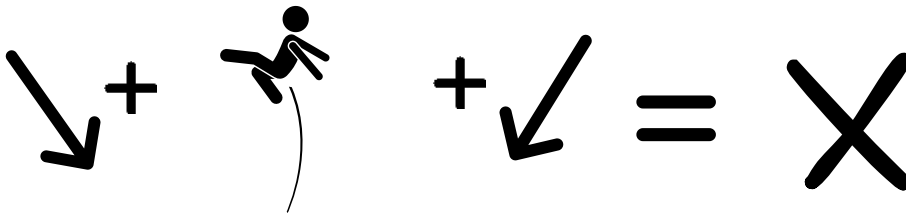


Zig Zag Letters

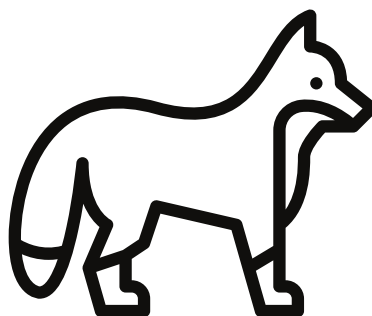
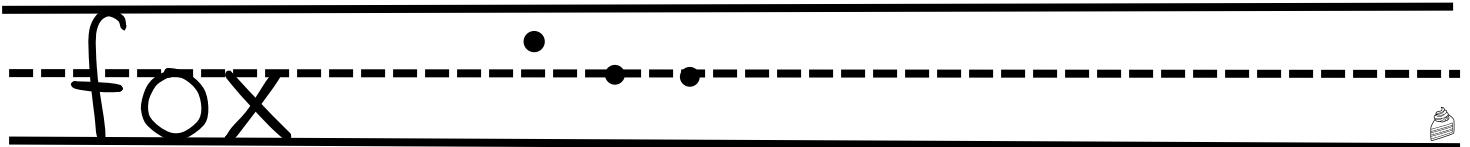
These letters zig and zag from the middle line. They never go straight up and down.

v, w, x, z

The letter x is a zig crossing with a zag in the middle. Zig a diagonal from the middle line down to the right, then the pencil will jump straight back up to the middle line right above the bottom zig, and zag a diagonal down to the left. Lefties can reverse this order.



Make a new word to practice.

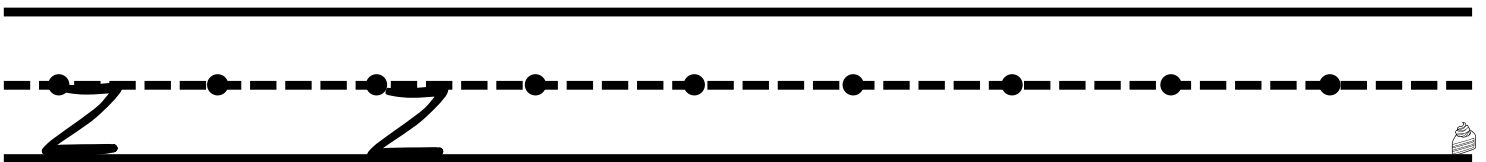
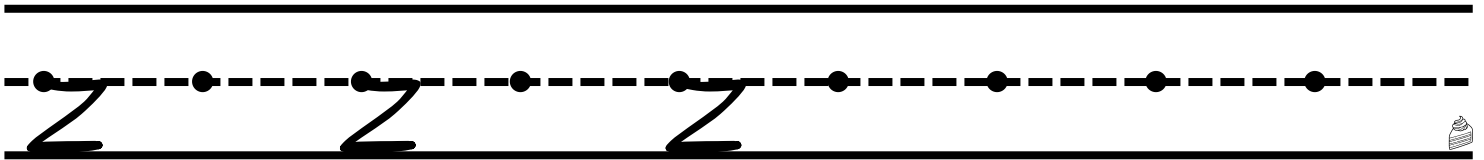
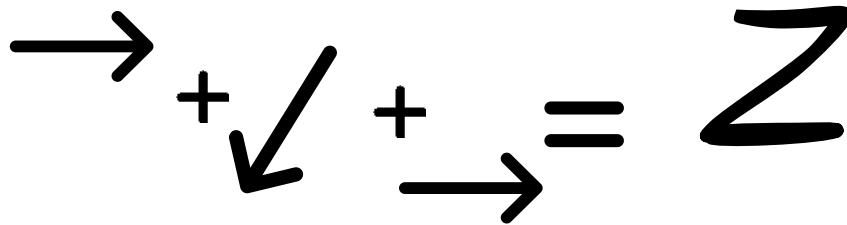


Zig Zag Letters

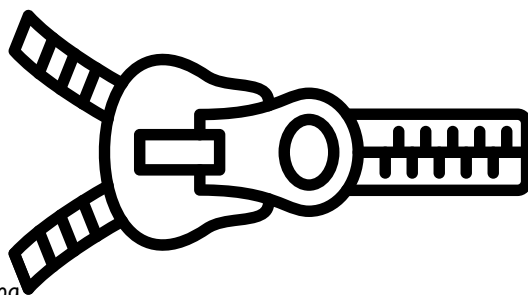
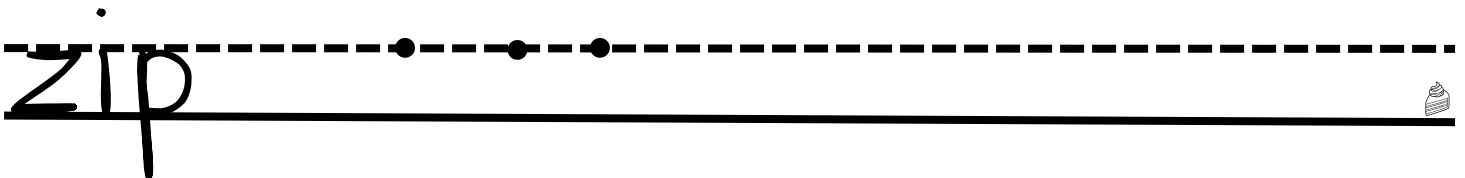
These letters zig and zag from the middle line. They never go straight up and down.

v, w, z

The letter z loves to zoom towards the cake! He always starts at the middle line with a short across motion, zooms back to bottom line at the front, then zooms towards the cake with another across motion. Zig forwards, zag back to the bottom line, and zoom to the end.



Make a new word to practice.

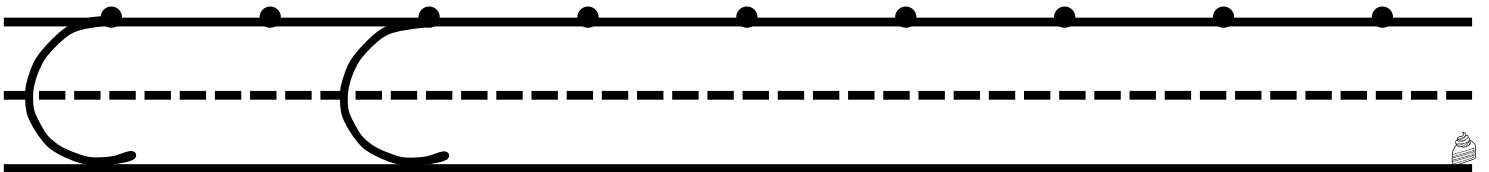
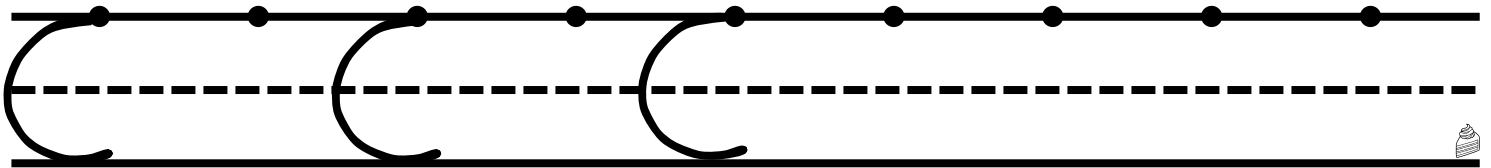
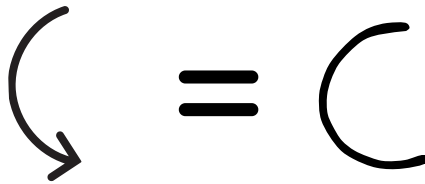


Copycat Capitals

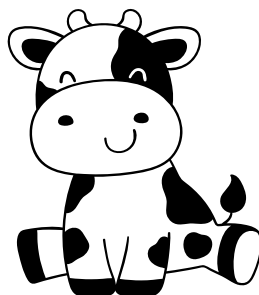
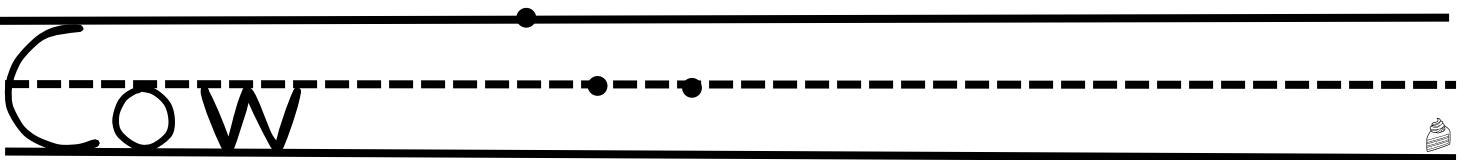
These letters look just like their lowercase friends, only they start at the top line and any crossing is done in the middle.

C, J, K, O, P, S, V, W, X, Z

The letter c starts at the top line and goes around to the left, stopping once it reaches the bottom. It doesn't get to go all the way around yet. The c starts the circle but stops halfway.



Make a new word to practice.

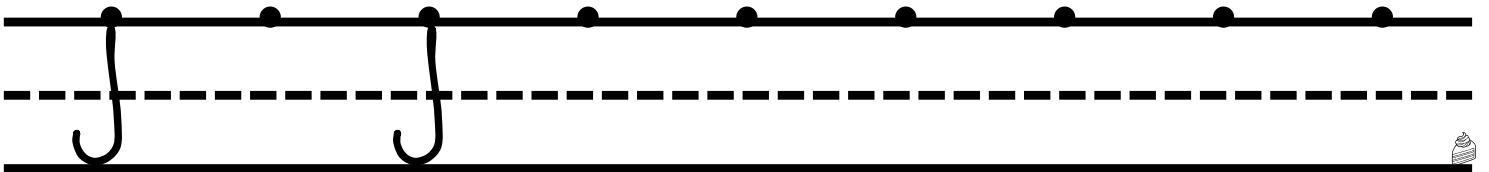
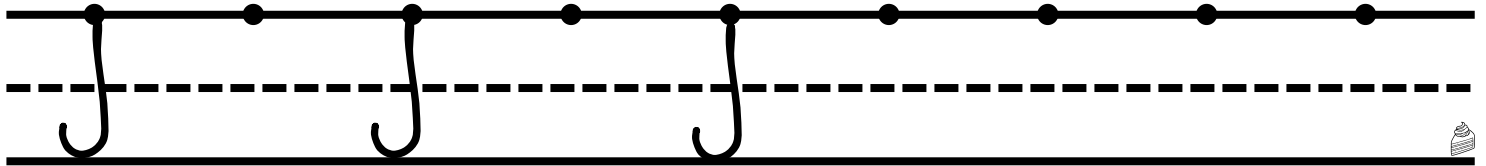
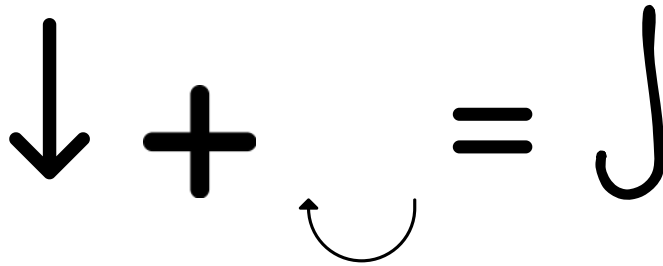


Copycat Capitals

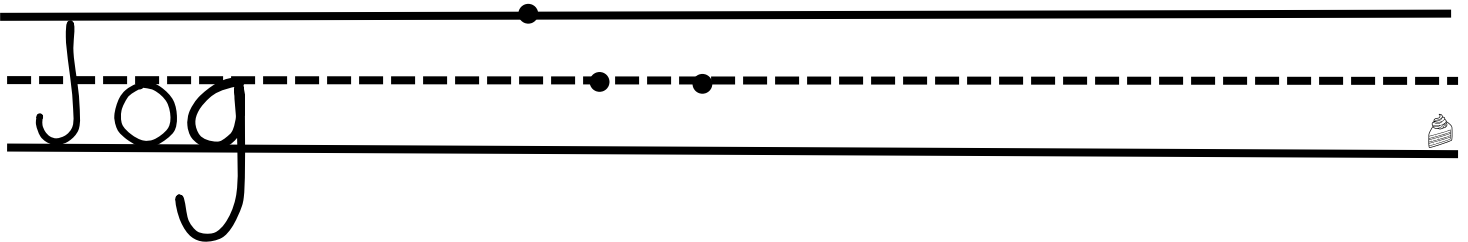
These letters look just like their lowercase friends, only they start at the top line and any crossing is done in the middle.

C, J, K, O, P, S, V, W, X, Z

Uppercase J goes down, down, down from the top line, almost touching the bottom, and then looks back at the start with a smile. Same shape as j, but there's no dot at the top.



Make a new word to practice.



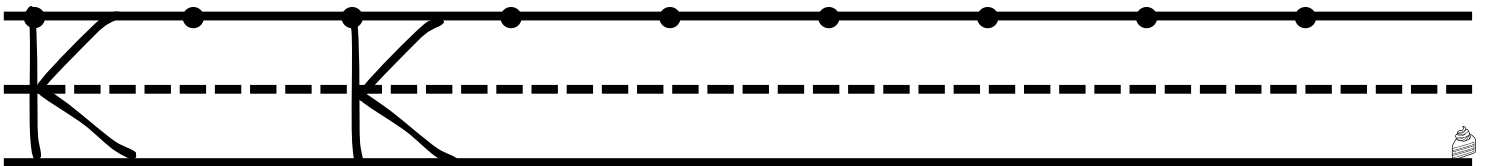
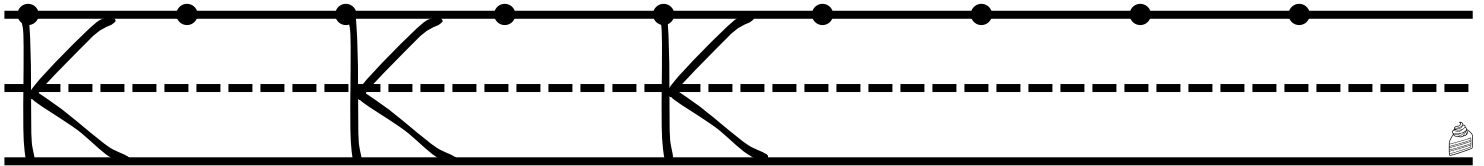
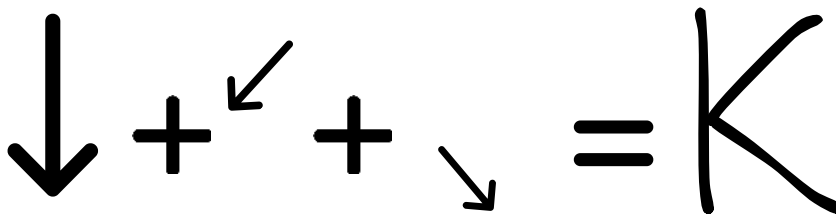
Copycat Capitals

These letters look just like their lowercase friends, only they start at the top line and any crossing is done in the middle.

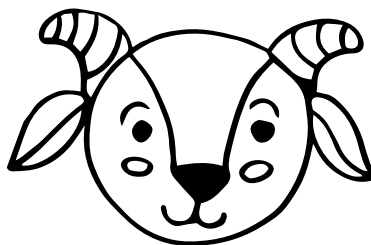
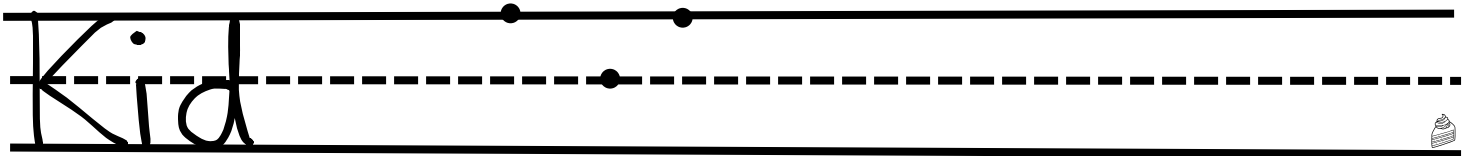
C, J, K, O, P, S, V, W, X, Z

Uppercase K starts at the top line and goes down, down, down to the bottom and stops.

The k then scores a goal — it starts at the top line again just a ways out, scores a kick in the middle, then bounces back to the bottom line to line up again.



Make a new word to practice.

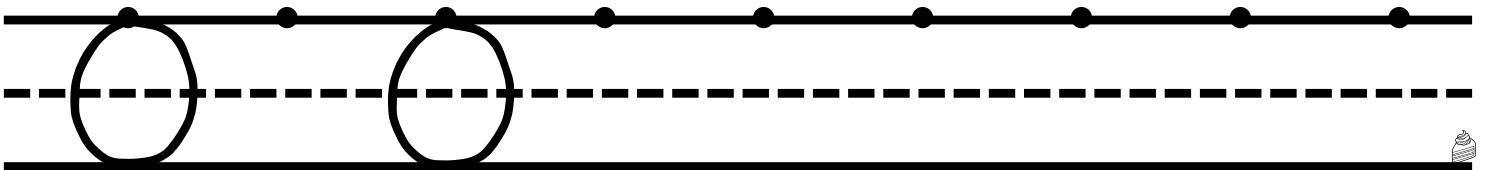
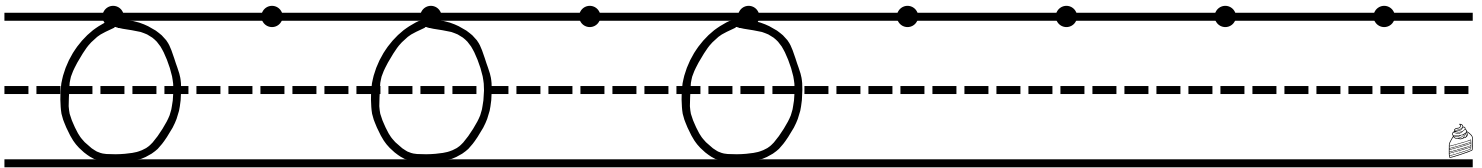
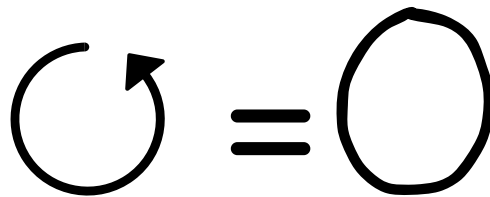


Copycat Capitals

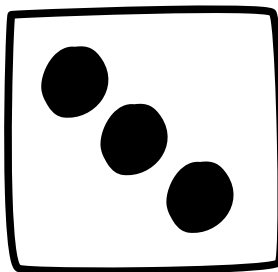
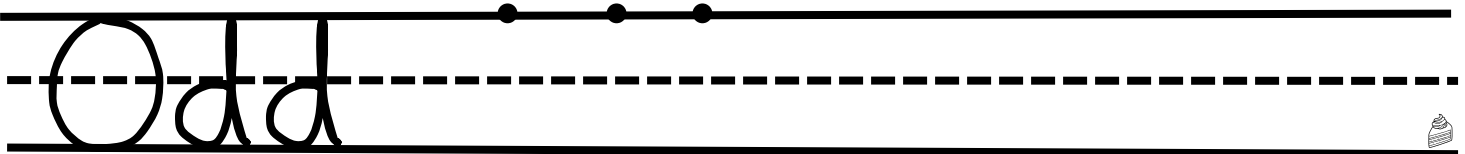
These letters look just like their lowercase friends, only they start at the top line and any crossing is done in the middle.

C, J, K, O, P, S, V, W, X, Z

The letter o starts at the top line and goes around to the left, making the full oval. Round and around and around it goes until it closes.



Make a new word to practice.

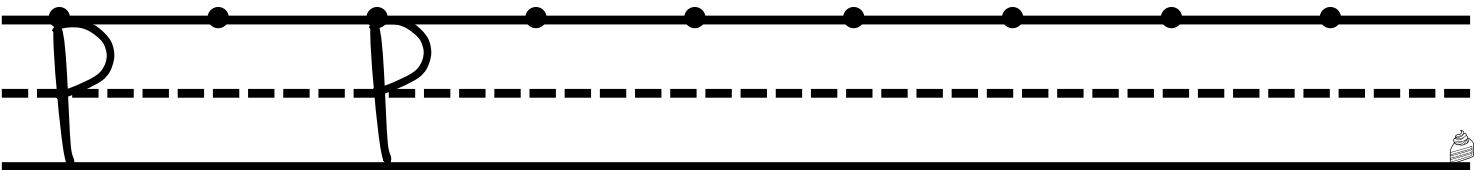
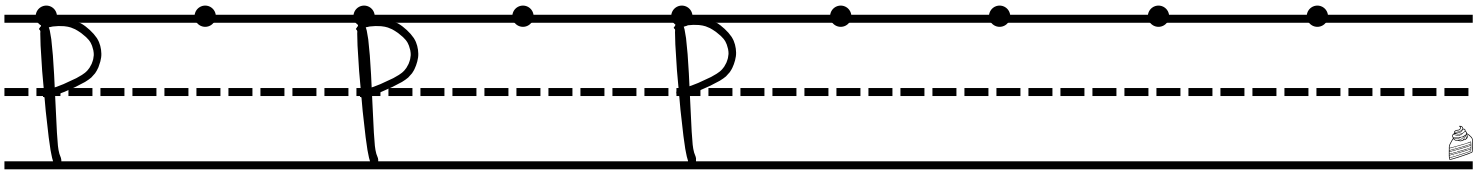
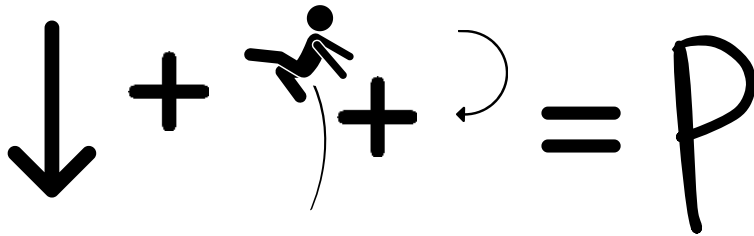


Copycat Capitals

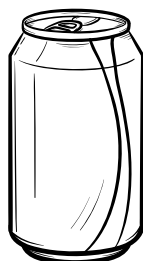
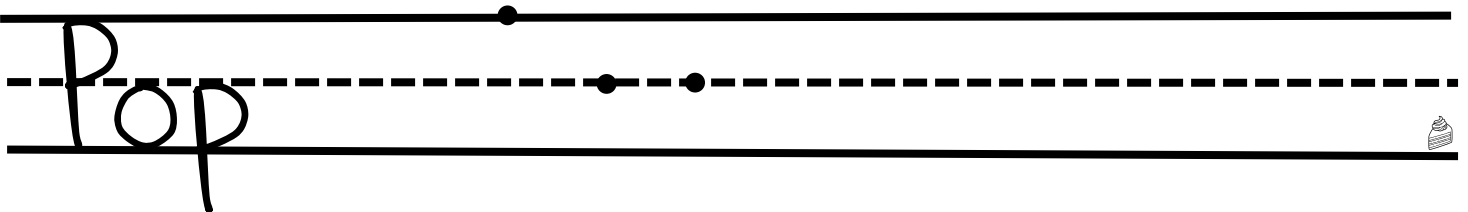
These letters look just like their lowercase friends, only they start at the top line and any crossing is done in the middle.

C, J, K, O, P, S, V, W, X, Z

The letter P starts at the top line and goes down, down, down to the bottom line. Then it jumps back up to the top line and then does a backwards c from the top line to the middle line.



Make a new word to practice.

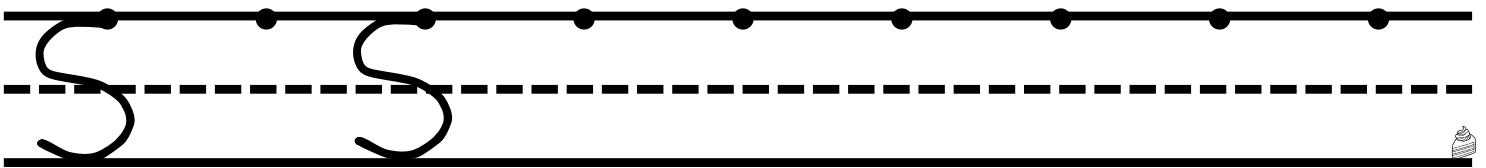
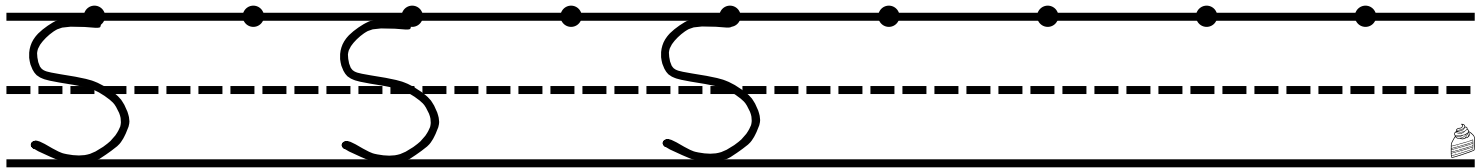
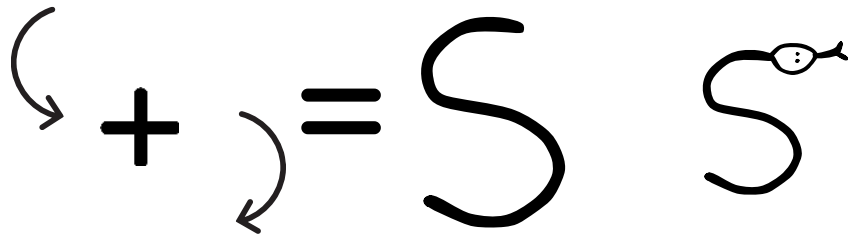


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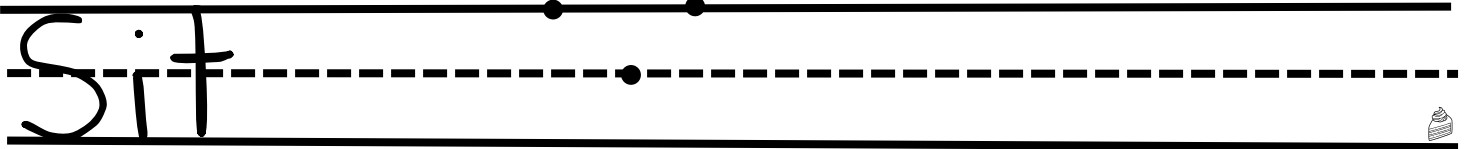
These letters look just like their lowercase friends, only they start at the top line and any crossing is done in the middle.

C, J, K, O, P, S, V, W, X, Z

The letter s is our snake letter - it starts on the top line with a lowercase c then turns back so the tail (a backwards c) faces the start of your words. The snake always wants to look ahead, so the mini c has to face front on top.



Make a new word to practice.

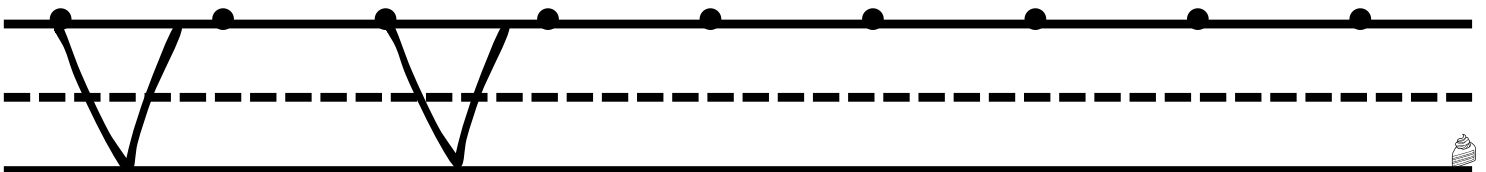
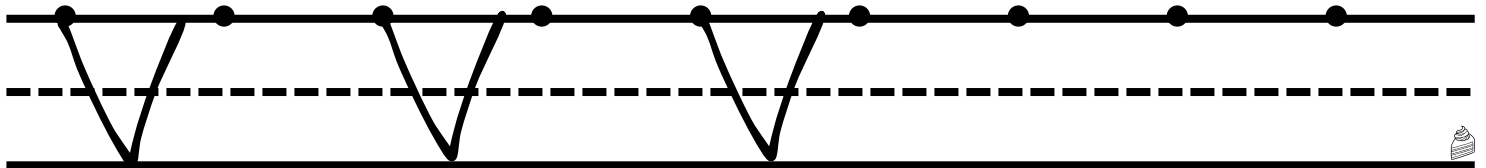
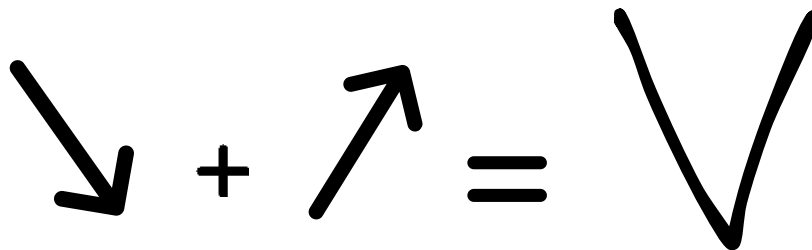


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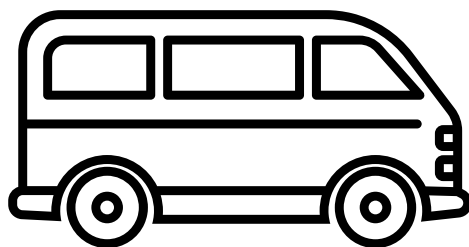
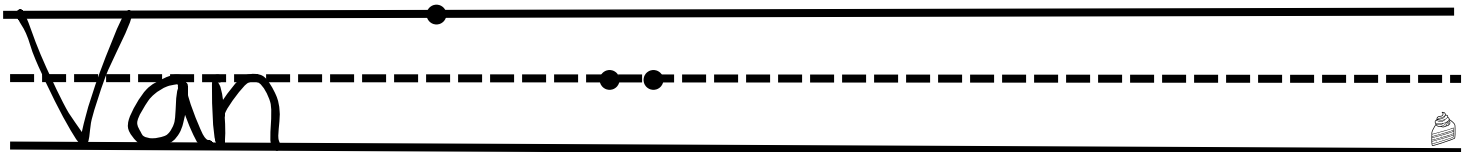
These letters look just like their lowercase friends, only they start at the top line and any crossing is done in the middle.

C, J, K, O, P, S, V, W, X, Z

The uppercase V starts at the top, angles down then bounces back at the same angle going the other way. It zigs its way down, never straight, and zags back, always at an angle.



Make a new word to practice.

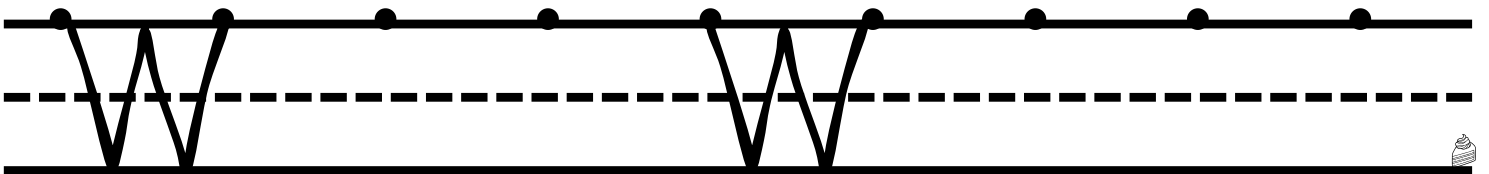
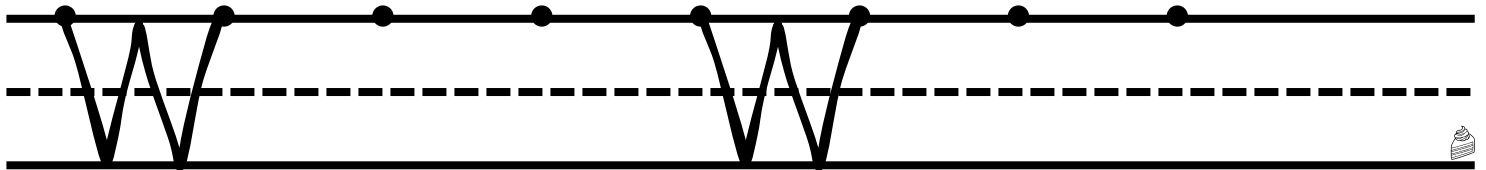
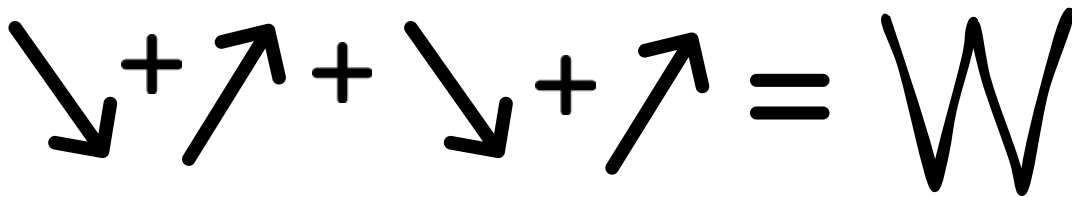


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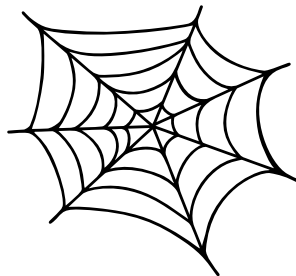
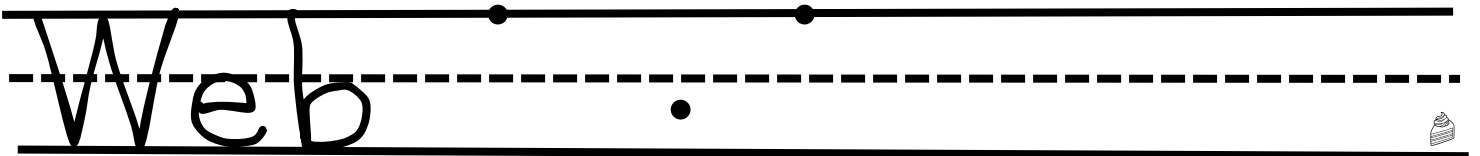
These letters look just like their lowercase friends, only they start at the top line and any crossing is done in the middle.

C, J, K, O, P, S, V, W, X, Z

The capital W is still 2 uppercase V shapes without any space in between. The W starts at the top, angles down then bounces back at the same angle going the other way, then does it all again. It zigs its way down, never straight, and zags back, always at an angle. Start and end at a dot for practice.



Make a new word to practice.

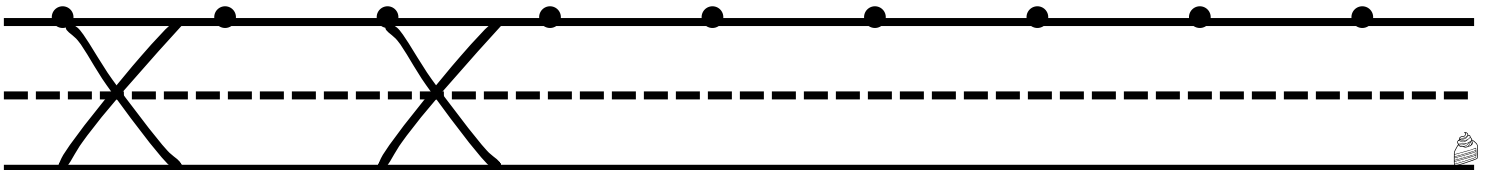
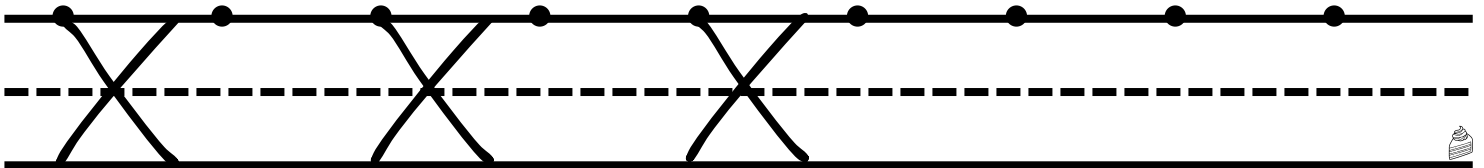
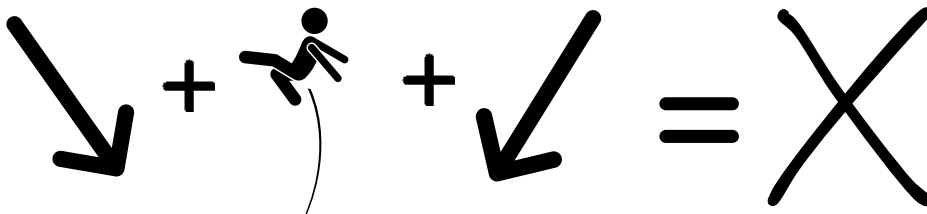


Copycat Capitals

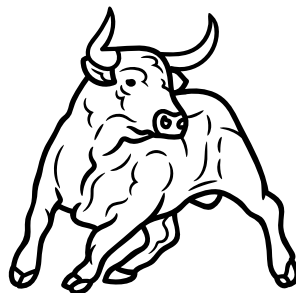
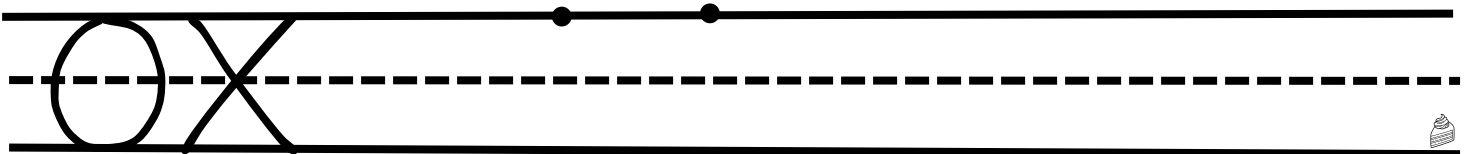
These letters look just like their lowercase friends, only they start at the top line and any crossing is done in the middle.

C, J, K, O, P, S, V, W, X, Z

The letter x is a zig crossing with a zag at the middle line. Zig a diagonal from the top line down to the right, then the pencil will jump straight up to the top line above the bottom of the zig, and zag a diagonal down to the left. Lefties can reverse this order.



Make a new word to practice.

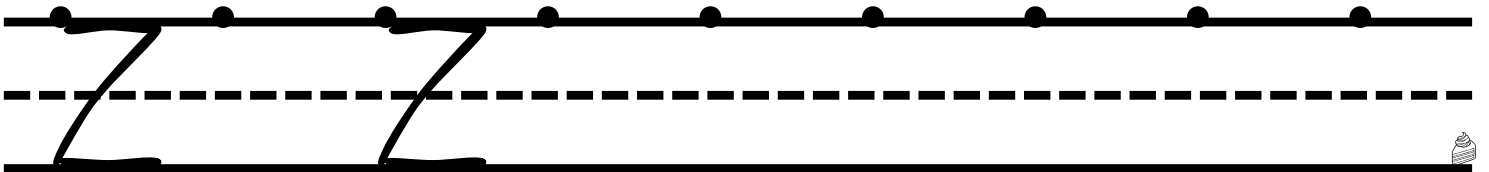
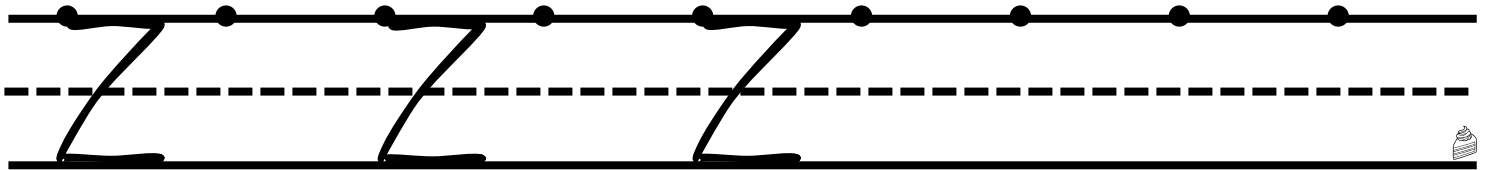
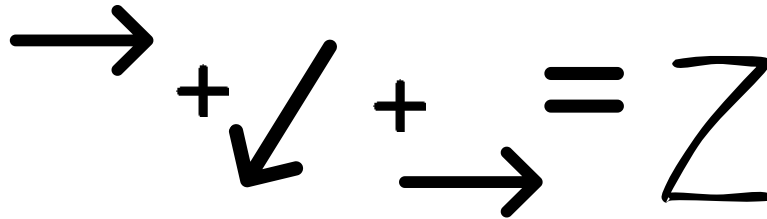


Copycat Capitals

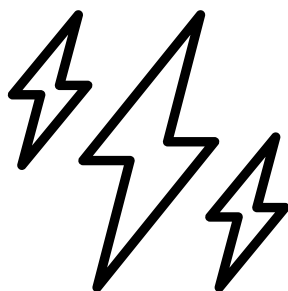
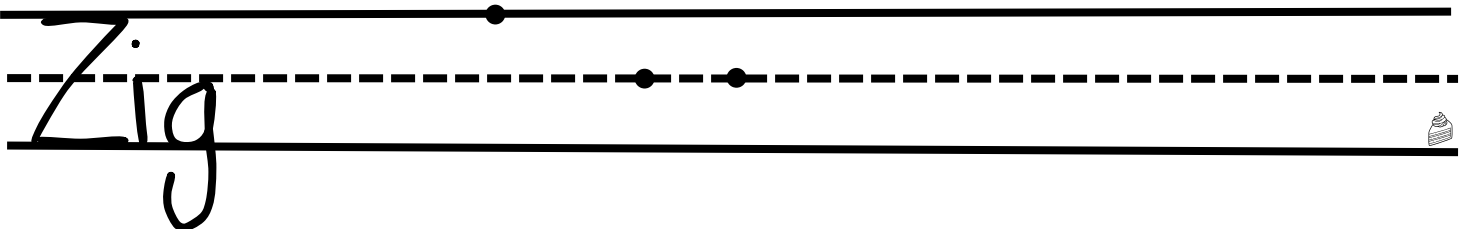
These letters look just like their lowercase friends, only they start at the top line and any crossing is done in the middle.

C, J, K, O, P, S, V, W, X, Z

The uppercase Z also loves to zoom towards the cake! He always starts at the top line with a short across motion, zooms back to bottom line at the front, then zooms towards the cake with another across motion. Zig forwards, zag back to the bottom line, and zoom to the end.



Make a new word to practice.

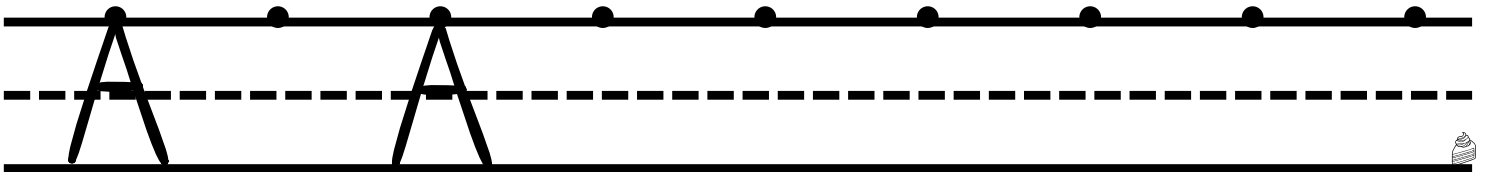
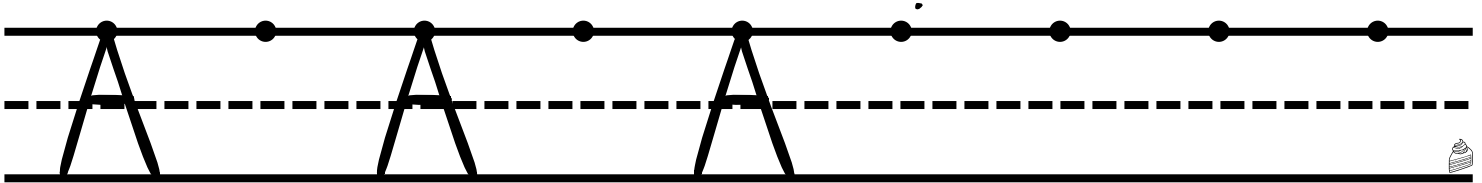
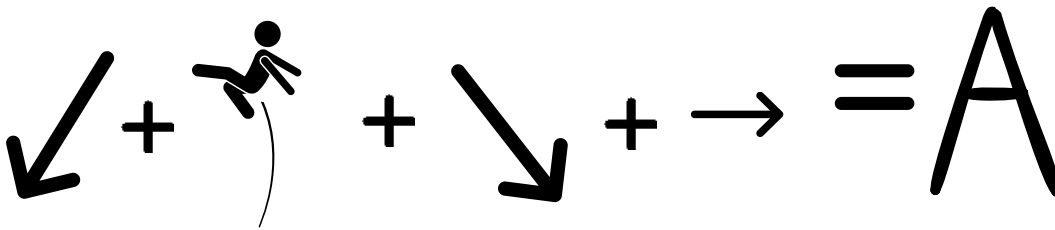


Zig Zag Capitals

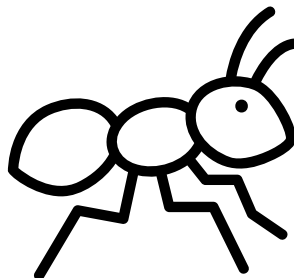
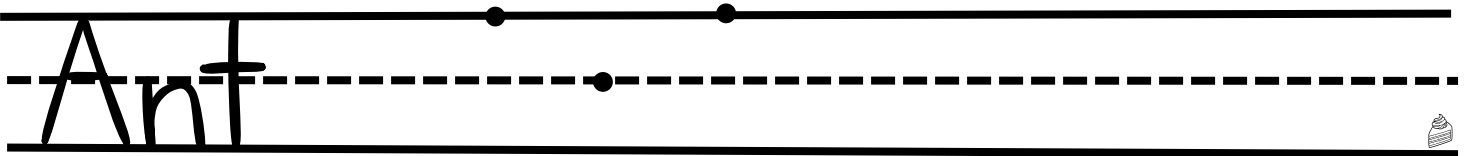
These letters use zig-zag lines with a jump back to the top to make their capital shapes.

A, M, N, Y

The uppercase A starts at the top line, zigs down to the left, jumps right back up to where it started, and zags the other way. After both the zig-zag lines touch the bottom, there's a zoom across line at the middle line. A has no vertical lines.



Make a new word to practice.

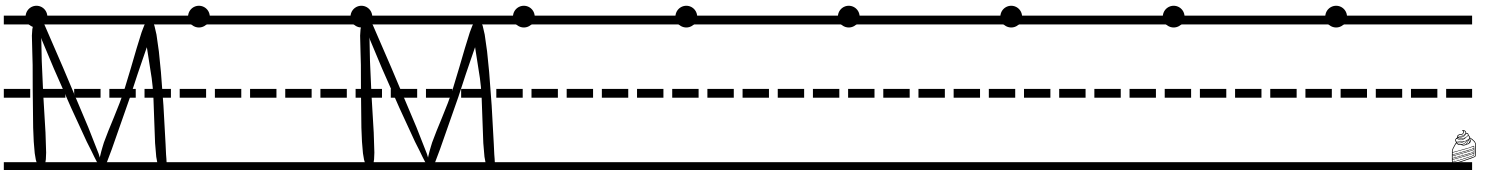
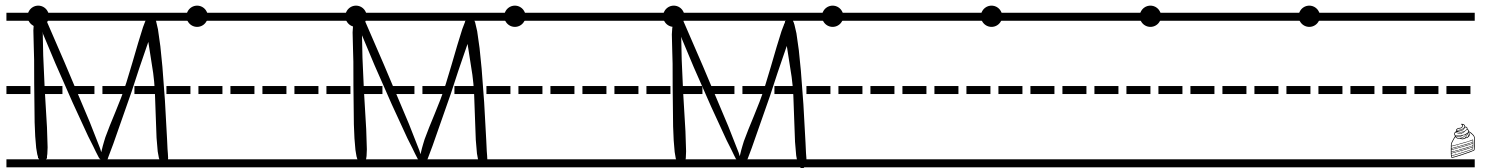
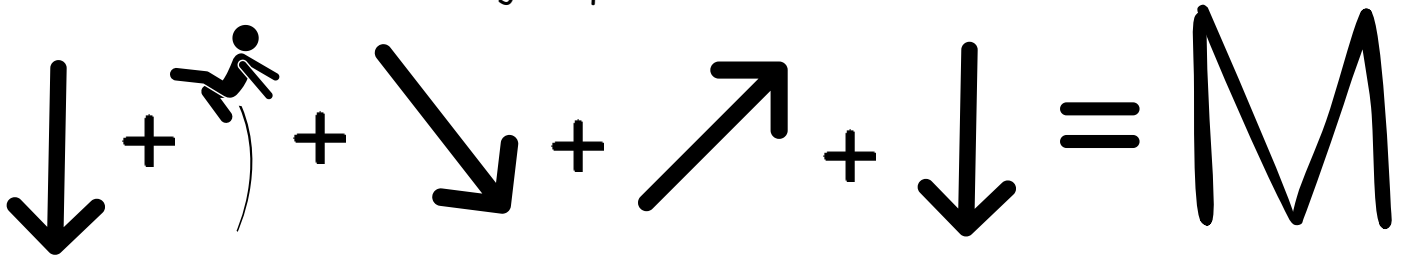


Zig Zag Capitals

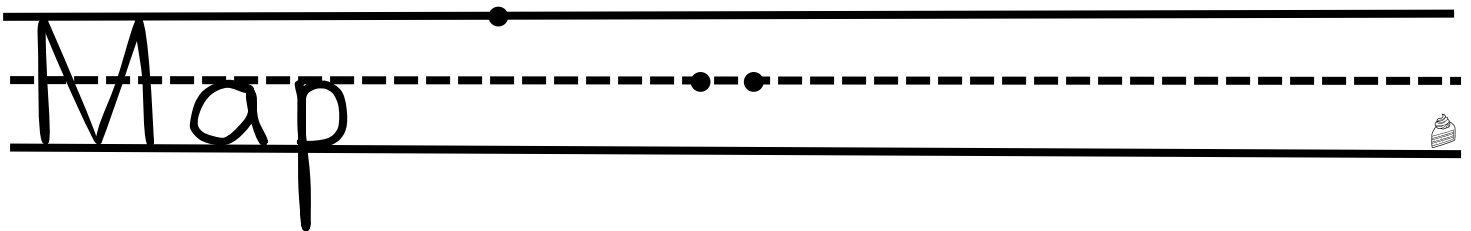
These letters use zig-zag lines with a jump back to the top to make their capital shapes.

A, M, N, Y

The uppercase M starts at the top and goes down, down down to the bottom line. Then you jump right back to the start, zig to the bottom, zag back to the top, and drop back to the bottom, ending by going down, down, down. The start and end lines are straight up and down.



Make a new word to practice.

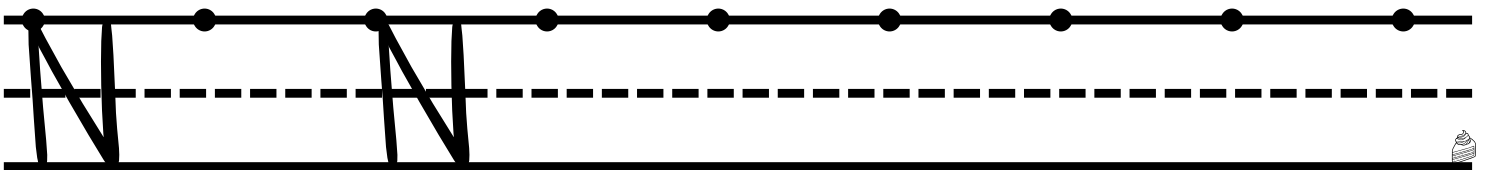
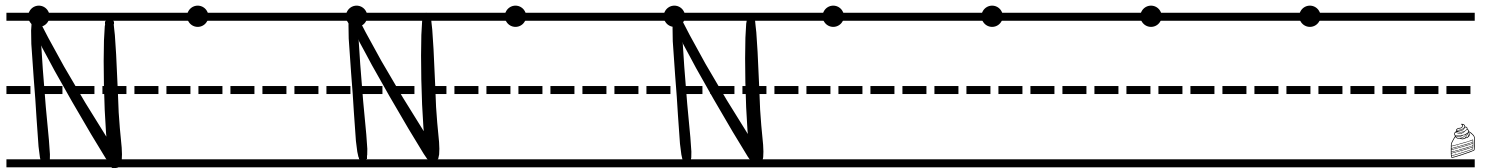
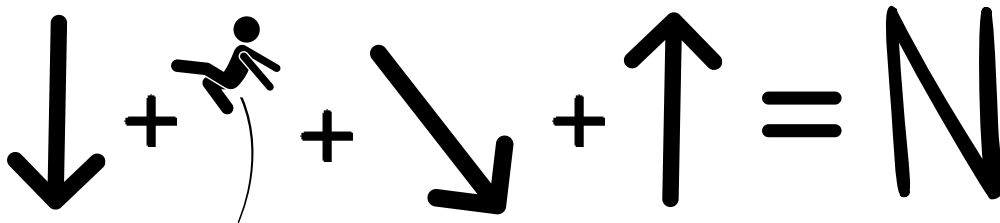


Zig Zag Capitals

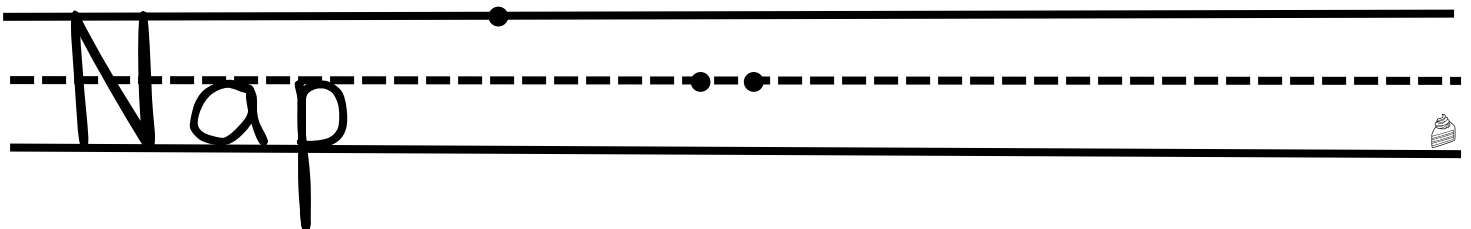
These letters use zig-zag lines with a jump back to the top to make their capital shapes.

A, M, N, Y

The uppercase N starts at the top and goes down, down down to the bottom line. Then you jump right back to the start, zig to the right toward the cake, then bounce right back up to the top line. Straight lines go on either side.



Make a new word to practice.

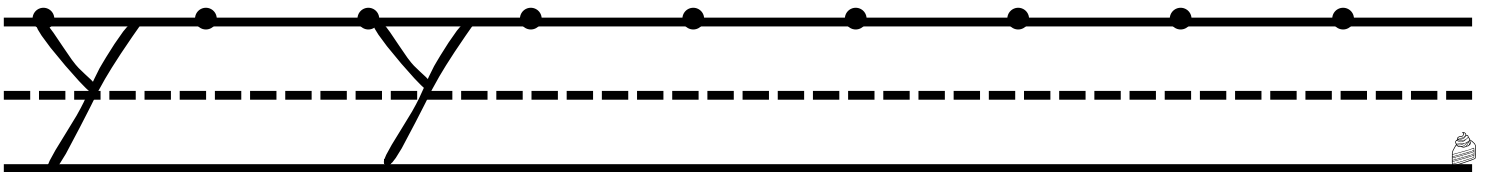
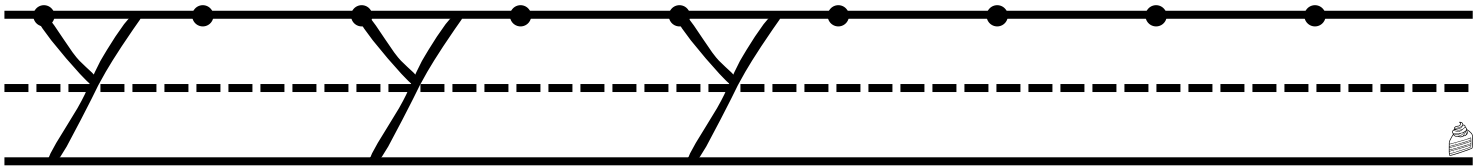
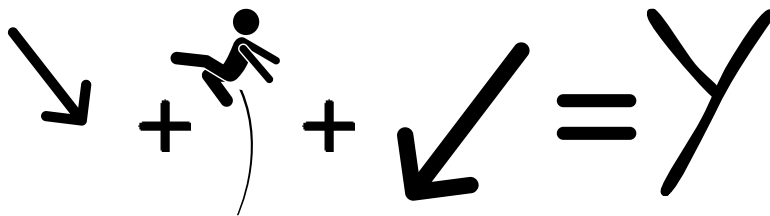


Zig Zag Capitals

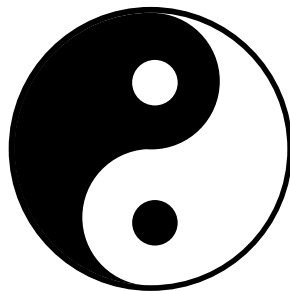
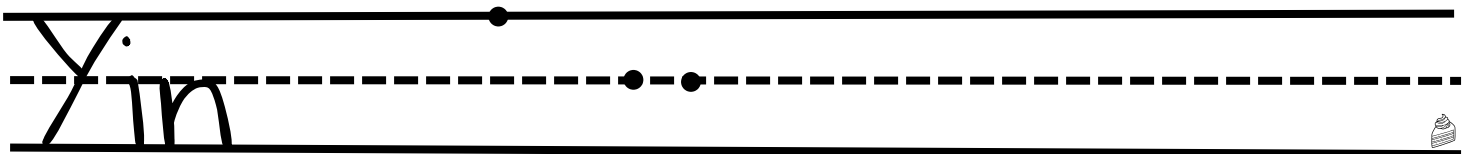
These letters use zig-zag lines with a jump back to the top to make their capital shapes.

A, M, N, Y

The uppercase Y starts at the top line. It zigs to the middle, jumps all the way back to the top and a little to the right, then zags down from the top to the bottom line, meeting in the middle. Y can also be done like lowercase if that's better for your brain.



Make a new word to practice.



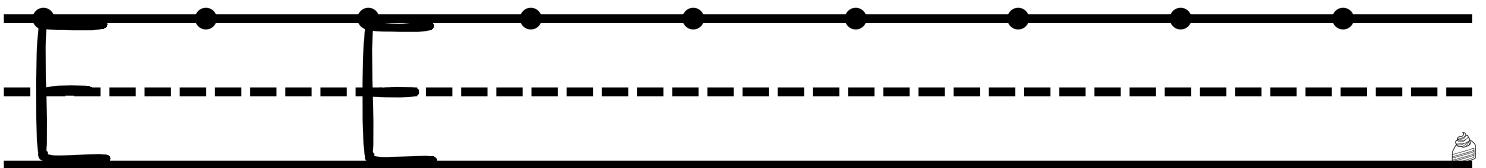
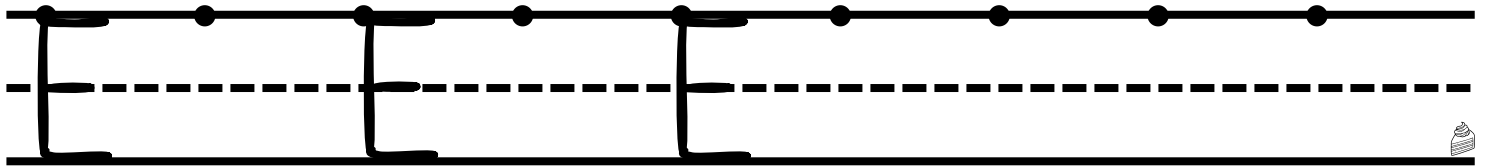
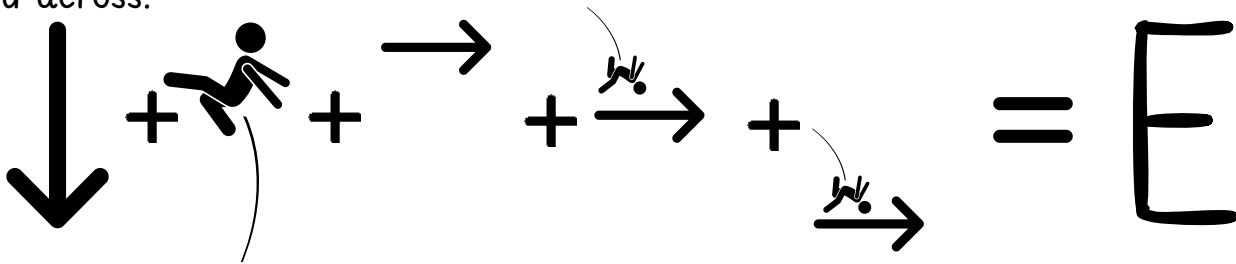
Down and Across Letters

These letters go down, down, down first then jump back up or make a change to go across. Straight up and down and side to side lines only.

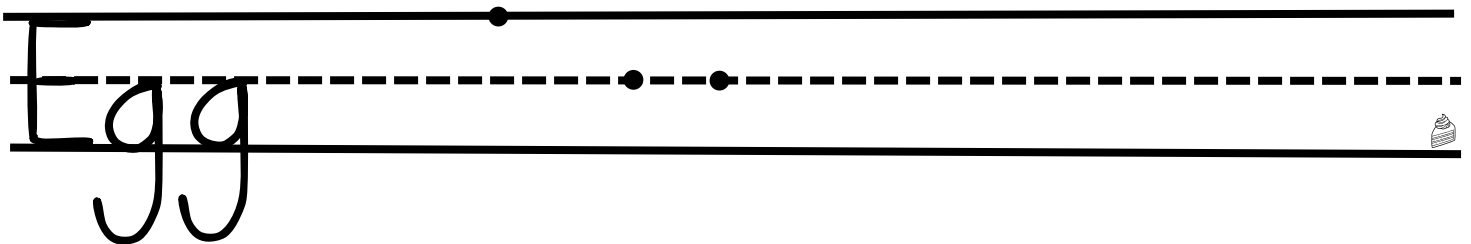
E, F, H, I, L, T

The uppercase E, which rhymes with 3, has three lines going across it. It goes down, down, down from the top line, then jumps to the top, goes across, jumps back down to the middle line, goes across, and jumps down again to the bottom, then goes across one last time. Lefties, go the opposite way for the across lines.

E: Down, down, down, jump up and across, jump down and across, jump down and across.



Make a new word to practice.

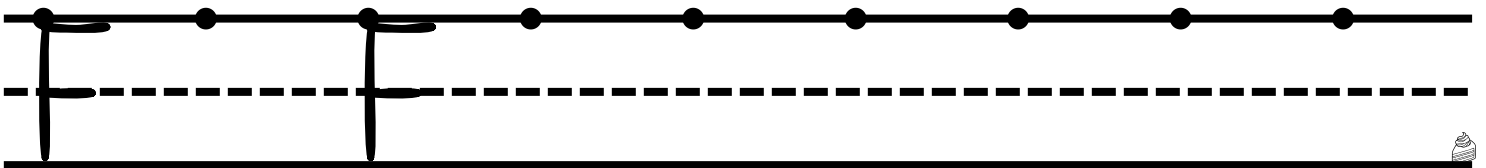
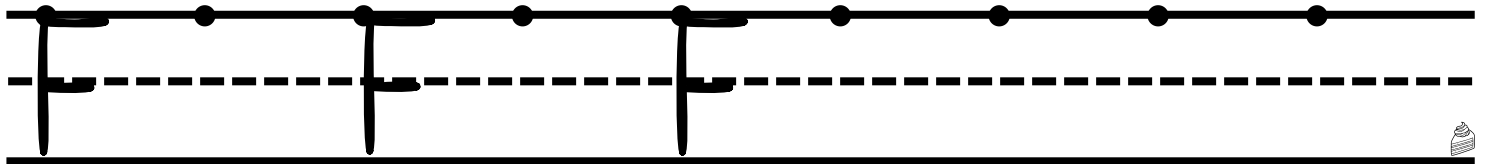
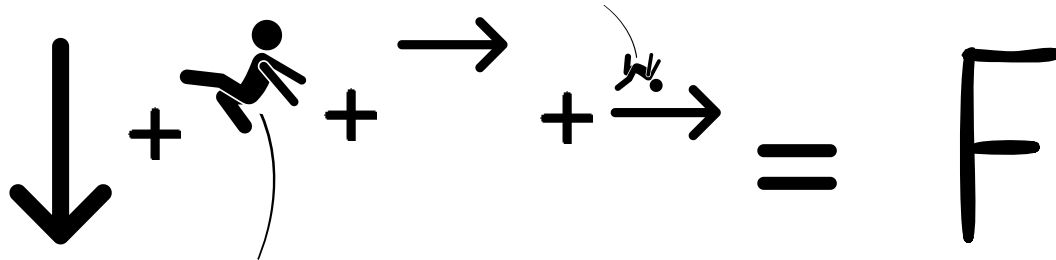


Down and Across Letters

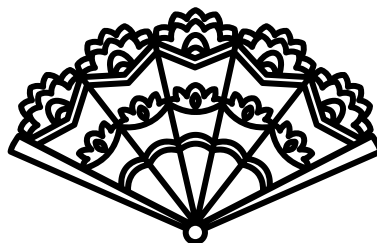
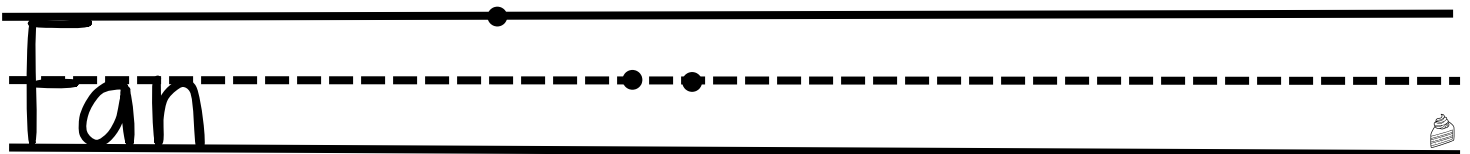
These letters go down, down, down first then jump back up or make a change to go across. Straight up and down and side to side lines only.

E, F, H, I, L, T

The uppercase F only has 2 lines going across it. It goes down, down, down from the top line, then jumps to the top, goes across, and finally jumps back down to the middle line, goes across, and that's it. Lefties, go the opposite way for the across lines. F: Down, down, down, jump up and across, jump down and across.



Make a new word to practice.

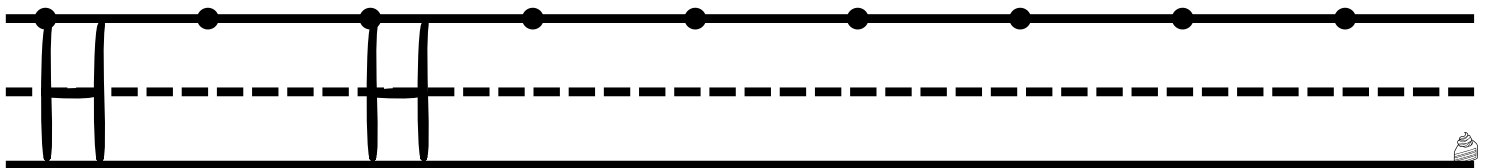
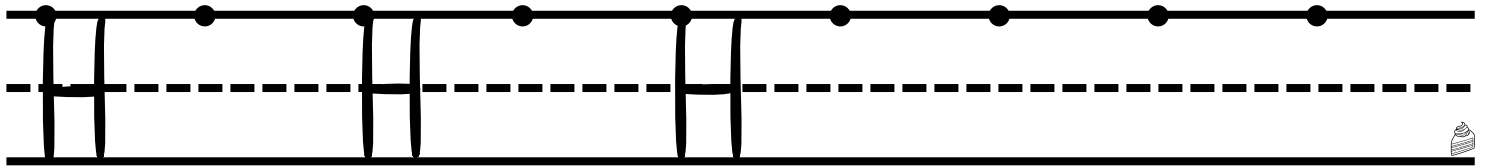
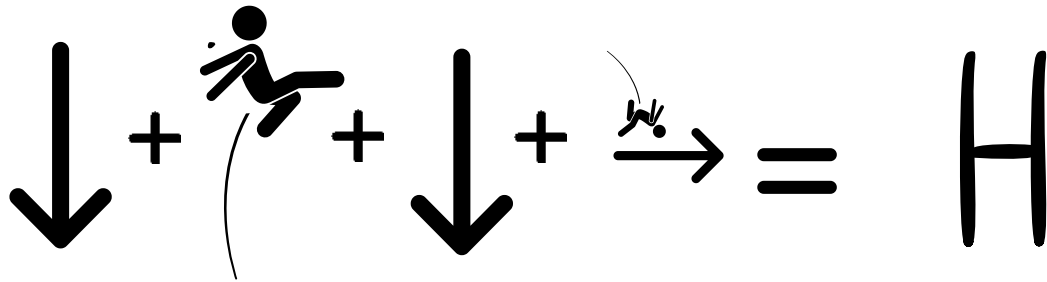


Down and Across Letters

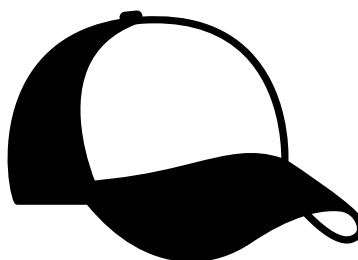
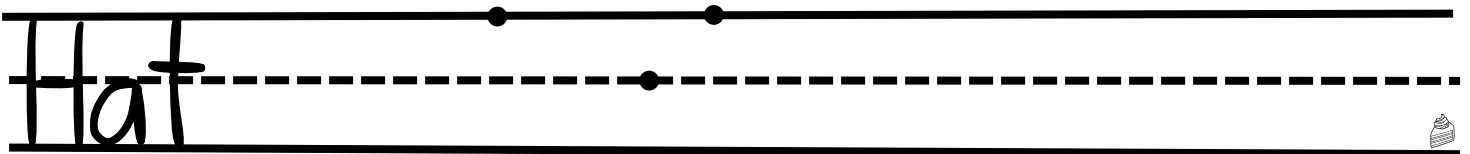
These letters go down, down, down first then jump back up or make a change to go across. Straight up and down and side to side lines only.

E, F, H, I, L, T

The uppercase H goes down, down, down from the top line, jumps back over a bit to the top, then goes down, down, down to the bottom. An across line goes between the two down lines, making a ladder rung right in the middle on the dotted line. Lefties, go the opposite way for the across lines.



Make a new word to practice.

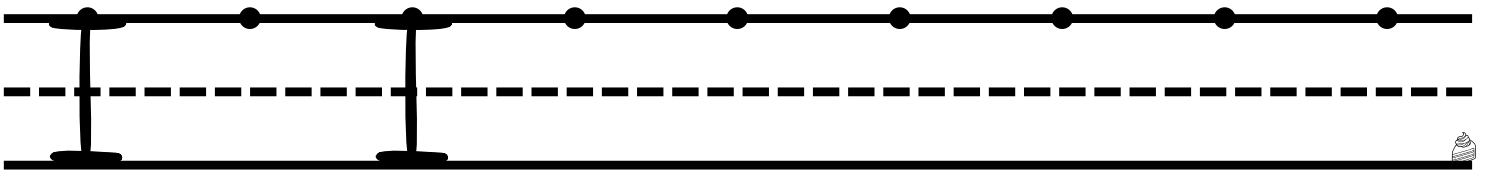
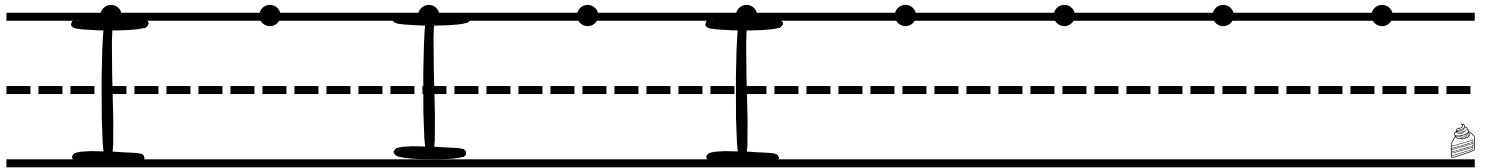
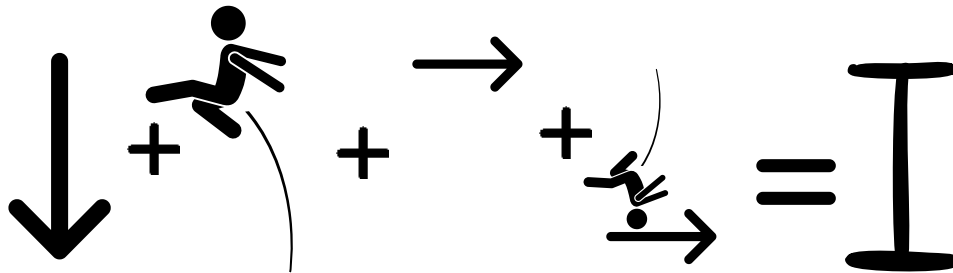


Down and Across Letters

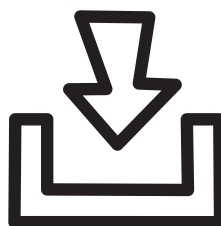
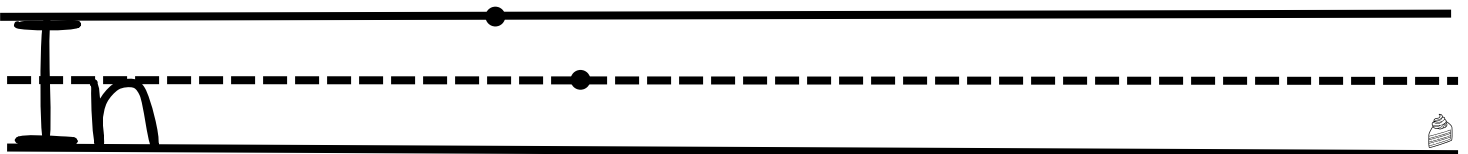
These letters go down, down, down first then jump back up or make a change to go across. Straight up and down and side to side lines only.

E, F, H, I, L, T

The uppercase I goes down, down, down from the top line, then jumps back up to the top line to put on a little hat before jumping all the way down to the bottom line to put on little shoes with across lines. The hat and shoes should be the same size. Lefties, go the opposite way for the across lines.



Make a new word to practice.

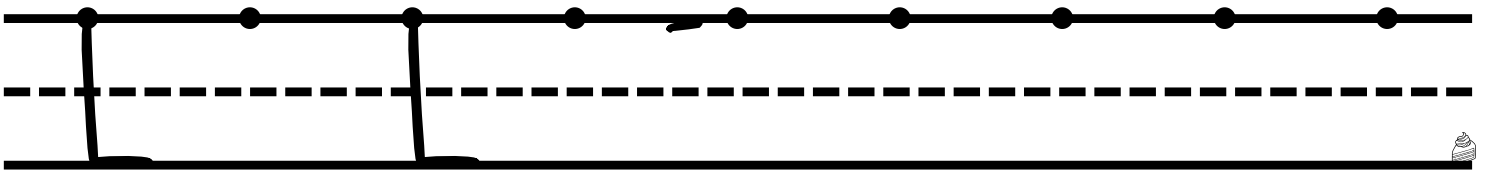
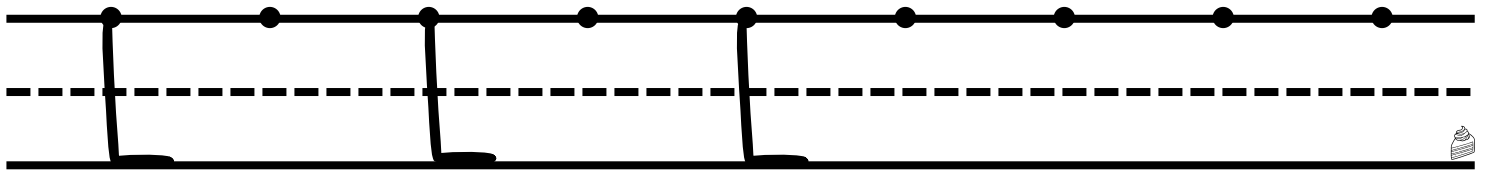
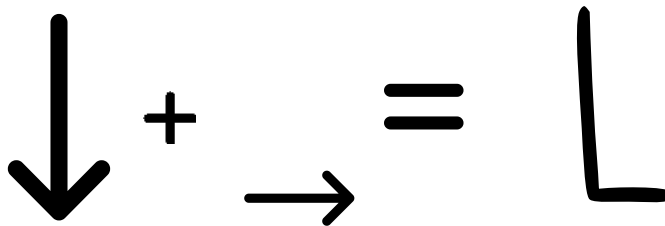


Down and Across Letters

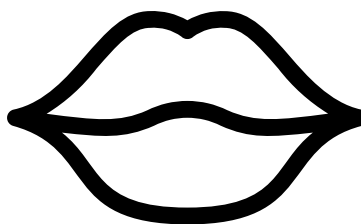
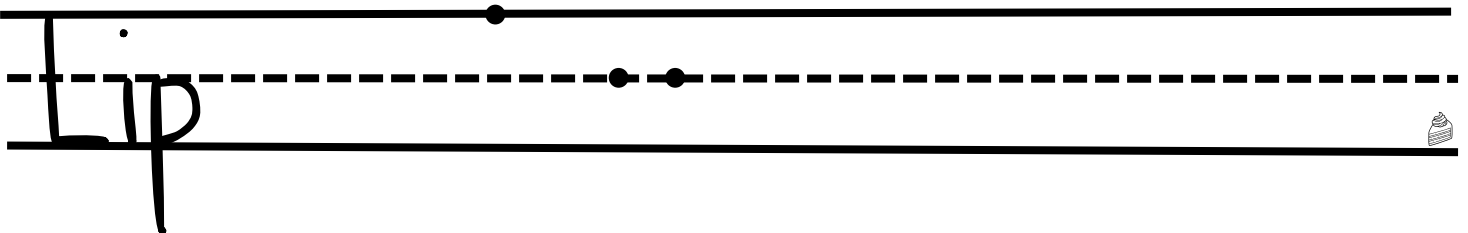
These letters go down, down, down first then jump back up or make a change to go across. Straight up and down and side to side lines only.

E, F, H, I, L, T

The uppercase L goes down, down, down, then across, no jumps or lifts required. It has a little line at the bottom, not too long.



Make a new word to practice.

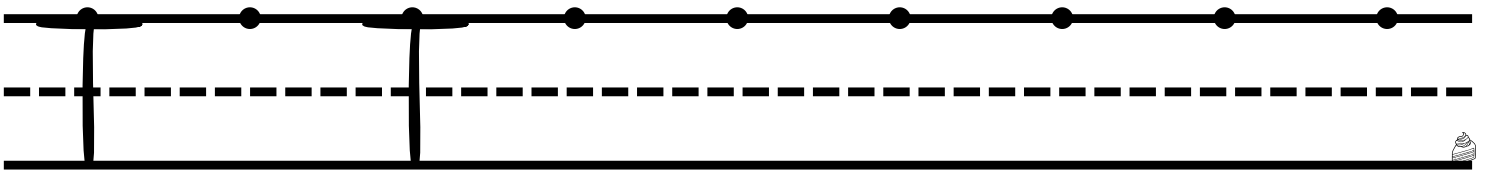
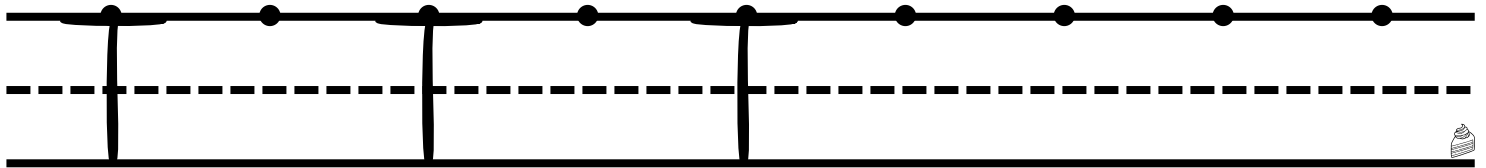
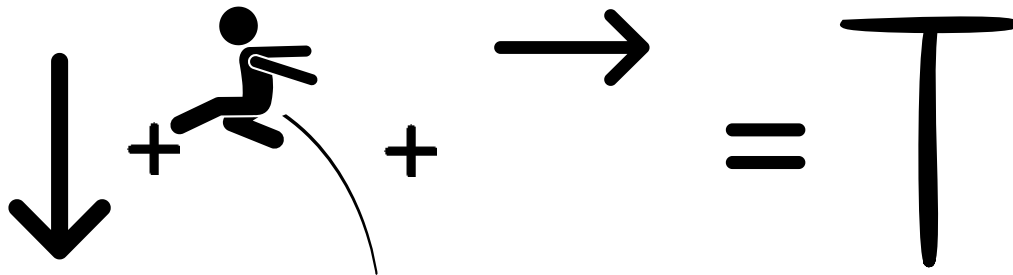


Down and Across Letters

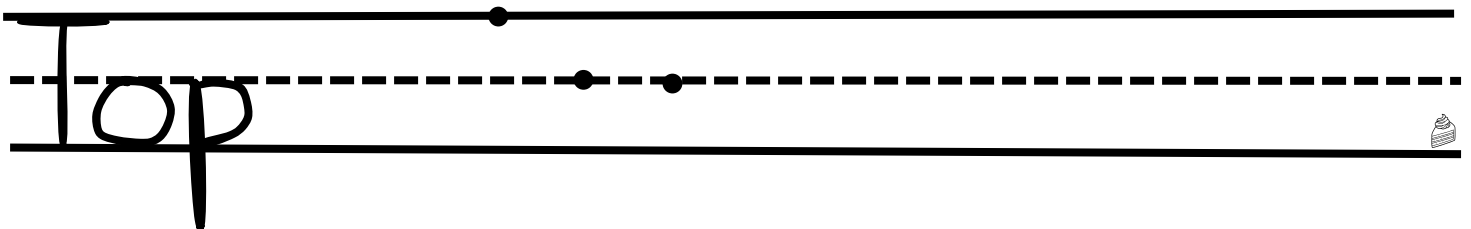
These letters go down, down, down first then jump back up or make a change to go across. Straight up and down and side to side lines only.

E, F, H, I, L, T

The uppercase T goes down, down, down from the top line, then jumps back up towards the start to put on a balanced top line hat going straight across. Left and right should be about the same size. Lefties, go the opposite way for the across lines.



Make a new word to practice.

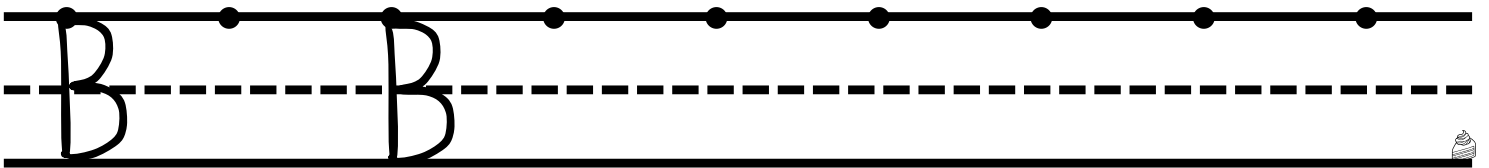
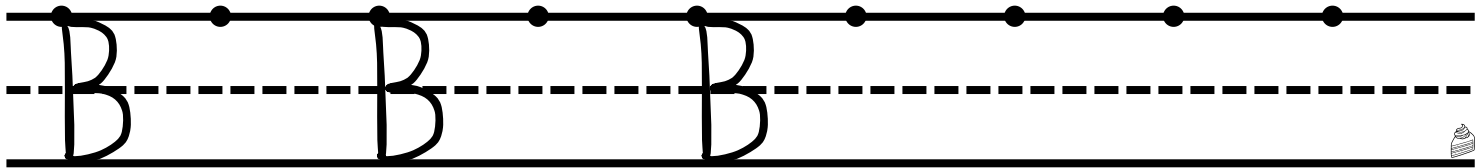
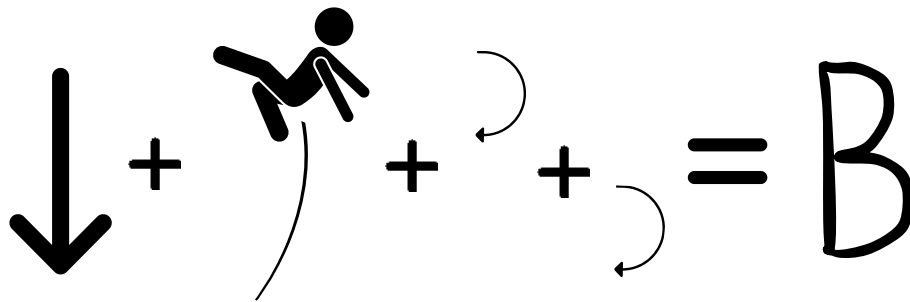


The Bumpity Buds

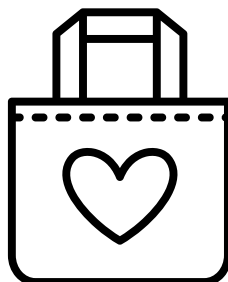
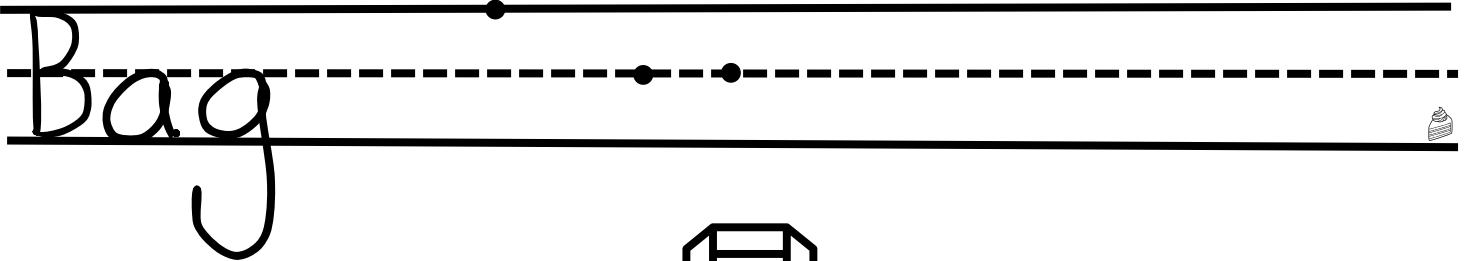
The letters go down, down, down, then jump back up for a bump around first. P is also a bumpity bud letter.

B, D, R

The uppercase B goes down, down, down from the top line, then jumps back up to go bumpity-bump from the top line, bouncing off the middle and closing at the bottom. It has 2 same sized bumps and starts like a P.



Make a new word to practice.

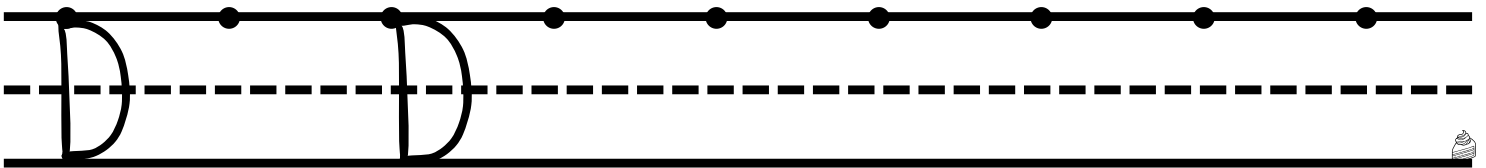
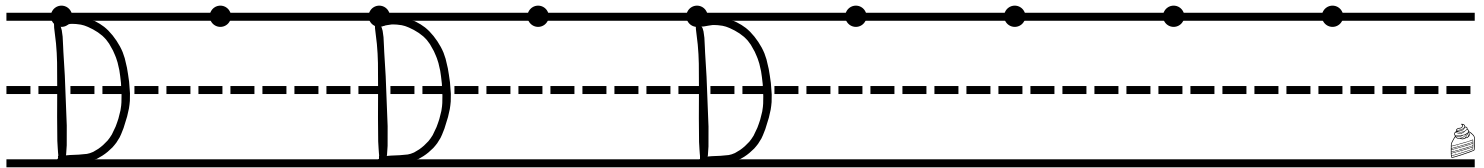
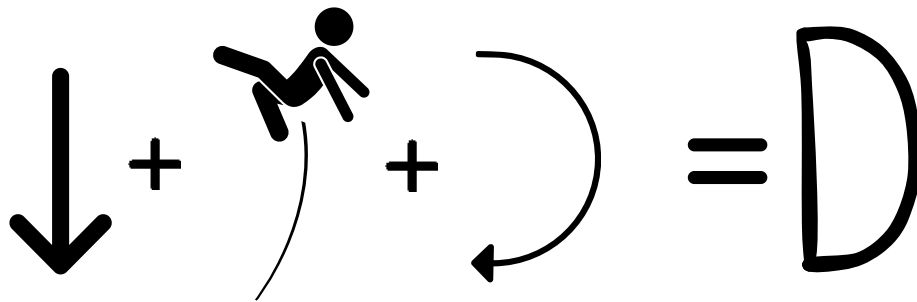


The Bumpity Buds

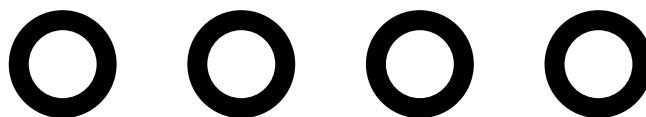
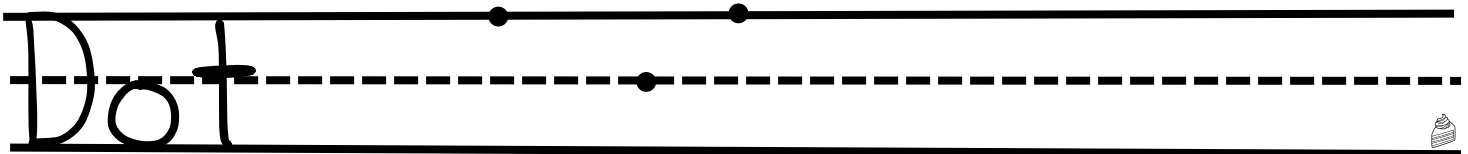
The letters go down, down, down, then jump back up for a bump around first. P is also a bumpity bud letter.

B, D, R

The uppercase D goes down, down, down from the top line, then jumps back up to go bump from the top line making a big bounce all the way to the bottom.



Make a new word to practice.

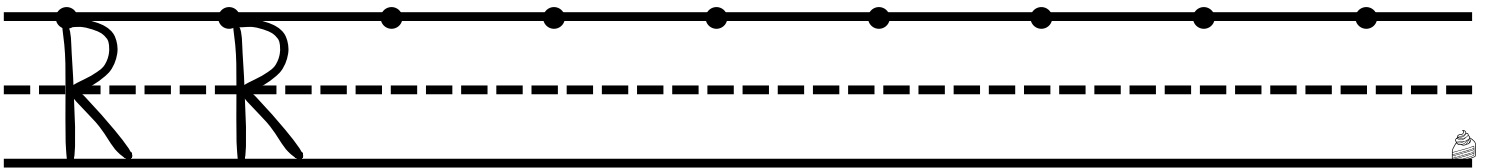
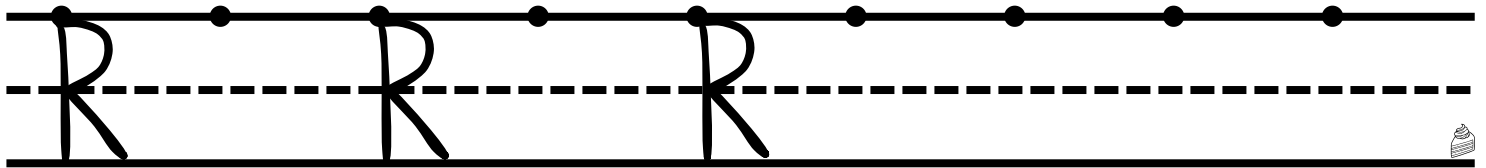
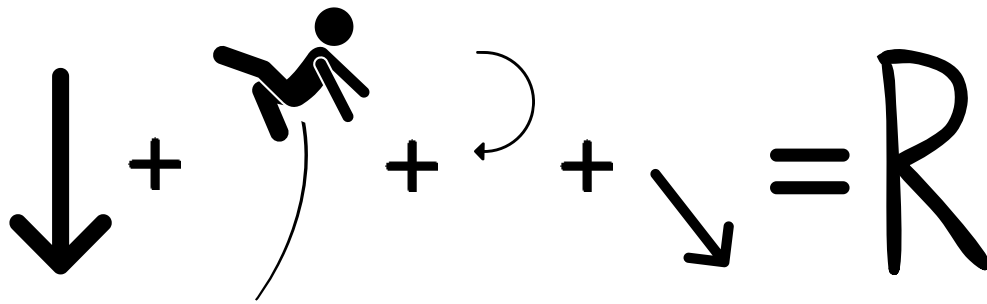


The Bumpity Buds

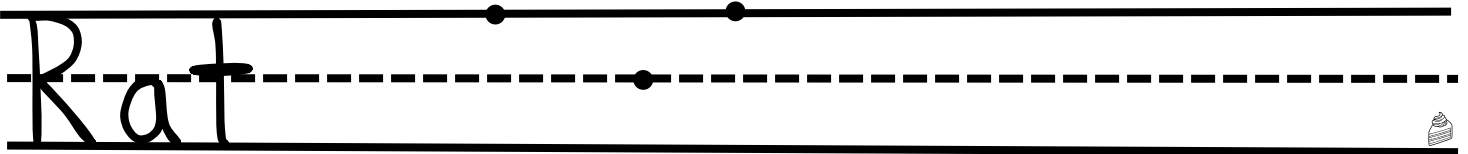
The letters go down, down, down, then jump back up for a bump around first. P is also a bumpity bud letter.

B, D, R

The uppercase R goes down, down, down from the top line, then jumps back up to go bumpity-kick from the top line, bouncing in toward the middle line and kicking out to the bottom with a zig. It starts like P then kicks its way to the bottom.



Make a new word to practice.

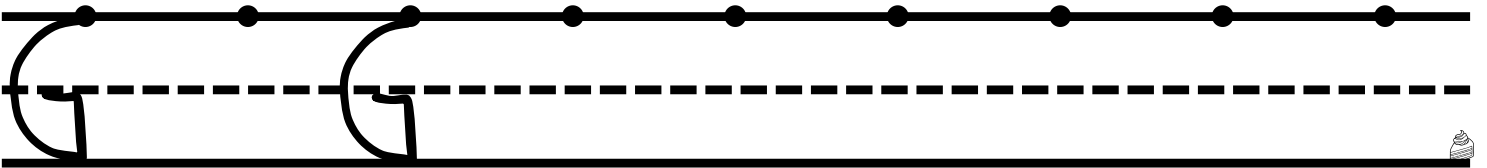
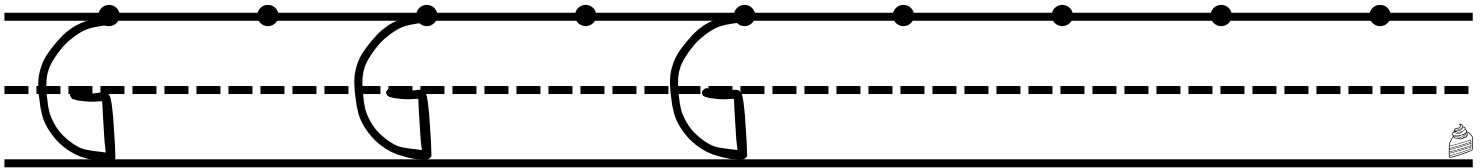
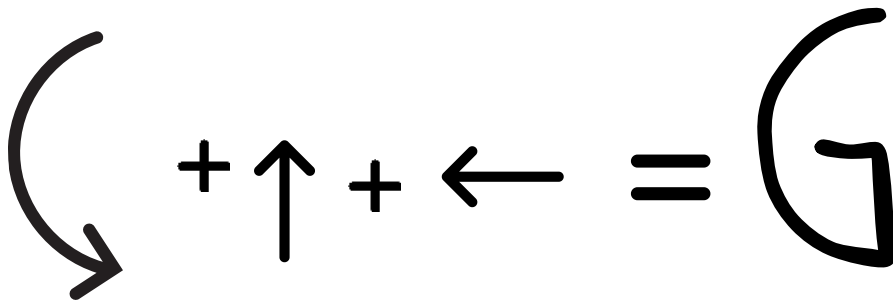


The Quiet Guys are Up

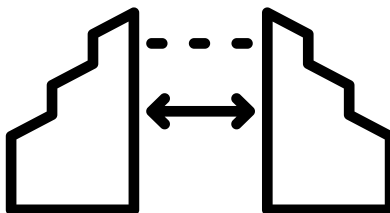
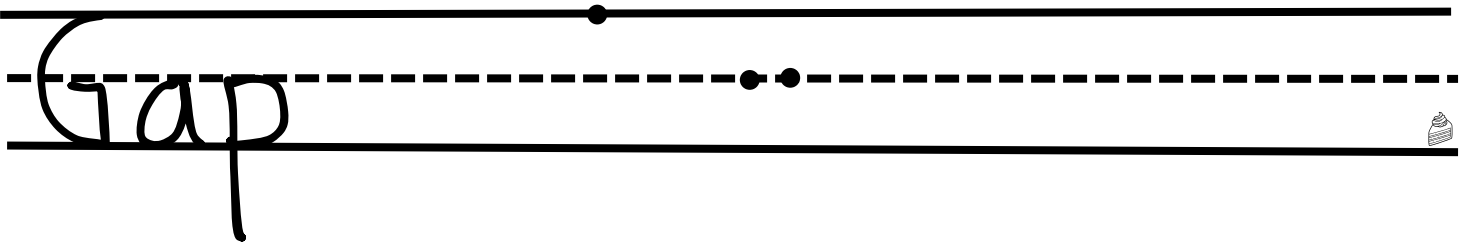
These letters do their own thing.

G, Q, U

The G starts like a C then bounces up to the middle line. It then turns in with a short across line. G makes a hard sound with a, o, and u, and copies the J sound with e and i after it.



Make a new word to practice.

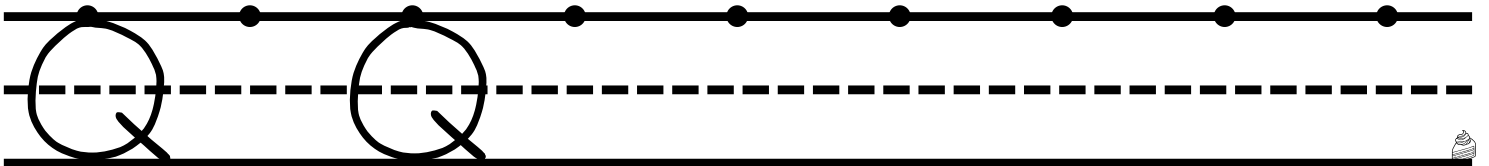
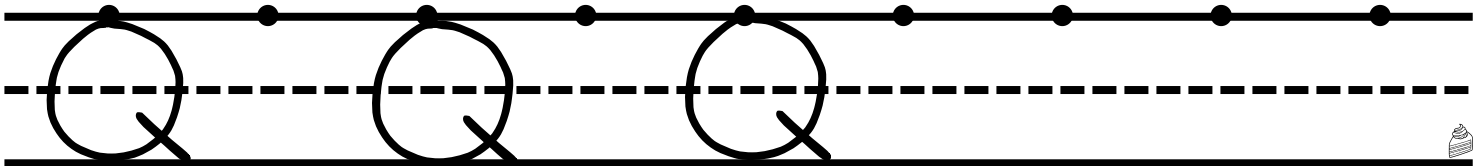
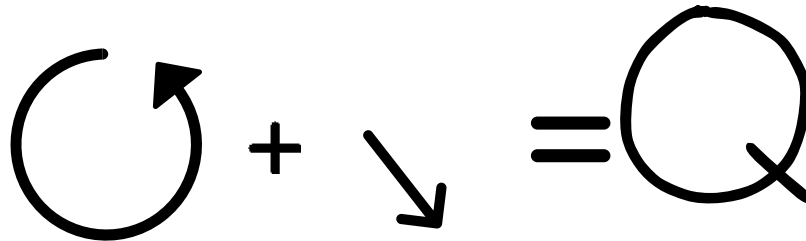


The Quiet Guys are Up

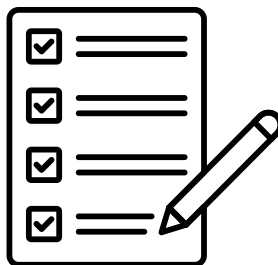
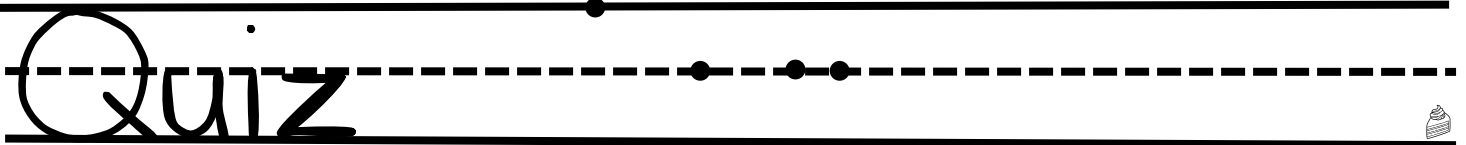
These letters do their own thing.

G, Q, U

The Q starts like an O (round and around and around it goes) at the top line, then you jump up your pencil to add a zig line on the right hand side. It crosses the inside and outside of the letter. And remember, Q and u are BFFs and always go together.



Make a new word to practice.

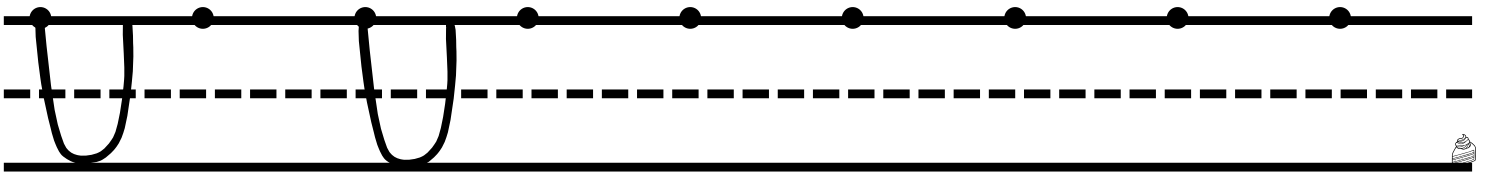
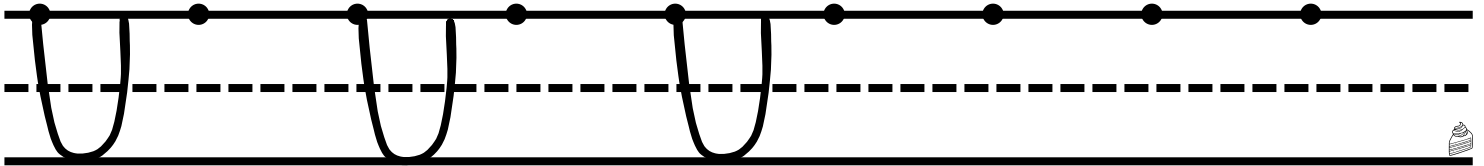
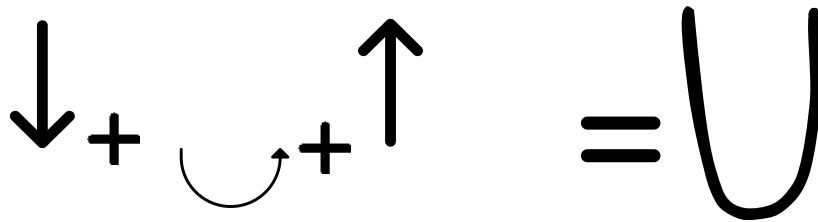


The Quiet Guys are Up

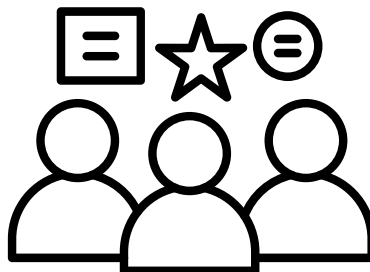
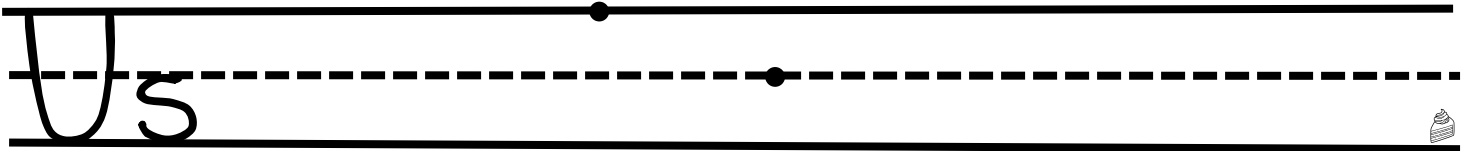
These letters do their own thing.

G, Q, U

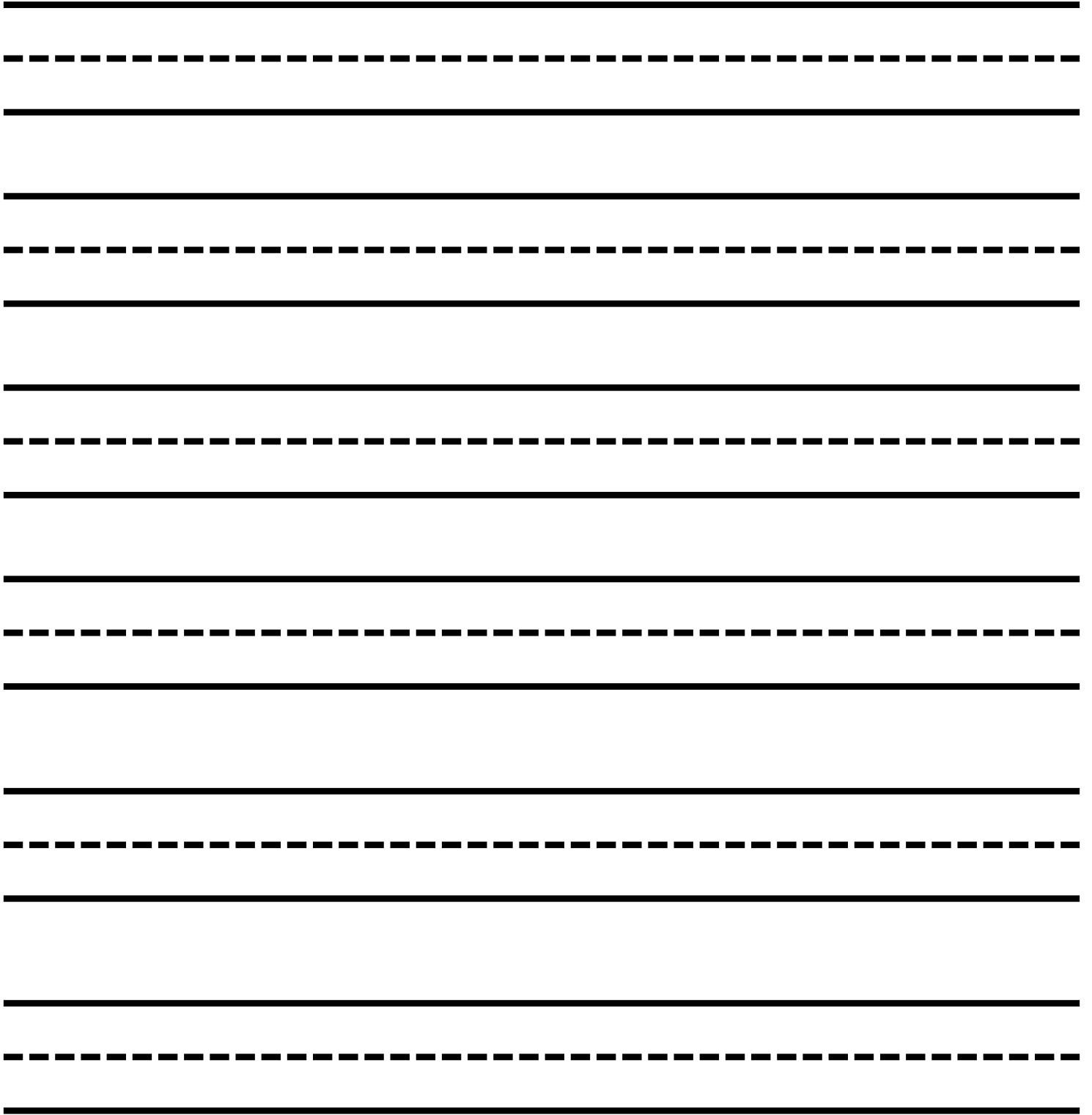
The uppercase U is a lot like its lowercase form, but it doesn't have a tail. It starts going down, down, down, then smiles and goes all the way back up to the top line. Down, smile, up, and you're done.



Make a new word to practice.



My Alphabet: End



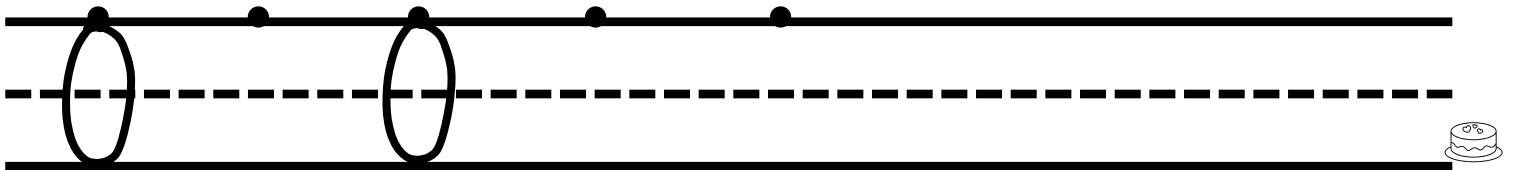
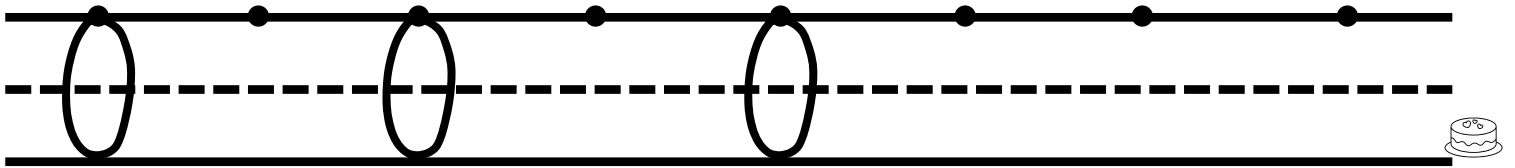
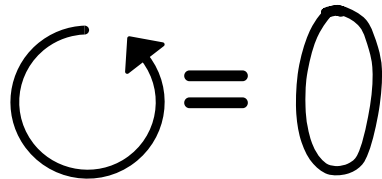
The page contains ten sets of handwriting practice lines. Each set consists of three horizontal lines: a solid top line, a dashed middle line, and a solid bottom line. These lines are evenly spaced and extend across the width of the page, providing a guide for letter height and placement.

Number Stories

Zero: 0

Zero is always hungry because there's nothing in it! It's open and ready to be added to.

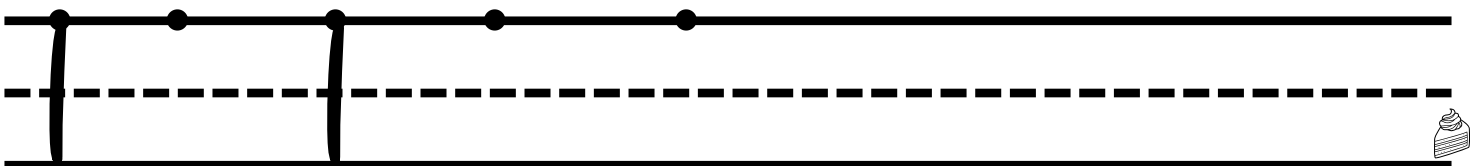
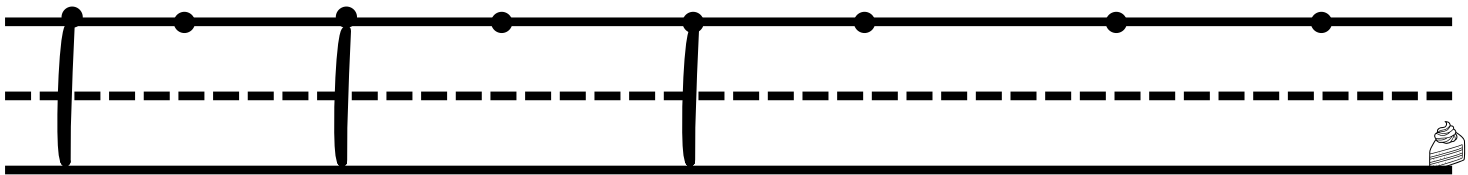
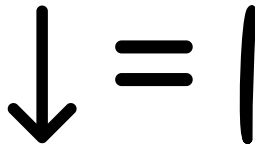
The 0 is like the O but should not show up in words or sentences. It's an oval that touches the top and bottom lines. Round and around and around it goes!



One: 1

One likes to be by itself. It stands tall and straight.

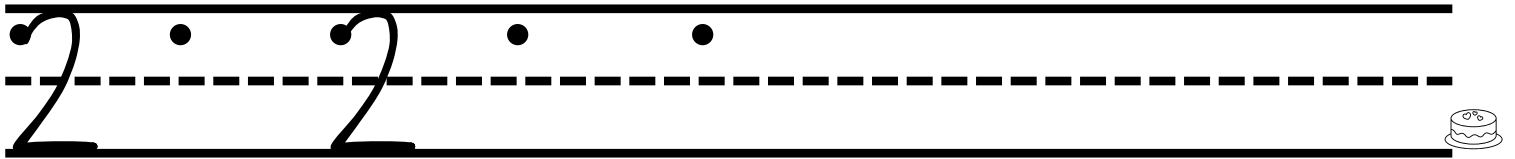
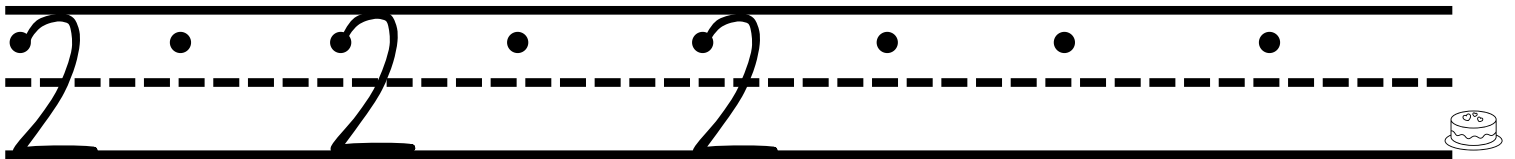
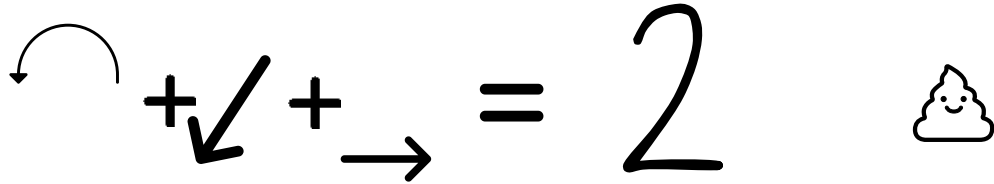
One is a line straight down like I. It goes down, down, down from the top line.



Number Stories

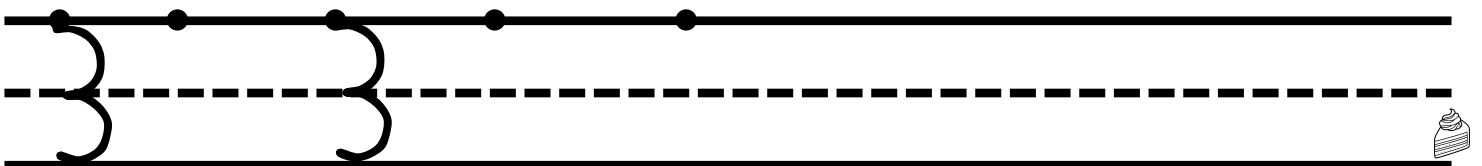
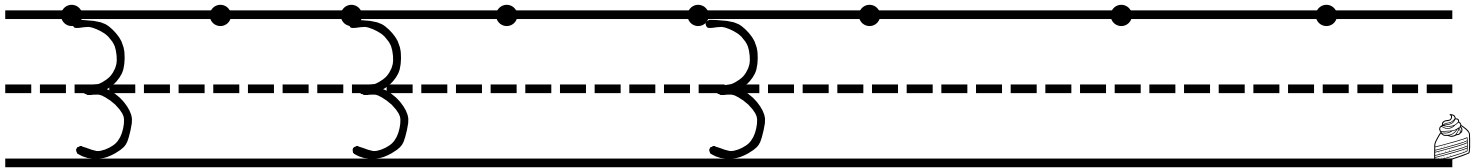
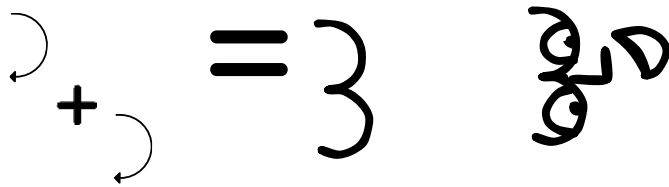
Two: 2

The 2 is frowning because it has to go poop! It starts with a frown, zags back down to the start of the toilet line, then zooms to the end so it can finally go potty. It touches the top and bottom lines both.



Three: 3

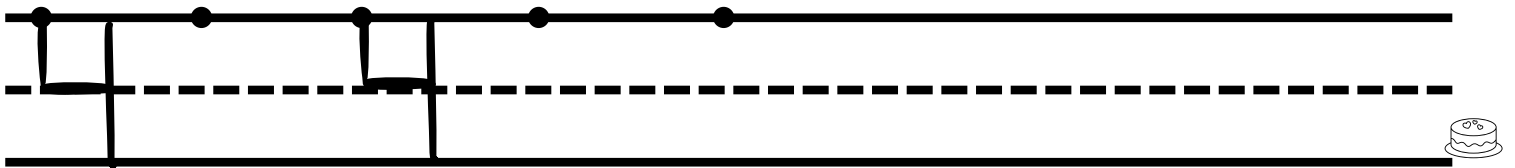
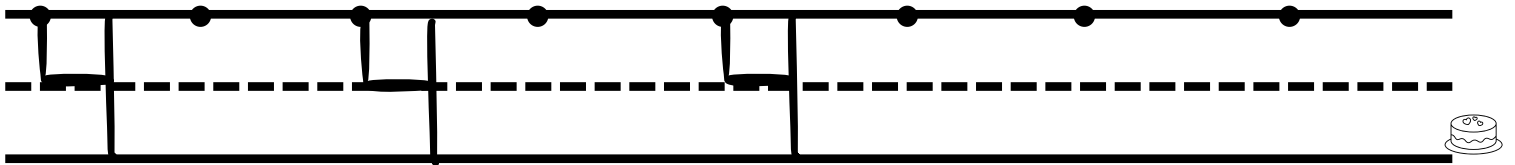
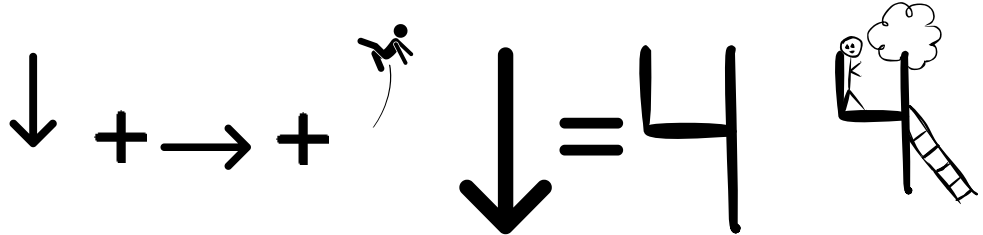
The three likes to see what's coming, so they make sure their glasses face the end of the line. It bumpity-bumps just like the B but without the down line to start.



Number Stories

Four: 4

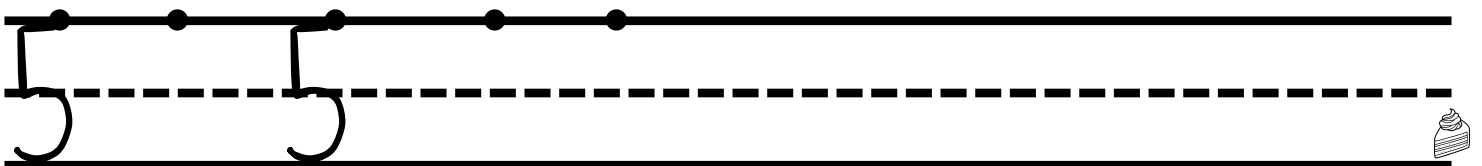
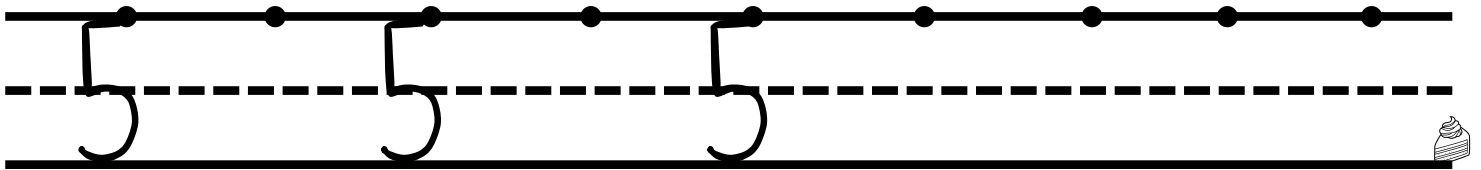
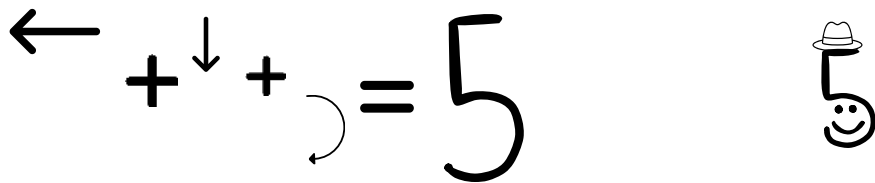
The number 4 is building a tree fort! It uses three lines to make four segments by starting at the top, going down to the middle, turning to the end, then a quick jump straight to the top before going down, down, down to the bottom.



Five: 5

The 5 holds up on their little hat before dropping down and looking around. It goes from the start point back to the beginning, drops down to the middle lines, then makes the bottom curve to match its friend S.

5 needs straight lines for the first two lines, then a curve from middle to bottom with no lifts.

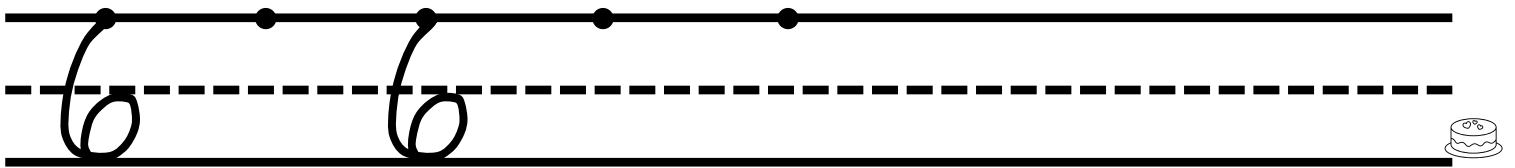
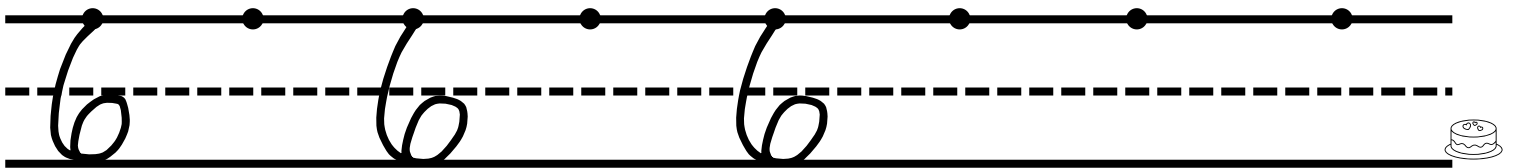
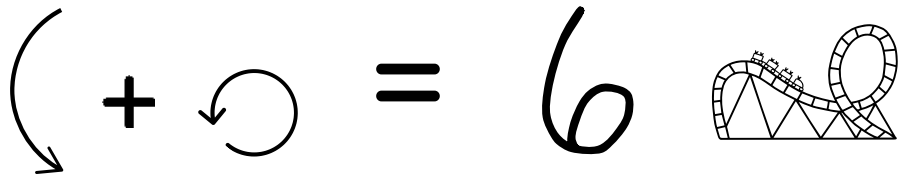


Number Stories

Six: 6

Six is the loop-de-loop number - it goes round and around to the left then does a little loop like a roller coaster at the end. The loop should touch the middle line.

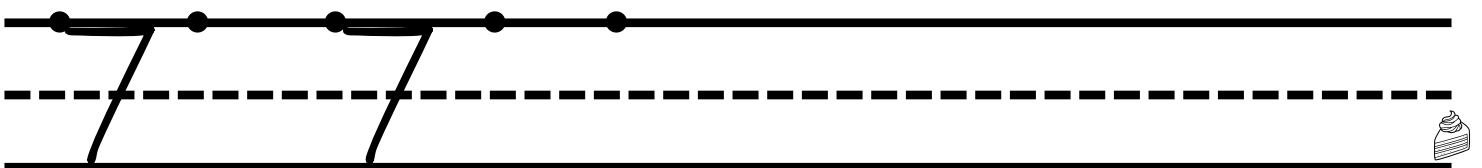
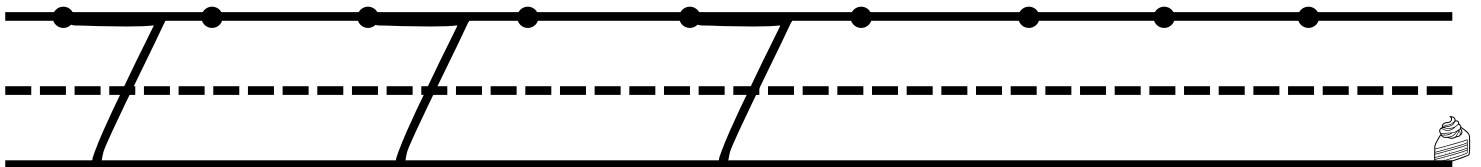
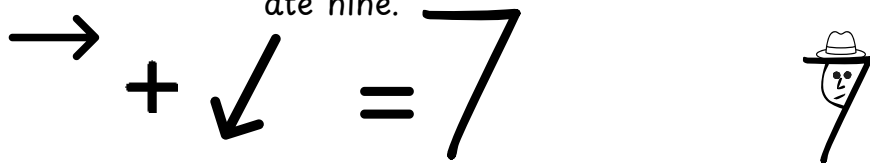
The pencil doesn't lift up during this number.



Seven: 7

The seven is a sassy friend leaning back with their little hat. The top line goes towards the end then zags back down to the bottom line. 7 doesn't want to face 8 because 8 is mad that seven

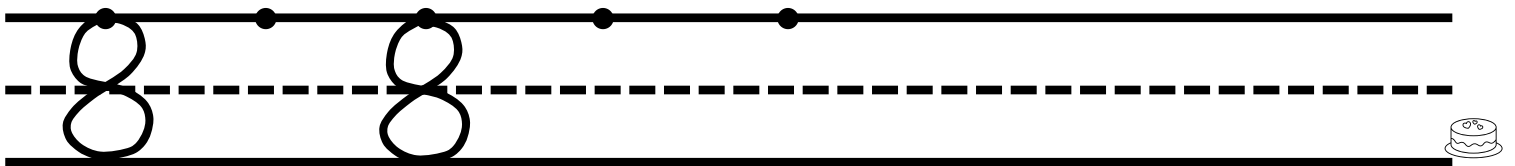
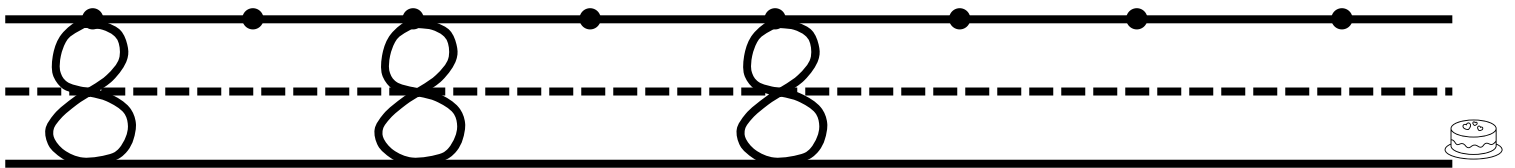
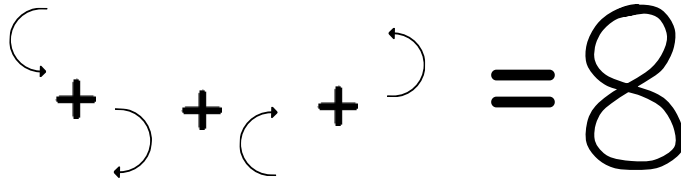
ate nine.



Number Stories

Eight: 8

The 8 is a little snowman with a top and bottom. It uses a single line to drift around like a snowflake, starting with an S shape and going back to the top in reverse. It crosses at the middle line. The pencil doesn't lift for the number 8.



Nine: 9

The number 9 is last in line so they always look back to check on their friends. It starts with a "c" between the top and middle lines, bounces up to the top line again, and down, down, down to the bottom. It also has no lifts.

